MySLV Connect.com Directory as of 07/25/2025

'YOUTH AND FAMILY COUNSELING'

SLVBHG has many early childhood and adolescent programs that help support youth and families to stay safe and healthy. Additionally, SLVBHG has in-school services throughout most school districts in the San Luis Valley. Service are provided by the SLV Behavioral Health Group.---------- SLVBHG tiene muchos programas para la primera infancia y la adolescencia que ayudan a los jovenes y las familias a mantenerse seguros y saludables. Adenas, SLBHG tiene servicios dentro de la escuela en la mayoria de los distritos escolares del Valle de San Luis.

http://www.findhelp.org/san-luis-valley--alamosa-co--mental-health-center/6260851493306368?postal=81101
Referral Required: No
Physical Address: 8745 County R.D 9 South, On Airport Road off Highway 285, Alamosa
Contact: Receptionist
(719) 589-3671
Email: jsilva@slvbhg.org

Del Norte Care and Share Food Pantry

The food pantry provides quality food items to households experiencing food insecurity and supplies critical nutrition to hungry individuals and families.----------La despensa de alimentos proporciona alimentos de calidad a los hogares que experimentan inseguridad alimentaria y suministra nutriciÃ³n crÃ-tica a personas y familias hambrientas.

https://lapuentehome.org/food-bank/
Referral Required: No
Service Limits: Open on the Saturday after the 3rd Thursday of the month: 9 am - 11 pm.
Physical Address: 630 Spruce St., Del Norte
Contact: Receptionist
(719) 850-2643

AA Alcoholics Anonymous and AlAnon

Alcoholics Anonymous is a group of people who come together to support each other in recovering from Alcoholism. Narcotics Anonymous (NA) is a similar support group with two online video meetings every week. There are over 15 meetings in the Valley every week and all meetings are FREE to attend. Some allow you to bring family or friends with you. For all meeting information go to the SLVAA website for meeting times and virtual links (www.slvaa.org and click on MEETING LIST and scroll down). For more information specifically about Narcotics Anonymous groups call 970-309-0710. Additional Resources: ?Alcoholics Anonymous: http://aa.org/ https://www.aagrapevine.org/podcast Al-Anon: www.al-anon-co.org/ Narcotics Anonymous: https://na.org/ ?---------- Tienes un problema con el alcohol? Alcoholicos Anonimos puebe ayudar. Para reuniones en Espanol: 303-433-2080

https://www.slvaa.org/
Referral Required: No
Contact: Volunteer
(719) 937-5083

Adelante Family Resource Center - La Puente

Adelante Family Resource Center promotes the empowerment and stabilization of families. Adelante supported families are offered individualized assistance in the navigation of resources that will help families set and reach their goals. Services include assistance with housing, case management, referrals, improved access to counseling, and family advocacy. Through supporting families as they seek to improve their quality of life and achieve a healthy interdependence, Adelante seeks to be a resource center for all families who wish to flourish, especially

for those who need a bit of extra support to make their dreams a reality. Contact the Adelante office at (719)-587-0538 to learn more or schedule an appointment.---------- El Centro de Recursos Familiares Adelante promueve el empoderamiento y la estabilizaciÃ³n de las familias. A las familias apoyadas por Adelante se les ofrece asistencia individualizada en la navegaciÃ³n de recursos que ayudarÃ¡n a las familias a establecer y alcanzar sus metas. Los servicios incluyen asistencia con la vivienda, administraciÃ³n de casos, referencias, mejor acceso a asesoramiento y de salud mental y abogacÃ-a familiar. A travÃ©s del apoyo a las familias que buscan mejorar su calidad de vida y lograr una interdependencia saludable, Adelante busca ser un centro de recursos para todas las familias que desean prosperar, especialmente para aquellas que necesitan un poco de apoyo adicional para hacer realidad sus sueÃ±os. ComunÃ-quese con la oficina de Adelante al (719)-587-0538 para obtener mÃ¡s informaciÃ³n o programar una cita.

https://lapuentehome.org/adelante/
Referral Required: No | Referral Method: Phone
Service Limits: Open Monday - Friday 8 am - 4:30 pm
Physical Address: 600 Hunt Ave., Alamosa
Contact: Receptionist
(719) 587-0538

Advantage Treatment Center
Advantage Treatment Center's Mission is to monitor and manage offenders in a residential and non-residential modality aligning them with treatment and vocational resources to help. We have groups for anger management, DUI, sex offenders, domestic violence treatment and relapse prevention. Individualized programs address the issues that contribute to an individual's criminal behavior, such as substance abuse, mental health issues, and trauma. Recovery Is Possible! Visit the website and click on services and programs for more information. Several locations throughout Colorado. In Alamosa, we focus on motivational interviewing, employment coaching, financial independence, access to behavioral health care, and skills training to promote self sufficiency during our residential corrections programs.---------- La misiÃ³n del Advantage Treatment Center es monitorear y administrar a los delincuentes en una modalidad residencial y no residencial, alineÃ¡ndolos con tratamiento y recursos vocacionales para ayudar. Contamos con grupos para el manejo de la ira, DUI, delincuentes sexuales, tratamiento de violencia domÃ©stica y prevenciÃ³n de recaÃ-das. Los programas individualizados abordan los problemas que contribuyen al comportamiento delictivo de un individuo, como el abuso de sustancias, los problemas de salud mental y los traumas. Â¡La recuperaciÃ³n es posible! Visite el sitio web y haga clic en servicios y programas para obtener mÃ¡s informaciÃ³n. Varios lugares en todo Colorado. En Alamosa, nos enfocamos en entrevistas motivacionales, capacitaciÃ³n laboral, independencia financiera, acceso a atenciÃ³n de salud conductual y capacitaciÃ³n de habilidades para promover la autosuficiencia durante nuestros programas correccionales residenciales.

https://atreatmentcenters.com/alamosa-co/
Referral Required: No
Physical Address: 2017 Lava Lane, Alamosa
Contact: Receptionist
(719) 589-7500
Email: irtreferrals@atreatmentcenters.com

Alamosa County Department of Human Services
Contact Alamosa County Department of Social Services to apply for food assistance, medicaid, long-term care, Children's Health Plan (CHP), financial services (Colorado Works), State Aid to the Needy and Disabled (and transition to Social Security Income), Old Age Pension (OAP). Help with Child Support. We also provide

behavioral health applications. Se habla espanol. Some programs require citizenship. See our website for more information: https://alamosacounty.colorado.gov/departments/human-services---------- ComunÃ-quese con el Departamento de Servicios Sociales del Condado de Alamosa para solicitar asistencia alimentaria, Medicaid, atenciÃ³n a largo plazo, Plan de salud infantil (CHP), servicios financieros (Colorado Works), ayuda estatal para los necesitados y discapacitados (y transiciÃ³n al ingreso del Seguro Social). PensiÃ³n de Vejez (OAP). Ayuda con manutenciÃ³n infantil. TambiÃ©n proporcionamos aplicaciones de salud conductual. Se habla espaÃ±ol. Algunos programas requieren ciudadanÃ-a. Consulte nuestro sitio web para obtener mÃ¡s informaciÃ³n: https://alamosacounty.colorado.gov/departments/human-services

https://alamosacounty.colorado.gov/departments/human-services
Referral Required: No
Service Limits: Open Monday - Friday 8:00 am - 4:30 pm. Closed most major holidays. ----------Abierto de lunes a viernes de 8:00 a. m. a 4:30 p. m. Cerrado la mayorÃ-a de los dÃ-as festivos importantes.
Physical Address: 8900 Independence Way Building C, Alamosa
Contact: Receptionist
(719) 589-2581

Alamosa County Public Health Immunizations
Alamosa County Public Health Deparment offers immunizations/ vaccinations for babies, children and adults, including school shots, VFC and private vaccines. Open Monday through Friday 8:00 am - 4:30 pm.---------- El departamento de salud publica del condado de alamosa ofrece inmunuzaciones/vacunas para bebes, ninos y adultos, incluidas vacunas esclares VFC y vacunas privadas abrierto de lunes a viernes de 8:00 am - 4:30 pm.

https://alamosacounty.colorado.gov/departments/public-health/programs
Referral Required: No
Service Limits: Monday through Friday 8:00 am - 4:30 pm.----------Lunes a viernes 8:00 am - 4:30 pm.
Physical Address: Alamosa County Public Health , 8900 Independence Way Suite B, Alamosa
Contact: Bev
(719) 589-6639
Email: bstrnad@alamosacounty.org

Alamosa County Public Health Tuberculosis Skin Testing
Alamosa County Public Health offers TB (tuberculosis) testing on Tuesdays from 8:00 am - 11:30 am. Tuberculosis (TB) skin testing is available here when required for employment, healthcare educational programs and childcare programs.---------- Salud PÃºblica del Condado de Alamosa ofrece pruebas de TB (tuberculosis) los martes de 8:00 am a 11:30 am. Las pruebas cutÃ¡neas de tuberculosis (TB) estÃ¡n disponibles aquÃ- cuando se requieren para empleo, programas educativos de atenciÃ³n mÃ©dica y programas de cuidado infantil.

https://alamosacounty.colorado.gov/departments/public-health
Referral Required: No
Service Limits: none
Physical Address: 8900 Indepedence Way Suite B, Alamosa
Contact: Public Health Nurse
(719) 589-6639

Alamosa Dental Clinic, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have five dental clinics in the San Luis Valley. Our team of dental professionals takes pride in being a comprehensive dental team. We feature pleasant, patient-focused

environments at all locations. Through prevention, diagnosis, and treatment our dental professionals are committed to maintaining oral health for patients of all ages. We have built a reputation of excellence by providing excellent dental services for the entire family. We offer full-service dental and oral care at our five dental locations in the San Luis Valley. We offer walk-in appointments every day for people with dental emergencies. From regular exams and cleanings to complex oral care, our team of professionals can manage many dental problems. The most common dental visits are for exams, x-rays and cleanings. Valley-Wide does offer more extensive dental care, too. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con cinco clÃ-nicas dentales en el Valle de San Luis. Nuestro equipo de profesionales dentales se enorgullece de ser un equipo dental integral. Contamos con entornos agradables y centrados en el paciente en todas las ubicaciones. A travÃ©s de la prevenciÃ³n, el diagnÃ³stico y el tratamiento, nuestros profesionales dentales se comprometen a mantener la salud bucal de pacientes de todas las edades. Hemos construido una reputaciÃ³n de excelencia al brindar excelentes servicios dentales para toda la familia. Ofrecemos servicio completo de atenciÃ³n dental y bucal en nuestras cinco ubicaciones dentales en el Valle de San Luis. Ofrecemos citas sin cita previa todos los dÃ-as para personas con emergencias dentales. Desde exÃ¡menes y limpiezas regulares hasta cuidados bucales complejos, nuestro equipo de profesionales puede manejar muchos problemas dentales. Las visitas al dentista mÃ¡s comunes son para exÃ¡menes, radiografÃ-as y limpiezas. Valley-Wide tambiÃ©n ofrece atenciÃ³n dental mÃ¡s completa.

https://valley-widehealth.org/valleywide-locations/alamosa-dental-clinic/
Referral Required: No
Physical Address: 128 Market Street, Alamosa
(719) 589-9691
Email: info@valley-widehealth.org

Alamosa Family Medical Center, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No

Physical Address: 1710 First Street, Alamosa
Contact: Receptionist/Recepcionista
(719) 589-3658
Email: info@valley-widehealth.org

Alamosa Family Recreation Center
The Alamosa Parks and Recreation Department offers open spaces, a pavilion, dog parks, a cemetery and an Ice Rink during the winter. The department strives to enhance the quality of life for youth and adults by providing affordable year-round recreation, leisure, and community activities. Available to residents and visitors. See the website for rules, hours and additional contact information.----------El Departamento de Parques y RecreaciÃ³n de Alamosa ofrece espacios abiertos, un pabellÃ³n, parques para perros, un cementerio y una pista de hielo durante el invierno. El departamento se esfuerza por mejorar la calidad de vida de los jÃ³venes y adultos al proporcionar actividades recreativas, recreativas, recreativas y comunitarias asequibles durante todo el aÃ±o. Disponible para residentes y visitantes. Consulte el sitio web para conocer las reglas, los horarios y la informaciÃ³n de contacto adicional.

https://sites.google.com/ci.alamosa.co.us/parksandrec/home
Referral Required: No
Service Limits: Anyone can become a member. Recreation Center Hours Â· Mon-Thu: 6:00am â€“ 8:00pm Â· Friday: 6:00am â€“ 6:00pm Â· Saturday: 7:00am â€“ 4:00pm.
Physical Address: 2222 Old Sanford Road, Alamosa
Contact: Front desk
(719) 589-2105
Email: noemail@nothing.com

Alamosa Housing Authority
We serve a diverse group of low to moderate income households by providing safe, high quality, affordable housing units. Residents are supported and empowered to thrive.----------Atendemos a un grupo diverso de hogares de ingresos bajos a moderados brindÃ¡ndoles unidades de vivienda asequibles, seguras y de alta calidad. Los residentes reciben apoyo y poder para prosperar.

https://alamosaha.org/
Referral Required: No
Physical Address: 213 Murphy Drive, Alamosa
Contact: Receptionist
(719) 589-6694
Email: noemail@nothing.com

Alamosa Live Music Association : ALMA
The Alamosa Live Music Association is a dynamic, non-profit community arts organization enriching the lives of artists, audiences, and the community; and fostering economic development and tourism by providing opportunities for cultural expression through music.----------La Alamosa Live Music Association es una organizaciÃ³n artÃ-stica comunitaria dinÃ¡mica y sin fines de lucro. enriquecer la vida de los artistas, el pÃºblico y la comunidad; y fomentar la economÃ-a desarrollo y turismo brindando oportunidades para la expresiÃ³n cultural a travÃ©s de la mÃºsica.

https://almaonline.org
Referral Required: No
Physical Address: P.O. Box 1836, Alamosa

Contact: Nancy
(719) 937-1255
Email: almaconcerts@gmail.com

Alamosa Physical Therapy, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We provide Physical Therapy integrated services within our system of care. We deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Brindamos servicios integrados de fisioterapia dentro de nuestro sistema de atenciÃ³n. Brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 106 Blanca Avenue, Suite 300, Alamosa
Contact: Receptionist/Recepcionista
(719) 589-5149
Email: info@valley-widehealth.org

Alamosa Police Department
IF THIS IS AN EMERGENCY DIAL 911. For Non-Emergency Dispatch call 719-589-5807. For administration call 719-589-2548. We offer fingerprinting, VIN Inspection (vehicle ID number), Dog Licenses, sex offender registration, copies of police reports. If you need to contact an officer for a non-emergent matter after hours, please call dispatch at 719-589-5807. Please see our website for Records Requests, Complaints and Commendations, Hours and Fees and Recruiting forms. These self-report forms are available for minor accidents and non-serious offenses: Vehicle Incidents, Voluntary Driver's Statement, Written Statement These forms are only to be used for minor accidents and/or non serious offenses. Other links for resources are also available on the website including crime statistics, sex offender information, school/bicycle/traffic safety, safe-to-tell school hotline, internet fraud and legal topics/ Colorado Attorney General WebPage. The Alamosa Police Department emphasizes the value of human life, integrity, professionalism, accountability, and respect with all of our members, and the citizens that we serve. VALUES: We will value human life, and dignity, above all else; We believe integrity is the basis for community trust. We will be honorable, ethical and honest in our daily interactions with the department, its members, and the community we proudly serve. We will be professional in our daily actions, our behavior and our performance to the department, its members, and to the community that we proudly serve. We will be accountable for our actions, our behaviors and our performance by the department, its members, and the community that we proudly serve; We will respect diverse ideas, cultures, and ethnicities,

rendering service in a fair, courteous and dignified manner. We will treat citizens and co-workers with equality by promoting fairness in upholding their Constitutional rights. ----------SI ESTO ES UNA EMERGENCIA, MARQUE AL 91. Para despachos que no sean de emergencia, llame al 719-589-5807. Para la administraciÃ³n, llame al 719-589-2548. Ofrecemos toma de huellas dactilares, inspecciÃ³n de VIN (nÃºmero de identificaciÃ³n del vehÃ-culo), licencias para perros, registro de delincuentes sexuales, copias de informes policiales. Si necesita comunicarse con un oficial por un asunto no urgente fuera del horario de atenciÃ³n, llame al despacho al 719-589-5807. Consulte nuestro sitio web para obtener solicitudes de registros, quejas y elogios, horas y tarifas y formularios de reclutamiento. Estos formularios de autoinforme estÃ¡n disponibles para accidentes menores y ofensas no graves: Incidentes de vehÃ-culos, DeclaraciÃ³n voluntaria del conductor, DeclaraciÃ³n escrita Estos formularios solo deben usarse para accidentes menores y/o infracciones no graves. Otros enlaces para recursos tambiÃ©n estÃ¡n disponibles en el sitio web, incluyendo estadÃ-sticas de delitos, informaciÃ³n sobre delincuentes sexuales, seguridad escolar/bicicleta/trÃ¡fico, lÃ-nea directa escolar segura, fraude por Internet y temas legales (pÃ¡gina web del Procurador General de Colorado). El Departamento de PolicÃ-a de Alamosa enfatiza el valor de la vida humana, la integridad, el profesionalismo, la responsabilidad y el respeto con todos nuestros miembros y los ciudadanos a los que servimos. VALORES: Valoraremos la vida humana, y la dignidad, por encima de todo; Creemos que la integridad es la base de la confianza de la comunidad. Seremos honorables, Ã©ticos y honestos en nuestras interacciones diarias con el departamento, sus miembros y la comunidad a la que servimos con orgullo. Seremos profesionales en nuestras acciones diarias, nuestro comportamiento y nuestro desempeÃ±o para el departamento, sus miembros y la comunidad a la que servimos con orgullo. Seremos responsables de nuestras acciones, nuestros comportamientos y nuestro desempeÃ±o por parte del departamento, sus miembros y la comunidad a la que servimos con orgullo; Respetaremos las diversas ideas, culturas y etnias, prestando un servicio justo, cortÃ©s y digno. Trataremos a los ciudadanos y compaÃ±eros de trabajo con igualdad al promover la equidad en la defensa de sus derechos constitucionales. Abierto de lunes a viernes de 8:00 a.m. a 5:00 p.m. Para asuntos no urgentes fuera del horario de atenciÃ³n, llame al despacho al 719-589-5807.

https://cityofalamosa.org/departments/police/
Referral Required: No
Service Limits: Open Mondayâ€“Friday 8:00am to 5:00pm. For a non-emergent matter after hours call dispatch at 719-589-5807.
Physical Address: 425 Fourth St. , Alamosa
Contact: Dispatch
(719) 589-2548
Email: noemail@nothing.com

Alamosa Public Library
To inform, educate, and culturally enrich the population of Alamosa County and the San Luis Valley. Alamosa Public Library Values We value intellectual freedom and the diverse perspectives of our community. We value collaboration, and share resources and information with other organizations and libraries. We value service, and strive to welcome and help everyone who comes through our doors. We encourage lifelong learning, knowledge through self-education, and the joy of reading!----------Informar, educar y enriquecer culturalmente a la poblaciÃ³n del condado de Alamosa y el Valle de San Luis. Valores de la biblioteca pÃºblica de Alamosa Valoramos la libertad intelectual y las diversas perspectivas de nuestra comunidad. Valoramos la colaboraciÃ³n y compartimos recursos e informaciÃ³n con otras organizaciones y bibliotecas. Valoramos el servicio y nos esforzamos por dar la bienvenida y ayudar a todos los que entran por nuestras puertas. Â¡Fomentamos el aprendizaje permanente, el conocimiento a travÃ©s de la autoeducaciÃ³n y el placer de leer!

https://alamosalibrary.org/about/
Referral Required: No

Physical Address: 300 Hunt Ave, , Alamosa
Contact: Librarian
(719) 589-6592
Email: noemail@nothing.com

Alamosa School District
Alamosa School District provides safe, inclusive, challenging, and authentic learning experiences that prepare students to thrive in our community and beyond.----------El Distrito Escolar de Alamosa ofrece experiencias de aprendizaje seguras, inclusivas, desafiantes y autÃ©nticas. que preparan a los estudiantes para prosperar en nuestra comunidad y mÃ¡s allÃ¡.

https://www.alamosaschools.org/
Referral Required: No
Physical Address: 209 Victoria St. , Alamosa
Contact: Receptionist
(719) 587-1600
Email: gsykes@alamosa.k12.co

Alamosa Workforce Center
The Workforce center can help you find a job and learn about training opportunities, including apprenticeships. Some centers have people who specialize in helping people with a criminal history with their job search. Call and ask to make an appointment with a specialist. If you are between ages 18 and 24, be sure to ask about job opportunities for young adults and youth.---------- El centro de trabajo puede ayudarlo a encontrar untrabajo y obtener mas informacion sobre las oportunidades de capacitacion, incluyeda pasantias, algunos centros tienen personas que se especializan en mentirasd para ayuda a las personas con antecedentes penales con su busqueda de empleo llame y pida una cita un especialista si tiene entre 18 y 24 anos. asegurese de preguntar sobre oportunidades de trabajo para jovenes adultos y jovenes.

https://www.colorado.gov/pacific/cdle/wfc
Referral Required: No
Service Limits: Monday - Friday 8:00am - 12:00pm and 1:00pm - 5:00pm.----------Horario: Lunes - Viernes: 8 am - 12 pm y 1 pm - 5 pm.
Physical Address: 407 State Ave. Suite C, Alamosa
Contact: Receptionist
(719) 589-5118
Email: cdle_alamosa_wfc_@state.co.us

Alpine Achievers Initiative
Alpine Achievers Initiative (AAI) inspires, connects, and nurtures youth, families, and communities in rural Colorado. Our programs include structured academic interventions offered during the school day and a more formalized after-school program, as well as increased staffing and a wrap-around support focused to reduce the students probability of engagement in high-risk activities. We strive to cultivate a culture of acceptance and accessibility in our organization, and branch out those practices to the communities we serve.---------- Parents as Teachers promueve el desarrollo temprano, el aprendizaje y la salud Ã³ptimos de los niÃ±os pequeÃ±os apoyando e involucrando a sus padres y cuidadores. Avanzamos en la prestaciÃ³n de servicios de alta calidad para las familias a travÃ©s de un sistema integral de apoyos y soluciones innovadoras. Este es un programa del Consejo de Primera Infancia del Valle de San Luis.

Referral Required: No

Physical Address: 404 13th St., Alamosa
Contact: Receptionist
(719) 850-9055
Email: admin@alpineachievers.org

Amistad Of San Luis, Inc - Adult Day Care
Amistad is an elderly and disabled day service facility dedicated to the physical and emotional needs of our clients. We provide a variety of activities such as crafts, bingo, physical exercise, and socialization. Our facility offers nutritional meals for our clients and we offer a variety of amenities to ensure our clients feel comfortable and supported. Our facility features comfortable seating areas, a dining hall for meals, and a variety of activity rooms for games, crafts, and socialization. We provide monthly transportation for a supervised visit to Walmart. During warm weather we provide a monthly day trip to get out and enjoy the beauty of the area we live. ----------Amistad es un centro de servicio diurno para personas mayores y discapacitadas dedicado a las necesidades fÃ-sicas y emocionales de nuestros clientes. Brindamos una variedad de actividades como manualidades, bingo, ejercicio fÃ-sico y socializaciÃ³n. Nuestras instalaciones ofrecen comidas nutritivas para nuestros clientes y ofrecemos una variedad de servicios para garantizar que nuestros clientes se sientan cÃ³modos y apoyados. Nuestras instalaciones cuentan con cÃ³modas Ã¡reas para sentarse, un comedor para comidas y una variedad de salas de actividades para juegos, manualidades y socializaciÃ³n. TambiÃ©n brindamos transporte desde y hacia nuestras instalaciones para quienes lo requieran.

https://www.amistadsanluis.com/
Referral Required: No
Physical Address: 8588 County Rd 21, San Luis
Contact: Receptionist
(719) 672-0892
Email: Casadeamistad98@gmail.com

Antonito Housing Authority
Antonito Housing Authority provides housing to low-income individuals and families. We operate a socially and fiscally sound public housing agency that provides a drug-free, smoke-free, decent, safe and sanitary housing with a suitable living environment for residents and their families.----------Antonito Housing Authority proporciona vivienda a personas y familias de bajos ingresos. Operamos una agencia de vivienda pÃºblica social y fiscalmente sÃ³lida que proporciona viviendas libres de drogas, libres de humo, decentes, seguras y sanitarias con un ambiente de vida adecuado para los residentes y sus familias.

https://antonitohousingauthority.com/
Referral Required: No
Physical Address: 526 River Street, Antonito
Contact: Pattie
(719) 376-5487
Email: pchavez@antonitohousingauthority.com

Area Health Education Center (AHEC)
Since 1978, the SLV AHEC has been a leader of healthcare workforce development and community health programs throughout Colorado's San Luis Valley. All six counties in the Valley are federally identified as medically underserved, and the AHEC's goal is to strategically address this problem. The SLV AHEC is affiliated with the University of Colorado's Anschutz Medical Campus AHEC Program Office. Some of the recent and ongoing programs of the SLV AHEC designed to improve health outcomes in the San Luis Valley include: Workforce pipeline programming for youth to cultivate interest in the healthcare field and improve health and

education outcomes; Professional development activities for health care providers and the community; Community health programming addressing the opioid crisis with health care providers, first responders and community to respond to the current opioid crisis; Naloxone overdose-reversal education and distribution; Participation in the state's first rural comprehensive harm reduction program partnership; advocacy for those who are using opioids and their families; Community collaboration programs aiming to prevent mental, emotional, and behavioral problems; Other community health programs such as a community health worker cardiac risk assessment program and a home visitation program catered to the needs of the communities we serve. We have jail-based advocacy for non-violent drug misuse, a harm reduction program and we host the SLV American Indian Center.---------- Desde 1978, SLV AHEC ha sido lÃ-der en el desarrollo de la fuerza laboral de atenciÃ³n mÃ©dica y en programas de salud comunitaria en todo el Valle de San Luis de Colorado. Los seis condados del Valle estÃ¡n identificados a nivel federal como mÃ©dicamente desatendidos y el objetivo de AHEC es abordar estratÃ©gicamente este problema. El SLV AHEC estÃ¡ afiliado a la Oficina del Programa AHEC del Campus MÃ©dico Anschutz de la Universidad de Colorado. Algunos de los programas recientes y en curso de SLV AHEC diseÃ±ados para mejorar los resultados de salud en el Valle de San Luis incluyen: ProgramaciÃ³n de recursos humanos para jÃ³venes para cultivar el interÃ©s en el campo de la atenciÃ³n mÃ©dica y mejorar los resultados de salud y educaciÃ³n; Actividades de desarrollo profesional para proveedores de atenciÃ³n mÃ©dica y la comunidad; ProgramaciÃ³n de salud comunitaria que aborde la crisis de opioides con proveedores de atenciÃ³n mÃ©dica, socorristas y la comunidad para responder a la crisis actual de opioides; ReversiÃ³n de sobredosis de naloxona, educaciÃ³n y distribuciÃ³n; ParticipaciÃ³n en la primera asociaciÃ³n del programa rural integral de reducciÃ³n de daÃ±os del estado; defensa de quienes consumen opioides y sus familias; Programas de colaboraciÃ³n comunitaria destinados a prevenir problemas mentales, emocionales y de comportamiento;

http://www.slvahec.org/
Referral Required: No
Physical Address: 300 Ross Street, Alamosa
Contact: Ruth
(719) 589-4977
Email: ruth@slvahec.org

Ascension Counseling
Psychotherapy services for veterans with addictions in the San Luis Valley. Ascension Counseling provides outpatient treatment in Alamosa, CO specializing in Mental Health and Substance Abuse. Ascension Counseling and also provides substance abuse treatment in English and Spanish. Programs and groups designed to treat DUI/DWI clients are available. We do not offer payment assistance. We accept cash or self-payment on a sliding fee scale (fee is based on income and other factors).---------- Servicios de psicoterapia para veteranos con adicciones en el Valle de San Luis. Ascension Counseling brinda tratamiento ambulatorio en Alamosa, CO especializada en salud mental y abuso de sustancias. Ascension Counseling y tambiÃ©n brinda tratamiento por abuso de sustancias en InglÃ©s y espaÃ±ol. Se encuentran disponibles programas y grupos diseÃ±ados para tratar a clientes de DUI/DWI. No ofrecemos asistencia de pago. Nosotros acepte efectivo o pago por cuenta propia segÃºn una escala mÃ³vil de tarifas (la tarifa se basa en los ingresos y otros factores.

Referral Required: No
Physical Address: 811 Main Street, Alamosa
Contact: Sandra
(719) 589-6438

Baby and Me Tobacco Free
This program helps pregnant people quit smoking. Baby & Me Tobacco Free is an evidence-based smoking

cessation program. Participants attend counseling sessions to quit smoking and stay quit. Earn diaper gift cards for up to 12 months. Other smokers in the baby's home can also go through the program and earn gift cards.----------Este programa ayuda a las personas embarazadas a dejar de fumar. Baby & Me Tobacco Free es un programa para dejar de fumar basado en evidencia. Los participantes asisten a sesiones de asesoramiento para dejar de fumar y mantenerse sin fumar. Gana tarjetas de regalo de paÃ±ales por hasta 12 meses. Otros fumadores en la casa del bebÃ© tambiÃ©n pueden participar en el programa y ganar tarjetas de regalo.

https://babyandmetobaccofree.org/
Referral Required: No
Service Limits: Must be 36 weeks gestation or less. Must be a current tobacco user, or quit since becoming pregnant or quit within 3 months of becoming pregnant.
Physical Address: Baby and Me Tobacco Free, ., Denver
Contact: Referral Form
(719) 000-0000

Baca Grande Library And Saguache Library
Both of our library locations offer a free membership (one near Crestone and one in the Town of Saguache). With your membership you borrow books and videotapes and borrow audio books on the Hoopla App. At the Baca Grande location, we have a room that can be rented for groups. At both locations we offer a reading hour for ages 3-6 on Tuesdays from 1-2 pm at the library. (Parents must be present at all times.) the Saguache Public Library is at 702 Pitkin Ave. Saguache. CO 81149 719-655-2551. The Baca Grande library is at 67487 County Rd T, Crestone, CO 81131 719-256-4100. We are the Northern Saguache County Library District. You must renew your membership every year. We enable the people of our community to pursue lifelong learning through our responsive collections, electronic resources, and innovative services. Our welcoming and inclusive public libraries are cornerstones of our diverse communities where children and adults can experience personal enrichment and connect with one another.----------Ambas ubicaciones de nuestra biblioteca ofrecen una membresÃ-a gratuita. Con su membresÃ-a, puede pedir prestados libros, cintas de vÃ-deo y audiolibros en la aplicaciÃ³n Hoopla. En el local de Baca Grande contamos con una sala que se puede rentar para grupos. En ambas ubicaciones ofrecemos una hora de lectura para edades de 3 a 6 aÃ±os los martes de 1 a 2 pm en la biblioteca. (Los padres deben estar presentes en todo momento). La Biblioteca PÃºblica de Saguache estÃ¡ en 702 Pitkin ave. Saguache. CO 81149 719-655-2551. La biblioteca de Baca Grande estÃ¡ en 67487 County Rd T, Crestone, CO 81131 719-256-4100. Somos el Distrito de Bibliotecas del Norte del Condado de Saguache. Debes renovar tu membresÃ-a cada aÃ±o. Permitimos que las personas de nuestra comunidad busquen un aprendizaje permanente a travÃ©s de nuestras colecciones responsivas, recursos electrÃ³nicos y servicios innovadores. Nuestras bibliotecas pÃºblicas acogedoras e inclusivas son piedras angulares de nuestras diversas comunidades donde niÃ±os y adultos pueden experimentar un enriquecimiento personal y conectarse entre sÃ-.

https://nscld.colibraries.org/
Referral Required: No
Service Limits: Parents Must be present with all children under age 14. Must be a resident of Saguache County to have a membership.
Physical Address: 67487 County Rd. T , Crestone
Contact: Librarian
(719) 256-4100
Email: noemail@nothing.com

Bedbug information
Click Regional Environmental Health web page and scroll down to Frequently Asked Questions. Click the arrow

next to "Bed Bugs".---------- Haga clic en la pÃ¡gina web de Salud Ambiental Regional y desplÃ¡cese hacia abajo hasta Preguntas frecuentes. Haga clic en la flecha junto a "Chinches".

https://alamosacounty.colorado.gov/departments/public-health/regional-environmental-health
Referral Required: No

Bilingual Nutrition and Cooking Education
SLV Cooking Matters offers free weekly classes related to cooking healthy meals on a budget. Classes are in both English and Spanish, and can be virtual or in-person. Our audience is geared toward parents of young children, though adults and youth of all backgrounds are welcome and encouraged to attend. We collaborate with agency partners to offer nutrition classes to groups and families; please reach out if you would like to partner, as we are always seeking new connections. Have you wanted to learn how to grocery shop for your family on a budget? Do you want to learn basic nutrition and cooking tips? Classes are 45 minute sessions, and participants receive a $10 grocery gift card. Classes are in English and Spanish.----------SLV Cooking Matters ofrece clases semanales gratuitas relacionadas con la preparaciÃ³n de comidas saludables con un presupuesto limitado. Las clases son tanto en inglÃ©s como en espaÃ±ol, y pueden ser virtuales o presenciales. Nuestra audiencia estÃ¡ dirigida a padres de niÃ±os pequeÃ±os, aunque adultos y jÃ³venes de todos los orÃ-genes son bienvenidos y se les anima a asistir. Colaboramos con agencias asociadas para ofrecer clases de nutriciÃ³n a grupos y familias; ComunÃ-quese con nosotros si desea asociarse, ya que siempre estamos buscando nuevas conexiones. Â¿Ha querido aprender a hacer compras para su familia con un presupuesto limitado? Â¿Quieres aprender consejos bÃ¡sicos de nutriciÃ³n y cocina? Las clases son sesiones de 45 minutos y los participantes reciben una tarjeta de regalo de comestibles de $10. Las clases son en inglÃ©s y espaÃ±ol.

https://slvlocalfoods.org/cooking-matters/
Referral Required: No | Referral Method: Email
Physical Address: 412 State Ave, Alamosa
Contact: Lois
(719) 937-2319
Email: slvcookingmatters@gmail.com

Blanca/ Ft. Garland Community Center
Swimming Pool, Weight Room, Basketball Court, and other activities.----------Piscina, salÃ³n de pesas, cancha de baloncesto y otras actividades. Business Hours Monday -Thursday 9:00 a.m. - 9:00 p.m. Friday & Saturday 10:00 a.m. - 1:00 p.m. Sunday 3:00 p.m. - 9:00 p.m. Pool Hours Monday - Thursday 9:00 a.m. - 10:45 a.m. 3:00 p.m. - 8:30 p.m. Friday & Saturday 10:00 a.m. - 12:30 p.m. Sunday 3:30 p.m. - 8:30 p.m

https://www.bfgcc.org/contact-us/
Referral Required: No
Service Limits: Business Hours Monday -Thursday 9:00 a.m. - 9:00 p.m. Friday & Saturday 10:00 a.m. - 1:00 p.m. Sunday 3:00 p.m. - 9:00 p.m. - Pool Hours Monday - Thursday 9:00 a.m. - 10:45 a.m. 3:00 p.m. - 8:30 p.m. Friday & Saturday 10:00 a.m. - 12:30 p.m.
Physical Address: 17591 US-160, , Blanca
Contact: Front desk
(719) 379-3450
Email: noemail@nothing.com

Blue Peaks
Blue Peaks support people with intellectual and developmental disabilities in the San Luis Valley. Adult Programs provide 24-hour supervision, health care, recreational activities and programming that addresses individualized

needs. Early Intervention Services for children and families can include therapies, assistive technology devices, family training and counseling, health services and social work services. Case Managers coordinate services and supports through a Service Plan. Case Management Agent Rocky Mountain Health Plans would be the first contact person. Service planning is done in a person-centered fashion and includes the personâ€™s individual goals and desires. The mission of Blue Peaks Developmental Services is to support persons with intellectual and developmental disabilities in the San Luis Valley in achieving their fullest potential for integrated and responsible living and working in the community. It is the vision of Blue Peaks Developmental Services to develop a broad based support system throughout the San Luis Valley, utilizing local community services and resources.----------Programas para adultos Estos programas brindan supervisiÃ³n las 24 horas, atenciÃ³n mÃ©dica, actividades recreativas y programaciÃ³n que aborda las necesidades individualizadas. Programas para niÃ±os y familias Los servicios de intervenciÃ³n temprana pueden incluir terapias, dispositivos de tecnologÃ-a de asistencia, capacitaciÃ³n y asesoramiento familiar, servicios de salud y servicios de trabajo social. La misiÃ³n de Blue Peaks Developmental Services es apoyar a las personas con discapacidades intelectuales y del desarrollo en el Valle de San Luis para que alcancen su mÃ¡ximo potencial para vivir y trabajar de manera integrada y responsable en la comunidad. La visiÃ³n de Blue Peaks Developmental Services es desarrollar un sistema de apoyo de base amplia en todo el Valle de San Luis, utilizando servicios y recursos comunitarios locales.

http://bluepeaks.org
Referral Required: No
Physical Address: 703 Fourth Street, Alamosa
Contact: Erin
(970) 248-5070 Ext: 50219
Email: erin_lehman@uhc.com

Boys and Girls Clubs San Luis Valley
Our mission is to ensure that all children and youth, especially those who need us most, are offered opportunities to realize their full potential as responsible, caring and productive citizens of a richly diverse world. Our main focus areas are academic success, good character and citizenship, and healthy eating active living. Boys and Girls Clubs provide young people with opportunities to engage in programs that help them achieve academic success, take charge of their health by building healthy habits that stick with them throughout their lives and foster the skills they need to be active in their communities. We ensure that every child that walks through club doors has their needs met. By collaborating with families, schools, and other partners in the community, our club is able to provide an environment for learning and growing. Our staff of professionals deliver well-rounded and both nationally recognized and innovative programs to our club members. Every day, we offer a wide-array of programs for our members to choose from for their after-school activities. Options include media making, S.T.E.M activities, and art projects to learn about different cultures and art practices from around the world and more!---------- Nuestra misiÃ³n es garantizar que a todos los niÃ±os y jÃ³venes, especialmente aquellos que mÃ¡s nos necesitan, se les ofrezcan oportunidades para desarrollar todo su potencial como ciudadanos responsables, solidarios y productivos de un mundo rico en diversidad. Nuestras principales Ã¡reas de enfoque son el Ã©xito acadÃ©mico, el buen carÃ¡cter y la ciudadanÃ-a, y una vida activa y saludable. Los Boys and Girls Clubs brindan a los jÃ³venes oportunidades para participar en programas que los ayudan a lograr el Ã©xito acadÃ©mico, hacerse cargo de su salud mediante la creaciÃ³n de hÃ¡bitos saludables que los acompaÃ±en durante toda su vida y fomentar las habilidades que necesitan para estar activos en sus comunidades. Nos aseguramos de que cada niÃ±o que cruza las puertas del club tenga cubiertas sus necesidades. Al colaborar con familias, escuelas y otros socios de la comunidad, nuestro club puede brindar un entorno para aprender y crecer. Nuestro personal de profesionales ofrece programas completos, innovadores y reconocidos a nivel nacional a los miembros de nuestro club. Todos los dÃ-as, ofrecemos una amplia gama de programas para que nuestros miembros elijan para sus actividades extraescolares. Â¡Las opciones incluyen creaciÃ³n de medios, actividades

S.T.E.M y proyectos de arte para aprender sobre diferentes culturas y prÃ¡cticas artÃ-sticas de todo el mundo y mÃ¡s!

https://www.bgcslv.org/
Referral Required: No
Physical Address: 1115 10th Street, Alamosa
Contact: Aaron
(719) 589-5252
Email: info@bgcslv.org

Bustang Outrider Bus Service
Bustang Outrider is a commercial bus service. The "Outrider" has routes to and from the San Luis Valley and all over the state. Bus Stops in the Valley and nearby are "Alamosa Stop 1" at Adams State University, 1603 First St.; and "Alamosa Stop 2" at Loaf 'n Jug, 102 W. U.S. Hwy 160 at Hwy. 17; and Moffat Town Park at 5th Street and Reynolds Avenue in Moffat; and Poncha Springs (Salida area) at Poncha Market, 6250 US HWY 285; and Salida Chaffee Shuttle at 54 Jones Ave. in Salida (about 1/4 mile East of 50 Burger on North side of the road). This "Alamosa to Pueblo" route also stops in Cotopaxi, Penrose, Pueblo West and the Pueblo Transit Center in downtown Pueblo. The "Durango to Grand Junction" route has stops in Bayfield, Durango, Ridgeway and Montrose. The Trinidad to Pueblo route has a stop in Walsenburg at 400 Main St. and Aguilar at 146 W. Main St. but there is no route listed from Alamosa to Fort Garland/ Blanca or Walsenburg. Purchase tickets by downloading the Bustang Outrider app to your phone or call 800-900-3011 for more information. You cannot purchase tickets on the website. To get to Denver, use the "Alamosa to Pueblo" route and then in Salida (at Chaffee Shuttle) switch busses to the "Crested Butte to Denver" route. The website and app have routes, maps, schedules and fares. Routes, times and fares may change! Sign up for text alerts or follow @bustangoutrider. During ski season there is a bus from Salida (Chaffee Shuttle) to Monarch. All other seasonal and Snowstang/Ski routes start from the Denver Metro area. For questions on the Alamosa to Pueblo route call 719-545-8900. Tickets are always half-price for the disabled, children 11 and younger and those 65 or older.---------- (Bustang Outrider es un servicio de autobÃºs comercial. El "Outrider" tiene rutas hacia y desde el Valle de San Luis y por todo el estado. Las paradas de autobÃºs en el Valle y sus alrededores son "Alamosa Stop 1" en Adams State University, 1603 First St.; y "Alamosa Stop 2" en Loaf 'n Jug, 102 W. U.S. Carretera 160 en la autopista. 17; y Moffat Town Park en 5th Street y Reynolds Avenue en Moffat; y Poncha Springs (Ã¡rea de Salida) en Poncha Market, 6250 US HWY 285; y Salida Chaffee Shuttle en 54 Jones Ave. en Salida (aproximadamente 1/4 de milla al este de 50 Burger en el lado norte de la carretera). Esta ruta "Alamosa a Pueblo" tambiÃ©n para en Cotopaxi, Penrose, Pueblo West y Pueblo Transit Center en el centro de Pueblo. La ruta "Durango a Grand Junction" tiene paradas en Bayfield, Durango, Ridgeway y Montrose. La ruta de Trinidad a Pueblo tiene una parada en Walsenburg en 400 Main St. y Aguilar en 146 W. Main St. pero no hay ninguna ruta indicada desde Alamosa a Fort Garland/Blanca o Walsenberg. Compre boletos descargando la aplicaciÃ³n Bustang Outrider en su telÃ©fono o llame al 800-900-3011 para obtener mÃ¡s informaciÃ³n. No se pueden comprar entradas en el sitio web. Para llegar a Denver, utilice la ruta "Alamosa a Pueblo" y luego en Salida (en Chaffee Shuttle) cambie de autobÃºs a la ruta "Crested Butte a Denver". El sitio web y la aplicaciÃ³n tienen rutas, mapas, horarios y tarifas. Â¡Las rutas, horarios y tarifas pueden cambiar! RegÃ-strese para recibir alertas de texto o siga a @bustangoutrider. Durante la temporada de esquÃ- hay un autobÃºs desde Salida (Chaffee Shuttle) a Monarch. Todas las demÃ¡s rutas estacionales y de Snowstang/Ski comienzan desde el Ã¡rea metropolitana de Denver. Si tiene preguntas sobre la ruta de Alamosa a Pueblo, llame al 719-545-8900. Los boletos siempre cuestan la mitad de precio para discapacitados, niÃ±os menores de 11 aÃ±os y mayores de 65 aÃ±os.

https://ridebustang.com/outrider/
Referral Required: No

Contact: Statewide Bus Service
(800) 900-3011

Care and Share FOOD LOCATOR by ZIP CODE
Find food pantries and meals in the San Luis Valley and throughout Colorado.

https://careandshare.org/findfood/
Referral Required: No
Service Limits: Need zip code to locate services

Centennial R-1 School District
We will provide the best education for all students utilizing a variety of research-based curricula and cultural resources, effective communication among parents, community and staff, and collaboration to create a safe learning environment to provide opportunities to our students for success in a global society.---------- Brindaremos la mejor educaciÃ³n a todos los estudiantes utilizando una variedad de planes de estudio y recursos culturales basados ??en investigaciones, comunicaciÃ³n efectiva entre los padres, la comunidad y el personal, y colaboraciÃ³n para crear un ambiente de aprendizaje seguro para brindar oportunidades a nuestros estudiantes para tener Ã©xito en una sociedad global.

https://www.centennialschool.net/
Referral Required: No
Physical Address: 14644 CO-159, San Luis
Contact: Receptionist
(719) 672-3322
Email: tmelster@centennialschool.net

Center Dental Clinic, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have five dental clinics in the San Luis Valley. Our team of dental professionals takes pride in being a comprehensive dental team. We feature pleasant, patient-focused environments at all locations. Through prevention, diagnosis, and treatment our dental professionals are committed to maintaining oral health for patients of all ages. We have built a reputation of excellence by providing excellent dental services for the entire family. We offer full-service dental and oral care at our five dental locations in the San Luis Valley. We offer walk-in appointments every day for people with dental emergencies. From regular exams and cleanings to complex oral care, our team of professionals can manage many dental problems. The most common dental visits are for exams, x-rays and cleanings. Valley-Wide does offer more extensive dental care, too. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con cinco clÃ-nicas dentales en el Valle de San Luis. Nuestro equipo de profesionales dentales se enorgullece de ser un equipo dental integral. Contamos con entornos agradables y centrados en el paciente en todas las ubicaciones. A travÃ©s de la prevenciÃ³n, el diagnÃ³stico y el tratamiento, nuestros profesionales dentales se comprometen a mantener la salud bucal de pacientes de todas las edades. Hemos construido una reputaciÃ³n de excelencia al brindar excelentes servicios dentales para toda la familia. Ofrecemos servicio completo de atenciÃ³n dental y bucal en nuestras cinco ubicaciones dentales en el Valle de San Luis. Ofrecemos citas sin cita previa todos los dÃ-as para personas con emergencias dentales. Desde exÃ¡menes y limpiezas regulares hasta cuidados bucales complejos, nuestro equipo de profesionales puede manejar muchos problemas dentales. Las visitas al dentista mÃ¡s comunes son para exÃ¡menes, radiografÃ-as y limpiezas. Valley-Wide tambiÃ©n ofrece atenciÃ³n dental mÃ¡s completa.

https://valley-widehealth.org/valleywide-locations/center-dental-clinic/
Referral Required: No
Physical Address: 135 E. 6th Street, Center
Contact: Receptionist/Recepcionista
(719) 754-3584
Email: info@valley-widehealth.org

Center for Restorative Programs
Rooted in Restorative Justice Principles, Center for Restorative Programs (CRP) is a non-profit 501c(3) organization that seeks to recognize harms and restore equity as much as possible through safe and trauma-responsive programming. CRP?s service area includes the six counties of the San Luis Valley: Alamosa, Conejos, Costilla, Mineral, Rio Grande, and Saguache. Program areas include: *Restorative Justice Diversion: Our work is rooted in Restorative Justice Principles, an approach to crime and conflict that gives a voice to all affected parties and aims to repair relationships. Restorative Justice seeks to recognize harms and restore equity as much as possible through a safe and trauma-responsive process. *Restorative Practices in Schools: We collaborate with San Luis Valley schools and after-school sites to help build cultures focused on Restorative Principles. Schools are all unique. As such, we design individualized timetables, trainings, and interventions for each setting to help resolve conflicts and address issues like bullying and truancy. **Restorative Community Programs: Our collaborative intensive case management programs include Law Enforcement Assisted Diversion (LEAD) and other community programs designed to support individuals who are struggling with substance use that utilize harm reduction, wraparound, and restorative justice principles. **Restorative Family Support Services: Our family support services, including our Wraparound program, provide personalized plans of care for children with complex needs and their families. Developed by a family centered team using Restorative Principles, each plan is individualized based on the strengths and culture of the child and their family. See our website for links for more information: www.restorativeprograms.org Spanish speaking services are available.---------- Arraigado en los Principios de Justicia Restaurativa, el Centro de Programas Restaurativos (CRP) es una organizaciÃ³n sin fines de lucro 501c(3) que busca reconocer los daÃ±os y restaurar la equidad en la medida de lo posible a travÃ©s de una programaciÃ³n segura y que responda al trauma. El Ã¡rea de servicio de CRP incluye los seis condados del Valle de San Luis: Alamosa, Conejos, Costilla, Mineral, RÃ-o Grande y Saguache. Las Ã¡reas del programa incluyen: *DesvÃ-o de Justicia Restaurativa: Nuestro trabajo tiene sus raÃ-ces en los Principios de Justicia Restaurativa, un enfoque al crimen y el conflicto. que dÃ© voz a todas las partes afectadas y tenga como objetivo reparar las relaciones. La Justicia Restaurativa busca reconocer los daÃ±os y restaurar la equidad tanto como sea posible a travÃ©s de un proceso seguro y que responda al trauma.

http://restorativeprograms.org
Referral Required: Yes | Referral Method: Phone, Email
Physical Address: 716 Main Street , Alamosa
Contact: Receptionist
(719) 589-5255

Center Housing Authority - Town of Center only
Housing Authority Provides safe and affordable Housing Opportunities for residents of Center, CO. Come into the office for assistance or a Section 8 application. ----------Autoridad de Vivienda Brinda oportunidades de vivienda seguras y asequibles solo para residentes de Center, CO. Venga a la oficina para recibir ayuda o una solicitud de la SecciÃ³n 8.

Referral Required: No
Service Limits: Open Monday - Friday from 8 am to 3 pm.

Physical Address: 138 S Worth St., Center
Contact: Receptionist
(719) 754-2537
Email: noemail@nothing.com

Center School District
The Center Schools Community seeks to develop independent, self directed, self motivated, adventurous, risk taking, experiential learners armed with the skills necessary to meet the challenges they will face in the 21st Century.----------La comunidad de Center Schools busca desarrollar estudiantes independientes, autodirigidos, automotivados, aventureros, que tomen riesgos y con experiencia, armados con las habilidades necesarias para enfrentar los desafÃ-os que enfrentarÃ¡n en el siglo XXI.

https://www.center.k12.co.us/
Referral Required: No
Physical Address: 500 Broadway, Center
Contact: Amy
(719) 754-3442
Email: noemail@nothing.com

Center Viking Youth Club
The mission of the Center Viking Youth Club is to promote the health, social, educational, vocational and character development of youth. The Center Viking Youth Club is committed to the overall well-being of the youth we serve. Our mission is to provide a safe, trusting, and positive space where all youth are given opportunities that enrich their strengths, encourage healthy relationships, and envision future possibilities.---------- La misiÃ³n del Center Viking Youth Club es promover el desarrollo sanitario, social, educativo, vocacional y del carÃ¡cter de los jÃ³venes. El Center Viking Youth Club estÃ¡ comprometido con el bienestar general de los jÃ³venes a los que servimos. Nuestra misiÃ³n es brindar un espacio seguro, confiable y positivo donde todos los jÃ³venes reciban oportunidades que enriquezcan sus fortalezas, fomenten relaciones saludables e imaginen posibilidades futuras.

Referral Required: No
Physical Address: 386 Broadway, Center
Contact: Katrina
(719) 754-2232
Email: kruggles@centerbgc.org

Cesar Chavez Family Medical Center in Center, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n.

Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 186 Hurt Street, Center
Contact: Receptionist/Recepcionista
(719) 754-2778
Email: info@valley-widehealth.org

Child Care Resource and Referral Program
Provide Child Care Resources and Referrals to families with young children. You may also contact the Early Childhood Council San Luis Valley for more information. https://eccslv.org 719-937-4010---------- Proporcionar recursos y referencias de cuidado infantil a familias con niÃ±os pequeÃ±os. TambiÃ©n puede comunicarse con el Consejo de Primera Infancia del Valle de San Luis para obtener mÃ¡s informaciÃ³n. https://eccslv.org 719-937-4010

https://www.eccslv.org
Referral Required: No
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Amanda
(719) 937-4010
Email: ecresource@eccslv.org

Childrens Specialty Clinic of The San Luis Valley
A non profit organization dedicated to creating an integrated group of specialists to serve children with complex medical needs. A special focus for us is serving children with neurodiversity including autism, intellectual disability, attention deficit hyperactivity disorder, oppositional defiant disorder, and in utero substance exposure.Pediatric specialty clinics, care coordination and family support. Connects children and youth with special needs to services. This is the new Health Care Program for Children with Special Needs (HCP). Go to the website to request an appointment.---------- La atencio pediatrica, la coorinacion y el apoyo familiar conectan a los ninos y jovenes necesidades especiales a los servicios en ella.

https://childrenspecialtyclinic.org/
Referral Required: No
Physical Address: 10 Rupert Street, West Entrance, Monte Vista
Contact: Mikaila
(719) 852-3742
Email: ChildrenSpecialtyClinic@gmail.com

City Market Pharmacy - Alamosa
City Market Pharmacists provide more than just prescriptions and over-the-counter medications; they provide advice and support, and are a trusted source of information. Our Pharmacists are professionally trained to

administer vaccinations too. Let us help you protect your health. Nuestros farmacÃ©uticos brindan mÃ¡s que solo medicamentos recetados y de venta libre; brindan asesoramiento y apoyo, y son una fuente confiable de informaciÃ³n. Nuestros farmacÃ©uticos tambiÃ©n estÃ¡n capacitados profesionalmente para administrar vacunas -- cuenta con profesionales atentos y dedicados a ayudar a las personas a llevar una vida mÃ¡s saludable!PermÃ-tanos ayudarle a proteger su salud.

https://www.citymarket.com/stores/grocery/co/alamosa/alamosa/620/00422
Referral Required: No
Service Limits: No delivery, No prescriptions by mail. PHARMACY HOURS: Mon - Fri: 9:00 am - 7:00 pm, Sat: 9:00 am - 6:00 pm, Sun: 10:00 am - 5:00 pm. Closed holidays and for lunch daily: 1:00 - 1:30 pm.
Physical Address: 131 Market St., Alamosa
Contact: Receptionist
(719) 589-6656
Email: noemail@nothing.com

Colorado Child and Adult Abuse and Neglect Report Hotline 719-589-7805
Call 719-589-7805 to report abuse or neglect, or safety concerns for children and adults at risk due to age or disability. Anyone can call for help. Serves all SLV counties. You can also dial 303-636-1750 or 844-CO-4-KIDS or 844-264-5437 for the same service. Available 24 hours a day, every day. Don't hesitate to call and get help. Anyone witnessing a child in a life-threatening situation should call 911 immediately.---------- Llame al 719-589-7805 para denunciar abuso o negligencia, o inquietudes de seguridad para niÃ±os y adultos en riesgo debido a la edad o discapacidad. Cualquiera puede pedir ayuda. Sirve a todos los condados de SLV. TambiÃ©n puedes marcar al 303-636-1750 o al 844-CO-4-KIDS o al 844-264-5437 para el mismo servicio. Disponible las 24 horas del dÃ-a, todos los dÃ-as. No dude en llamar y obtener ayuda. Cualquiera que sea testigo de la situaciÃ³n de un niÃ±o en una situaciÃ³n que pone en peligro su vida debe llamar al 911 de inmediato.

https://co4kids.org/child-abuse-neglect
Referral Required: No
Service Limits: Report abuse of all ages. ----------Denunciar abusos de todas las edades.

Colorado Division of Vocation Rehabilitation
We provide supported employment for persons with the most significant disabilities. We partner with employers and a variety of state and community based agencies. Your abilities, interests and strengths help to determine your job goal. We'll help support and maintain your job in the community. All jobs must earn at least minimum wage.---------- Proporcionamos empleo con apoyo para personas con las discapacidades mÃ¡s importantes. Nos asociamos con empleadores y una variedad de agencias estatales y comunitarias. Sus habilidades, intereses y fortalezas ayudan a determinar su objetivo laboral. Le ayudaremos a respaldar y mantener su trabajo en la comunidad. Todos los trabajos deben ganar al menos el salario mÃ-nimo.

https://dvr.colorado.gov/dvr-programs-services/supported-employment
Referral Required: No
Physical Address: 305 Murphy Drive, Unit B , Alamosa
Contact: receptionist
(719) 589-5158
Email: voc.rehab@state.co.us

Colorado Housing Connects
Colorado Housing Connects is a non-profit organization that can help you find rental assistance, supportive housing, affordable housing, and much more. They can also provide information about renters' rights and

evictions. The website has many resources, and you can also call their operators during the hours listed. Resources for renters, homebuyers, homeowners and landlords. (TTY 711---------- Website en Espanol es: https://coloradohousingconnects.org/?lang=es Ahora, nos enfrentamos a un nuevo desafÃ-o: ayudar a los residentes de Colorado que estÃ¡n en riesgo de perder su vivienda debido a COVID-19. Si usted es un propietario que enfrenta la ejecuciÃ³n hipotecaria o un inquilino que enfrenta el desalojo, estamos aquÃ- para usted. Colorado Housing Connects es su socio de prevenciÃ³n de desalojos y ejecuciones hipotecarias. Pero no nos detenemos ahÃ-. Sea cual sea su pregunta de vivienda, estamos trayendo respuestas a casa.

https://coloradohousingconnects.org/
Referral Required: No
Physical Address: 2250 Eaton St., Suite B, Denver
Contact: Receptionist
(844) 926-6632
Email: info@brothersredevelopment.org

Colorado Housing Finance Authority (CHFA)
Our mission is to strengthen Colorado by investing in affordable housing and community development. Many resources on our website: Steps to Homeownership, How to get a CHFA Loan, Homebuyer Education, Down Payment Assistance, Find a CHFA Participating Lender, Mortgage Calculators, Housing Tax Credit, Multifamily Lending, Private Activity Bonds (PAB), Asset Management, CHFAreach Training, Property Management Tools, Find Affordable Housing, Business Lending, Community partnerships.---------- Mi Hogar - Con Ãºtil ayuda en lÃ-nea y recursos imprimibles, ademÃ¡s de educaciÃ³n de compra de vivienda patrocinada por CHFA, esperamos ayudarle a sentirse mÃ¡s confiado sobre la compra de vivienda.) CONTACT FORM and phone numbers can be found here: https://www.chfainfo.com/contact-chfa

https://www.chfainfo.com/
Referral Required: No
Physical Address: 609 Main Street, Suite 115, Alamosa
Contact: Kaylee
(970) 812-1149
Email: KRomero@CHFAinfo.com

Colorado Housing Search Website
Colorado Housing Search is a fast, easy-to-use, free website for renters, buyers, and affordable housing property managers.---------- (Colorado Housing Search es un sitio web gratuito, rÃ¡pido y fÃ¡cil de usar para inquilinos, compradores y administradores de propiedades de viviendas asequibles.)

https://coloradohousingsearch.com/
Referral Required: No

Colorado Legal Services
Colorado Legal Services provides meaningful access to high quality, civil legal services in the pursuit of justice for low-income persons and vulnerable populations.---------- Colorado Legal Services brinda acceso significativo a servicios legales civiles de alta calidad en la bÃºsqueda de justicia para personas de bajos ingresos personas y poblaciÃ³n vulnerable.

https://www.coloradolegalservices.org/
Referral Required: No
Service Limits: Subject to income and asset guidelines, Must complete an application.---------- Sujeto a pautas de

ingresos y activos, debe completar una solicitud.
Physical Address: 603 Main Street, Alamosa
Contact: Tamara
(719) 589-4993

Commodity Supplemental Food Program (CSFP)/Everyday Eats Program Costilla County
The Commodity Supplemental Food Program will continue to be available for the Elderly (60 and over and those who meet the financial guidelines). This program distributes food three times a month. We ask you to call 719-672-3332. We will instruct you on the procedure to receive your food box. We strongly recommend if you are over 60, or have underlying medical conditions that increase your risk of serious COVID-19 that you have someone pick up your food box for you. Please call the office to let us know who is picking up your food box. New clients need to apply for program by coming into the office. For income guidelines visit: https://cdhs.colorado.gov/CSFP Our goal is to continue to provide this much needed food package. Situations are changing rapidly so please call before you come to the CSFP office to find out if we are currently distributing commodities.---------- El Programa de alimentos complementarios seguirÃ¡ estando disponible para las personas mayores (60 aÃ±os o mÃ¡s y aquellos que cumplan con las pautas financieras). Este programa distribuye alimentos tres veces al mes. Le pedimos que llame al 719-672-3332. Te instruiremos sobre el procedimiento para recibir tu caja de alimentos. Le recomendamos encarecidamente que, si tiene mÃ¡s de 60 aÃ±os o tiene afecciones mÃ©dicas subyacentes que aumentan su riesgo de contraer COVID-19 grave, alguien recoja su caja de comida. Llame a la oficina para informarnos quiÃ©n recogerÃ¡ su caja de comida. Los nuevos clientes deben solicitar el programa visitando la oficina. Para conocer las pautas de ingresos, visite: https://cdhs.colorado.gov/CSFP Nuestro objetivo es continuar brindando este paquete de alimentos tan necesario. Las situaciones estÃ¡n cambiando rÃ¡pidamente, asÃ- que llame antes de venir a la oficina de CSFP para averiguar si actualmente estamos distribuyendo productos bÃ¡sicos.

https://costillacounty.colorado.gov/departments/public-health-agency/public-health-agency-resources
Referral Required: No
Service Limits: Must be 60 years of age or older and meet income guidelines.----------Debe tener 60 aÃ±os de edad o mÃ¡s y cumplir con las pautas de ingresos.
Physical Address: 105 Gasper Street , San Luis
Contact: Beverly
(719) 672-3332 Ext: 3452

Conejos County Department of Social Services
Conejos County Department of Social Services helps our clients with issues on child and adult protection, child support, income maintenance, colorado works, LEAP energy assistance, benefit recovery and foster care. CHP Childrens Health Insurance.---------- El departamento de servicios sociales del condado de conejos ayuda a nuestros clientes con problemas de proteccion de ninos y adultos, manutencion de ninos, ingresos, manutencion, asistencia y recuperacion de beneficios y cuidado de crianza.

https://conejoscounty.colorado.gov/departments/department-of-social-services
Referral Required: No
Service Limits: Monday thru Friday, 8:00 am to 4:30 pm (except holidays).----------Lunes a viernes de 8:00 am a 4:30 pm (excepto feriados).
Physical Address: 12989 County Road G.6, Conejos
Contact: Receptionist
(719) 376-5455

Conejos County Housing Authority

WE ALL NEED A GOOD HOME----------TODOS NECESITAMOS UN BUEN HOGAR

https://www.conejoshousing.org/contact
Referral Required: No
Physical Address: 510 Richfield Road, La Jara
Contact: Executive Director
(719) 274-5417
Email: karen@conejoshousing.org

Conejos County Public Health
The Mission of Conejos County Public Health is to partner with our community in the promotion of health through the implementation of science-based and culturally appropriate strategies. CCPH serves all individuals in Conejos County with traditional public health services such as communicable disease investigation and disease prevention activities, including immunizations. Conejos County Public Health is open Monday-Thursday 7:30 am - 5:30 pm.---------- Salud publica del condado de conejos es abierto de lunes - jueves de 7:30 a.m. a 5:30 p.m. La misiÃ³n de Salud PÃºblica del Condado de Conejos es asociarse con nuestra comunidad en la promociÃ³n de la salud mediante la implementaciÃ³n de estrategias culturalmente apropiadas y basadas en la ciencia. CCPH presta servicios a todas las personas en el condado de Conejos con servicios de salud pÃºblica tradicionales, como investigaciÃ³n de enfermedades transmisibles y actividades de prevenciÃ³n de enfermedades, incluidas las vacunas.

https://conejoscounty.colorado.gov/departments/public-health
Referral Required: No | Referral Method: Phone
Service Limits: Open Monday-Thursday 7:30 am - 5:30 pm----------Abierto de lunes a jueves de 7:30 a. m. a 5:30 p. m.
Physical Address: 19023 US Hwy 285, La Jara
Contact: Denise
(719) 274-4307
Email: djiron@co.conejos.co.us

Conejos Public Library (La Jara And Antonito)
To select, organize, and make accessible to the people of Conejos County printed and other materials that will contribute to the dissemination of knowledge, to formal education and to informal self-education, to the profitable and pleasurable use of leisure time, and to the general enrichment of life.----------Seleccionar, organizar y hacer accesible a la gente del Condado de Conejos materiales impresos y otros que contribuyan a la difusiÃ³n del conocimiento, a la educaciÃ³n formal y a la autoeducaciÃ³n informal, al uso rentable y placentero del tiempo libre y a la enriquecimiento general de la vida.

https://conejos.colibraries.org/
Referral Required: No
Service Limits: Monday â€“ Thursday 9:30am -4:30pm Friday 9:30am -3:30pm Every other SATURDAY 10am -3:30pm----------Lunes â€“ Jueves 9:30am-4:30pm Viernes 9:30am-3:30pm Cada dos SÃ•BADOS 10am-3:30pm
Physical Address: 17703 Hwy 285, (Just off Highway 285 by the Conejos County Extension Office), La Jara
Contact: Librarian
(719) 274-5858
Email: noemail@nothing.com

Convenient Care Community Clinic in Alamosa, Valley-Wide Health Systems, Inc.
Convenient Care is open evenings, weekends, and holidays! At Valley-Wide Health Systems, we are dedicated to

providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 1131 Main Street, Alamosa
Contact: Receptionist/Recepcionista
(719) 589-2562
Email: info@valley-widehealth.org

Coordination / Community Education for La Puente
Community Education.----------EducaciÃ³n comunitaria.

https://lapuentehome.org/
Referral Required: No
Physical Address: 609 9th Street, Alamosa
Contact: Laura
(719) 589-5909 Ext: 253
Email: comminity.edu@lapuente.net

Costilla County COVID-19 Virus Information
We provide testing, vaccination and home testing in the Costilla county area; call for an appointment or questions.---------- Brindamos pruebas, vacunaciÃ³n y pruebas domiciliarias en el Ã¡rea del condado de Costilla; Llame para una cita o preguntas.

https://www.slvphp.com/slv-covid-19-information https://www.slvphp.com/espanol-covid-main
Referral Required: No | Referral Method: Phone
Service Limits: Call or email for an appointment. No walk-ins.----------Llame o envÃ-e un correo electrÃ³nico para concertar una cita. Sin visitas sin cita previa.
Physical Address: 233 Main Street Suite C, San Luis

Contact: Paul
(719) 672-3332
Email: pwertz@costillacounty-co.gov

Costilla County Department of Social Services
As a team we provide quality services to empower the lives of people in achieving independence and self-sufficiency. We help our clients with issues on child and adult protection, child support, income maintenance and child support, benefit recovery and foster care, Colorado works (jobs), LEAP energy assistance, SNAP (food stamps), TANF, CHP (health insurance). Please call, we can help.---------- Como equipo brindamos servicios de calidad para potenciar la vida de las personas en el logro de la independencia y la autosuficiencia. Ayudamos a nuestros clientes con cuestiones de protecciÃ³n de niÃ±os y adultos, manutenciÃ³n de niÃ±os, mantenimiento de ingresos y manutenciÃ³n de niÃ±os, recuperaciÃ³n de beneficios y cuidado de crianza, trabajos de Colorado (empleos), asistencia energÃ©tica LEAP, SNAP (cupones de alimentos), TANF, CHP (seguro mÃ©dico.) Por favor llame, podemos ayudar.

https://costillacounty.colorado.gov/departments/social-services
Referral Required: No
Service Limits: Hours of Operation: 7:00 a.m. - 5:30 p.m. Monday - Thursday. No lunch closure. Closed on all federal holidays. EBT Issuance: 8:30 a.m. - 4:30 p.m. Monday - Thursday only. ----------horario de atencion 7:00 a.m. -5:30 p.m Lunes - Jueves. Sin cierre par
Physical Address: 233 Main Street, Suite A, San Luis
Contact: Receptionist
(719) 672-4131
Email: noEmail@noEmail.com

Costilla County Heart Healthy Solutions
Colorado Heart Healthy Solutions (CHHS) is a statewide program that aims to reduce the burden of cardiovascular disease and diabetes. CHHS involves a network of community health workers (CHWs) who reach out to individuals in their communities and provide health assessments, health education, coaching, referrals to local medical and healthy living resources, and ongoing support to at-risk individuals at no cost. (Colorado Heart Healthy Solutions (CHHS)---------- es un programa estatal que tiene como objetivo reducir la carga de enfermedades cardiovasculares y diabetes. CHHS involucra una red de trabajadores de salud comunitarios (CHW) que llegan a personas en sus comunidades y brindan evaluaciones de salud, educaciÃ³n para la salud, asesoramiento, referencias a recursos mÃ©dicos y de vida saludable locales, y apoyo continuo a personas en riesgo sin costo alguno.

https://colorado.gov/pacific/costillacounty/public-health-agency-resources
Referral Required: No
Service Limits: 18 years and older----------18 aÃ±os y mayores
Physical Address: 233 Main Street Suite C, San Luis
Contact: Brittany
(719) 672-3332 Ext: 3448
Email: blobato@costillacounty-co.gov

Costilla County Housing Authority
Public housing was established to provide decent and safe rental housing for eligible low-income families, the elderly, and persons with disabilities. Public housing comes in all sizes and types, from scattered single family houses to high-rise apartments for elderly families. Public Housing is limited to low-income families and individuals. A Housing Authority determines your eligibility based on: 1) annual gross income; 2) whether you

qualify as elderly, a person with a disability, or as a family; and 3) U.S. citizenship or eligible immigration status. If you are eligible, the HA will check your references to make sure you and your family will be good tenants. HA's will deny admission to any applicant whose habits and practices may be expected to have a detrimental effect on other tenants or on the project's environment. The HA representative will request whatever documentation is needed (e.g. birth certificate, tax returns) to verify the information given on your application. The Public Housing Authority will also rely on direct verification from your employer, etc. You will be asked to sign a form to authorize the release of pertinent information to the Public Housing Authority. If you are interested in applying for public housing, please contact via phone.----------La vivienda pÃºblica se estableciÃ³ para proporcionar viviendas de alquiler decentes y seguras para familias elegibles de bajos ingresos, personas mayores y personas con discapacidades. Las viviendas pÃºblicas vienen en todos los tamaÃ±os y tipos, desde casas unifamiliares dispersas hasta apartamentos de gran altura para familias de edad avanzada. La vivienda pÃºblica estÃ¡ limitada a familias e individuos de bajos ingresos. Una Autoridad de Vivienda determina su elegibilidad basÃ¡ndose en: 1) ingreso bruto anual; 2) si califica como anciano, persona con discapacidad o como familia; y 3) ciudadanÃ-a estadounidense o estatus migratorio elegible. Si es elegible, la HA verificarÃ¡ sus referencias para asegurarse de que usted y su familia sean buenos inquilinos. Las HA negarÃ¡n la admisiÃ³n a cualquier solicitante cuyos hÃ¡bitos y prÃ¡cticas puedan tener un efecto perjudicial sobre otros inquilinos o sobre el medio ambiente del proyecto. El representante de HA solicitarÃ¡ toda la documentaciÃ³n necesaria (por ejemplo, certificado de nacimiento, declaraciones de impuestos) para verificar la informaciÃ³n proporcionada en su solicitud. La Autoridad de Vivienda PÃºblica tambiÃ©n dependerÃ¡ de la verificaciÃ³n directa de su empleador, etc. Se le pedirÃ¡ que firme un formulario para autorizar la divulgaciÃ³n de informaciÃ³n pertinente a la Autoridad de Vivienda PÃºblica. Si estÃ¡ interesado en solicitar vivienda pÃºblica, pÃ³ngase en contacto vÃ-a telefÃ³nica.

https://www.costillacountyhousingauthority.com/
Referral Required: No
Physical Address: 915 Pedro St., San Luis
Contact: Aquino
(719) 672-3379
Email: costcohousingig@gojade.org

Costilla County Prevention Partners
The CCPP focuses on impacting community-level change to prevent substance abuse and works to change peoples perceptions, attitudes and habits around substance abuse. Committee members participate in and provide direction for each step of the prevention process from planning through implementation. The CCPP committee meets monthly and welcomes interested participants at any time. CCPP is optimistic about its capacity to bring positive change to Costilla County. The committee is an open group and parents, teachers, officials, youth and other community members are encouraged to join us and find out ways you can be involved in this process.---------- El CCPP se centra en lograr cambios a nivel comunitario para prevenir el abuso de sustancias y trabaja para cambiar las percepciones, actitudes y hÃ¡bitos de las personas en torno al abuso de sustancias. Los miembros del comitÃ© participan y brindan direcciÃ³n para cada paso del proceso de prevenciÃ³n, desde la planificaciÃ³n hasta la implementaciÃ³n. El comitÃ© del CCPP se reÃºne mensualmente y da la bienvenida a los participantes interesados ??en cualquier momento. CCPP es optimista sobre su capacidad para generar cambios positivos en el condado de Costilla. El comitÃ© es un grupo abierto y se anima a los padres, maestros, funcionarios, jÃ³venes y otros miembros de la comunidad a unirse a nosotros y descubrir formas en las que pueden participar en este proceso.

https://www.colorado.gov/pacific/costillacounty/public-health-agency-resources
Referral Required: No

Physical Address: 233 Main Street- Suite C, San Luis
Contact: Brittany
(719) 672-3332

Costilla County Public Health Immunizations
Costilla County Public Health Agency offers immunizations/ vaccinations for babies, children and adults, including school shots, Vaccines for Children (VFC) and private vaccines. Accept most insurances including Medicaid and Medicare. Open Monday through Thursday 7am- 5:30 pm.---------- La Agencia de Salud PÃºblica del Condado de Costilla ofrece vacunas para bebÃ©s, niÃ±os y adultos, incluidas vacunas escolares, vacunas para niÃ±os (VFC) y vacunas privadas. Acepte la mayorÃ-a de los seguros, incluidos Medicaid y Medicare. Abierto de lunes a jueves de 7 am a 5:30 pm.

Referral Required: No
Service Limits: Call for an appointment Monday through Thursday 7am- 5:30 pm. Walk ins are welcome if a nurse is available. Call 719-672-3332----------Llame para programar una cita de lunes a jueves de 7 a. m. a 5:30 p. m. Las personas sin cita previa son bienvenidas si
Physical Address: 233 Main Street, Suite C, San Luis
Contact: Paul
(719) 672-3332
Email: pwertz@costillacounty-co.gov

Costilla County Public Health Personal Care Provider Program
Personal Care Provider (PCP) Service: Personal Care Providers (PCPs) go to the home of eligible clients on a regular basis and they form positive, caring relationships with their clients as they assist with their daily personal care and home-making needs. People enrolled in the OLTC program are eligible for PCP care. Personal Care means services which are furnished to an eligible client in his/her home for the following purposes: To meet the client's physical needs and to assist with client's maintenance or supportive needs when those services are not skilled personal care. Available for Costilla County residents, long term Medicaid, elderly, blind or disabled people.---------- Servicio de proveedor de cuidado personal (PCP): los proveedores de cuidado personal (PCP) vienen al hogar con regularidad y forman relaciones positivas y afectuosas con sus clientes mientras los ayudan con su cuidado personal diario y sus necesidades domÃ©sticas. Las personas inscritas en el programa OLTC son elegibles para recibir atenciÃ³n de PCP. Cuidado personal significa servicios que se brindan a un cliente elegible en su hogar para los siguientes propÃ³sitos: Para satisfacer las necesidades fÃ-sicas del cliente y ayudar con el mantenimiento o las necesidades de apoyo del cliente cuando esos servicios no son cuidado personal especializado. Disponible para residentes del condado de Costilla, Medicaid a largo plazo, personas mayores, ciegas o discapacitadas.

https://www.colorado.gov/pacific/costillacounty/public-health-agency-resources
Referral Required: Yes | Referral Method: Written referral from OLTC Case Manager at 719-672-3332
Service Limits: Costilla County residents, long term Medicaid, elderly, blind or disabled----------Residentes del condado de Costilla, Medicaid a largo plazo, ancianos, ciegos o discapacitados
Physical Address: 233 Main Street, Suite C, San Luis
Contact: Gail
(719) 672-3332 Ext: 3450
Email: gsanchez@costillacounty-co.gov

Costilla County Public Library (San Luis and Fort Garland)
The mission of the Costilla County Public Library is to be responsive to the needs of the Costilla County residents and visitors in the area of library services. This includes providing materials and services to all ages for personal

enrichment and educational and professional needs. This is accomplished by providing books, periodicals, electronic media, and office services to our patrons.----------La misiÃ³n de la Biblioteca PÃºblica del Condado de Costilla es responder a las necesidades de los residentes y visitantes del Condado de Costilla en el Ã¡rea de servicios bibliotecarios. Esto incluye proporcionar materiales y servicios a todas las edades para el enriquecimiento personal y las necesidades educativas y profesionales. Esto se logra proporcionando libros, publicaciones periÃ³dicas, medios electrÃ³nicos y servicios de oficina a nuestros usuarios.

https://costillacounty.colorado.gov/services/public-library-system
Referral Required: No
Service Limits: New Library Hours Tuesday 8:30 - 4:30pm, Wednesday 8:30 - 4:30pm, Closed Monday, Thursday, Fridays and all Holidays Closed for lunch 12:00pm - 1:00pm
Physical Address: 418 Gasper Street, San Luis
Contact: Alice
(719) 672-3309
Email: ccplsanluis@yahoo.com

Costilla County SNAP (Food Assistance)
Supplemental Nutrition Assistance Program (SNAP) is the food assistance program in Colorado, formerly known as Food Stamps. SNAP provides food assistance benefits as part of a federal nutrition program to help low-income households purchase food.---------- Nutricion suplementaria, (SNAP) el programa de asistencia es el programade asistencia alimentaria en Colorado conocido formalmente como cupones de alimentos snap brinda beneficios de asistencia alimentaria como parte de un programa federal de nutricion para ayudar a los hogares de bajos ingresos a comprar alimentos.

https://costillacounty.colorado.gov/departments/social-services
Referral Required: No
Service Limits: Hours of Operation: 7:00 a.m. - 5:30 p.m. Monday - Thursday. No lunch closure. Closed on all federal holidays. EBT Issuance: 8:30 a.m. - 4:30 p.m. Monday - Thursday.
Physical Address: 233 Main St, STE A, San Luis
Contact: Receptionist, Case Worker
(719) 672-4131

Costilla County Tobacco Prevention
Get help to quit smoking. Increase access to tobacco treatment services. Referrals to the Colorado QuitLine and Not on Tobacco, prevent tobacco use. Provide education to promote smoke-free policies to eliminate exposure to secondhand smoke and vapor.---------- Se hablamos Espanol. Desarrolle un plan personalizado para dejar el tabaco y utilizar herramientas que pueden incluir parches, chicles o pastillas de nicotina.Terapia de Reemplazo de Nicotina: InfÃ³rmese y solicite sus medicamentos para dejar de fumar, como parches, chicles o pastillas de nicotina. Asesoramiento por telÃ©fono para crear un plan para dejar de fumar, que puede incluir parches, chicles o pastillas de nicotina. Reciba mensajes por correo electrÃ³nico motivacionales, informativos, de asesoramiento y de algÃºn otro tipo.

https://www.coquitline.org/en-US/; https://colorado.gov/pacific/costillacounty/public-health-agency-resources
Referral Required: No
Physical Address: 233 Main Street Suite C, San Luis
Contact: Brittany
(719) 672-3332 Ext: 3448
Email: blobato@costillacounty-co.gov

Costilla County Tuberculosis Testing Program
Costilla County Public Health offers TB (tuberculosis) testing Monday and Tuesday 8:00 am - 4:30 pm. By appointment only.---------- Salud PÃºblica del Condado de Costilla ofrece pruebas de TB (tuberculosis) los lunes y martes de 8:00 am a 4:30 pm. Solo por cita.

Referral Required: No
Physical Address: 233 Main Street Suite C, San Luis
Contact: Paul
(719) 672-3332
Email: pwertz@costillacounty-co.gov

COVID 19 Virus Information
Get the latest information at www.slvphp.com. Click on COVID-19 at the top menu, or, in Sen Espanol/Spanish: https://www.slvphp.com/espanol-covid-main. Find out about testing opportunities, treatment, vaccinations, funeral assistance and more.---------- Obtenga la informaciÃ³n mÃ¡s reciente en www.slvphp.com. Haga clic en COVID-19 en el menÃº superior o, en Sen EspaÃ±ol/EspaÃ±ol: https://www.slvphp.com/espanol-covid-main. Obtenga informaciÃ³n sobre oportunidades de pruebas, tratamientos, vacunas, asistencia funeraria y mÃ¡s.

https://www.slvphp.com/slv-covid-19-information
Referral Required: No
Contact: CO State Health Department
(877) 462-2911

Creede School District
Our Mission Statement is to provide a safe, inclusive, and nurturing environment in order for students to reach their unique potential in and beyond the classroom. For our mission statement to come alive, all Miners will dig deep and work together to follow â€œThe Miner 5â€•â€¦ The Miner 5 Respect- Value the uniqueness of yourself and others Relationships- Strengthen and encourage each other; build trust. Responsibility- Be accountable for your actions; physical and emotional safety is a priority. Repair- Work towards mending relationships in a positive manner. Reboot- Make changes to establish a new beginning.----------Nuestra declaraciÃ³n de misiÃ³n es proporcionar un entorno seguro, inclusivo y enriquecedor para que los estudiantes alcancen su potencial Ãºnico dentro y fuera del aula. Para que nuestra declaraciÃ³n de misiÃ³n cobre vida, todos los mineros profundizarÃ¡n y trabajarÃ¡n juntos para seguir "The Miner 5"... El minero 5 Respeto: valora la singularidad de ti mismo y de los demÃ¡s. Relaciones: fortalecerse y animarse mutuamente; generar confianza. Responsabilidad- Sea responsable de sus acciones; La seguridad fÃ-sica y emocional es una prioridad. ReparaciÃ³n: trabaje para reparar las relaciones de manera positiva. Reiniciar: realice cambios para establecer un nuevo comienzo.

https://www.creedek12.net/
Referral Required: No
Physical Address: 450 Corsair Drive, Creede,
Contact: Erin
(719) 658-2220
Email: noemail@nothing.com

Crestone Community Food Bank
The Crestone Food Bank primarily serves the Crestone and Baca Grande area. We are open on Thursday's from 3 to 5:30 pm AND the fourth Saturday of every month from 10 to noon. We are located next to the Baca Grande Library on Road T. We accept donations and appreciate volunteers too! Monetary donations can be sent to PO Box 846, Crestone CO 81131. Food donations must be un-expired, un-damaged and un-opened. Donations can be

dropped off at the food bank location on Thursdays from 11 - 2. Please do not drop off food outside of these hours. Part of the La Puente SLV Food Bank Network. ----------El Banco de Alimentos de Crestone presta servicios principalmente en el Ã¡rea de Crestone y Baca Grande. Estamos abiertos los jueves de 3 a 5 pm y estamos ubicados al lado de la Biblioteca Baca Grande en Road T. Â¡Aceptamos donaciones y tambiÃ©n apreciamos a los voluntarios! EnvÃ-anos a Facebook a https://www.facebook.com/crestonefoodbank. (Consulte facebook para cambios de horario.)

https://www.facebook.com/crestonefoodbank
Referral Required: No
Service Limits: Open Thursday's from 3 to 5:30 pm and the fourth Saturday of every month from 10 to noon. Closed some holidays - see Facebook for schedule changes. ----------Abierto los jueves de 3 a 5:30 pm y cuarto sÃ¡bado de cada mes de 10 - 12.
Physical Address: 66611 County Road T, Crestone
Contact: Receptionist
(719) 589-4567
Email: crestonebacafoodbank@gmail.com

Crisis Prevention - La Puente
Crisis Prevention works to support families and prevent homelessness by providing assistance with rent, mortgage, utility, energy, medical, and crisis expenses. Families and individuals get the assistance and support they need when they need it the most. Crisis Prevention services aim to stabilize people on the brink of experiencing homelessness or assist those already experiencing homelessness with reintegration by providing assistance. Rental Assistance provides community members with assistance at the onset of an eviction notice or on the brink of such a notice. Utility Assistance aids with utility bills such as heat, electric, propane, and diesel. Crisis Prevention is also able to provide wood to those who need it for fuel. Medical Assistance aids with immediate medical expenses. Crisis Intervention helps when a community member is needing an ID, birth certificate, etc. Crisis Prevention is able to assist in acquiring such documentation. Veterans Assistance: Provides a wide variety of services to veterans with documented proof of their honorable or OTH discharge status, including gasoline, emergency rental assistance, interview or work clothing, and other assistance depending on the emergency. Crisis Prevention is a La Puente program.---------- PrevenciÃ³n de Crisis trabaja para apoyar a las familias y prevenir la falta de vivienda brindÃ¡ndoles asistencia con el alquiler, gastos de hipoteca, servicios pÃºblicos, energÃ-a, mÃ©dicos y de crisis. Las familias obtienen la asistencia y el apoyo que necesitan. necesitan cuando mÃ¡s lo necesitan. Los servicios de prevenciÃ³n de crisis tienen como objetivo estabilizar a las familias al borde de la crisis. sin hogar o ayudar a las familias que ya se encuentran sin hogar con la reintegraciÃ³n mediante brindando asistencia. Rental Assistance proporciona a los miembros de la comunidad asistencia al inicio de un aviso de desalojo o al borde de tal aviso. El asistente de alquiler involucra la gestiÃ³n de casos como solicitantes son revisados y seguidos durante el proceso de trabajo con los propietarios para asegurar la vivienda. La asistencia de servicios pÃºblicos ayuda con las facturas de servicios pÃºblicos, como calefacciÃ³n, electricidad, propano y diÃ©sel. La prevenciÃ³n de crisis tambiÃ©n es capaz de proporcionar madera a quienes la necesitan como combustible. La asistencia mÃ©dica ayuda con atenciÃ³n mÃ©dica inmediata. gastos. La intervenciÃ³n en crisis ayuda cuando un miembro de la comunidad necesita una identificaciÃ³n, un certificado de nacimiento, etc. PrevenciÃ³n de Crisis puede ayudar a adquirir dicha documentaciÃ³n. Asistencia para veteranos: proporciona una amplia variedad de servicios a veteranos con prueba documentada de su estado de baja honorable o OTH, incluyendo gasolina, asistencia de emergencia para el alquiler, ropa para entrevistas o trabajo y otra asistencia dependiendo de la emergencia. PrevenciÃ³n de Crisis es un programa de La Puente.

https://lapuentehome.org/crisis-prevention/
Referral Required: No

Service Limits: Veterans must have an honorable or OTH discharge status verified with a DD-214.----------Los veteranos deben tener un estado de baja honorable o OTH verificado con un DD-214.
Physical Address: 929 State Ave., Alamosa
Contact: Sean
(719) 587-3781
Email: director.cpr@lapuente.net

Crossroads Turning Points
Need to quit opioids or heroin or ??? Call Crossroads Turning Points. We treat and support individuals suffering from substance use and mental health disorders. Our campus in Alamosa has the following programs: Withdrawal Management (Detox); DUI Education/Treatment; Opioid Treatment Program (MAT) Methadone/Suboxone/Sublocade; Regular Outpatient Treatment; Placement assessments and substance abuse evaluation. We have a local number also (719) 589-5176.----------Necesita dejar los opioides o la heroÃ-na o ??? Llame a Crossroads Turning Points. Tratamos y apoyamos a personas que sufren de uso de sustancias y trastornos de salud mental. Nuestro campus en Alamosa cuenta con los siguientes programas: Manejo de la Abstinencia (Detox); EducaciÃ³n/Tratamiento de DUI; Programa de tratamiento de opioides (MAT) Metadona/Suboxone/Sublocade; Tratamiento Ambulatorio Regular; Evaluaciones de colocaciÃ³n y evaluaciÃ³n de abuso de sustancias. Contamos con un nÃºmero local tambiÃ©n (719) 589-5176.

https://www.crossroadstp.org/
Referral Required: No
Physical Address: 2265 Lava Lane, Alamosa
Contact: Receptionist
(800) 304-3758

Del Norte Public Library
The original purpose of a public library was to acquire books and then lend those books out to the community to improve literacy, share knowledge and provide education and entertainment. This allowed a huge number of people to share one book rather than each having to purchase their own copy. Today, public libraries offer a wide variety of resources and services to the communities they serve. The primary goals are still education, information, individual improvement and recreation.----------El propÃ³sito original de una biblioteca pÃºblica era adquirir libros y luego prestarlos a la comunidad para mejorar la alfabetizaciÃ³n, compartir conocimientos y brindar educaciÃ³n y entretenimiento. Esto permitiÃ³ que una gran cantidad de personas compartieran un libro en lugar de que cada uno tuviera que comprar su propia copia. Hoy en dÃ-a, las bibliotecas pÃºblicas ofrecen una amplia variedad de recursos y servicios a las comunidades a las que sirven. Los objetivos principales siguen siendo la educaciÃ³n, la informaciÃ³n, la mejora individual y la recreaciÃ³n.

https://dnpl.colibraries.org/
Referral Required: No
Service Limits: THE DEL NORTE PUBLIC LIBRARY IS OPEN SATURDAYS FOR THE SUMMER 10AM - 2PM.----------LA BIBLIOTECA PÃšBLICA DEL NORTE ESTÃ• ABIERTA LOS SÃ•BADOS DURANTE EL VERANO DE 10 A. M. A 2 P. M.
Physical Address: 790 Grande Ave, Del Norte,
Contact: Librarian
(719) 657-2633
Email: noemail@nothing.com

Del Norte School District
We know that EVERY student can learn to be happy and prosperous! For all of our students to be successful, we

must offer them many paths to choose. Our growth depends on our students, staff, families and community all supporting each other. Our staff are united to reinforcing our students' desires to be joyful and want to learn. Every student has a skill and passion to thrive in numerous careers. Being safe and healthy at school is paramont to succeeding. Our programs, curriculum, and activities are available to ALL of our students.----------Â¡Sabemos que CADA estudiante puede aprender a ser feliz y prÃ³spero! Para que todos nuestros estudiantes tengan Ã©xito, debemos ofrecerles muchos caminos para elegir. Nuestro crecimiento depende de que nuestros estudiantes, personal, familias y comunidad se apoyen mutuamente. Nuestro personal estÃ¡ unido para reforzar los deseos de nuestros estudiantes de ser alegres y querer aprender. Cada estudiante tiene una habilidad y pasiÃ³n para prosperar en numerosas carreras. Estar seguro y saludable en la escuela es fundamental para tener Ã©xito. Nuestros programas, plan de estudios y actividades estÃ¡n disponibles para TODOS nuestros estudiantes.

https://www.dncsd.org/en-US
Referral Required: No
Physical Address: 950 French Street, Del Norte
Contact: Receptionist
(719) 657-4040
Email: noemail@nothing.com

Development Resource Group : DRG
The mission of the San Luis Valley Development Resources Group is to promote and facilitate Economic and Community Development Programs which will create jobs, improve income and maintain the quality of life in the San Luis Valley. We are investing in ourselves. SLVDRG is the recognized by Colorado's Department of Local Affairs as the planning agency for State Planning Region 8, which encompasses the six counties of the region. We convene the SLV Council of Governments. DEMOGRAPHICS: Check the website under Programs for the Comprehensive Economic Development Strategy, Regional Broadband Strategic Plan, Community Needs Assessment, demographics/ statistical profile, Opportunity Zone/Enterprise Zone information, Targeted industries, Economic Impact studies. SLVDRG serves as the coordinating agency for the San Luis Valley Transportation Planning Region. The San Luis Valley Business Loan Fund provides financing for business expansion, retention, and start-ups. Businesses must be able to provide or retain permanent full time equivalent jobs, filling 60% of the positions with low-moderate income persons. Contact Craig Barraclough, Regional Grants Navigator at cbarraclough@slvdrg.org. We are a gap financer and encourage bank participation. We do not compete with or replace local lending institutions. See also the SBDC for access to free small business consulting. Se habla Espanol.

https://www.slvdrg.org/
Referral Required: No
Physical Address: 610 State Avenue, Ste 200, Alamosa
Contact: Receptionist
(719) 589-6099
Email: sstoeber@slvdrg.org

Drug Take-Back Locations
Please properly dispose of medications you are no longer taking. You can drop them off at the Sheriff's office in Alamosa County, Costilla County, Mineral County or Rio Grande County. Otherwise, go to the website below for a map or list showing where to drop off medications.---------- Haga clic en el sitio web para ver un mapa que muestra donde dejar los medicamentos que ya no desea.

https://cdphe.colorado.gov/colorado-medication-take-back-program

Referral Required: No

Early Childhood Council San Luis Valley : ECCS
The Early Childhood Council of the San Luis Valley connects families with young children to needed services. We provide support and resources to child care programs and to family child care providers. We offer professional development supports to the child care workforce. Find family resources in our Community Resource Guide: http://www.eccslv.org/for-community/resource-guide/---------- El Consejo de Primera Infancia del Valle de San Luis conecta a familias con niÃ±os pequeÃ±os con los servicios necesarios. Brindamos apoyo y recursos a programas de cuidado infantil y a proveedores de cuidado infantil familiar. Ofrecemos apoyos de desarrollo profesional a la fuerza laboral de cuidado infantil. Encuentre recursos familiares en nuestra GuÃ-a de recursos comunitarios: http://www.eccslv.org/for-community/resource-guide/

https://eccslv.org/
Referral Required: No | Referral Method: Phone, Fax, Email, Office
Service Limits: Families, early childhood services providers and early childhood professionals in the San Luis Valley----------Familias, proveedores de servicios para la primera infancia y profesionales de la primera infancia en el Valle de San Luis
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Chelle
(719) 937-4010
Email: office@eccslv.org

Early Childhood Mental Health Consultation : ECMH
Early Childhood Mental Health Consultation (ECMH) can help caregivers support social-emotional development and address challenging behaviors, ECMH is available at no cost to professionals and caregivers caring for children up to age 6. This program seeks to create nurturing environments that foster mental wellness among children, families, and staff and focus on reduction of expulsions from child care. This is a program of Early Childhood Council of the San Luis Valley.---------- La Consulta de Salud Mental en la Primera Infancia (ECMH) puede ayudar a los cuidadores a apoyar el desarrollo socioemocional y abordar conductas desafiantes. ECMH estÃ¡ disponible sin costo para los profesionales y cuidadores que cuidan a niÃ±os de hasta 6 aÃ±os. Este programa busca crear entornos enriquecedores que fomenten el bienestar mental. entre los niÃ±os, las familias y el personal y centrarse en la reducciÃ³n de las expulsiones del cuidado infantil. Este es un programa del Consejo de Primera Infancia del Valle de San Luis.

https://eccslv.org/
Referral Required: No
Service Limits: For professionals and caregivers for children up to age 6.----------Para profesionales y cuidadores de niÃ±os de hasta 6 aÃ±os.
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Jordan
(719) 937-4010
Email: ecbh@eccslv.org

Early Childhood Workforce and Professional Development Program
Scholarships for Professional Development/Qualifications for staff in licensed child care centers and family child care homes to increase the number of early childhood staff pursuing Teacher Qualifications, Director Qualifications, college coursework leading to Early Childhood Professional Credentials, AA Degree and/or BA in Early Childhood Education; Early Childhood Workforce/Professional Counseling to advise early educators on their professional development journey; Provide training and coaching opportunities to meet qualification

requirements and to impact teaching practices in early care and learning environments.---------- Becas para desarrollo profesional/calificaciones para el personal de centros de cuidado infantil con licencia y hogares de cuidado infantil familiar para aumentar el nÃºmero de personal de la primera infancia que busca calificaciones de maestros, calificaciones de director, cursos universitarios que conduzcan a credenciales profesionales de la primera infancia, tÃ-tulos AA y/o licenciaturas en educaciÃ³n temprana. EducaciÃ³n Infantil; Asesoramiento profesional/fuerza laboral de la primera infancia para asesorar a los educadores de la primera infancia en su camino de desarrollo profesional; Proporcionar oportunidades de capacitaciÃ³n y entrenamiento para cumplir con los requisitos de calificaciÃ³n e impactar las prÃ¡cticas de enseÃ±anza en entornos de aprendizaje y cuidado infantil.

https://eccslv.org/
Referral Required: No
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Denise
(719) 937-4010
Email: pd@eccslv.org

Eating Disorder Help
Take a self-screening test to find out if you are at risk for an eating disorder: https://www.nationaleatingdisorders.org/screening-tool The National Eating Disorders Association is a resource to connect people with information and treatment options. For information about eating disorders: https://www.nationaleatingdisorders.org/what-are-eating-disorders Treatment options: https://map.nationaleatingdisorders.org/ For support options, please check out our Free and Low-Cost Support opportunities at https://www.nationaleatingdisorders.org/free-low-cost-support. There are lots of resources on this website. Check out our Excerpts from the Experts video series at https://www.youtube.com/@NEDAonline If you are in a crisis and need help immediately, call 988 or text NEDA to 741741 to be connected with a trained volunteer at Crisis Text Line.---------- Realice una prueba de autoevaluaciÃ³n para saber si corre riesgo de sufrir un trastorno alimentario: https://www.nationaleatingdisorders.org/screening-tool La AsociaciÃ³n Nacional de Trastornos de la AlimentaciÃ³n es un recurso para conectar a las personas con informaciÃ³n y opciones de tratamiento. Para obtener informaciÃ³n sobre los trastornos alimentarios: https://www.nationaleatingdisorders.org/what-are-eating-disorders Opciones de tratamiento: https://map.nationaleatingdisorders.org/ Para conocer las opciones de apoyo, consulte nuestro Soporte gratuito y de bajo costo oportunidades en https://www.nationaleatingdisorders.org/free-low-cost-support. Hay muchos recursos en este sitio web. Vea nuestra serie de videos Extractos de los Expertos en https://www.youtube.com/@NEDAonline Si se encuentra en una crisis y necesita ayuda de inmediato, llame al 988 o envÃ-e un mensaje de texto con NEDA al 741741 para conectarse con un voluntario capacitado en Crisis Text LÃ-nea.

https://www.nationaleatingdisorders.org/free-low-cost-support
Referral Required: No
Service Limits: No phone counseling. Call RockyMountain Crisis Partners for telephone support 844.493.8255.----------Sin asesoramiento telefÃ³nico. Llame a RockyMountain Crisis Partners para obtener asistencia telefÃ³nica al 844.493.8255.
(800) 931-2237

Edward M. Kennedy Dental Clinic in Monte Vista, Valley Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral

Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/valleywide-locations/edward-m-kennedy-dental-clinic/
Referral Required: No
Physical Address: 925 Second Avenue, Monte Vista
Contact: Receptionist/Recepcionista
(719) 852-4533
Email: info@valley-widehealth.org

Edward M. Kennedy Health Clinic in Monte Vista, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ---------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 925 Second Avenue, Monte Vista
Contact: Receptionist/Recepcionista
(719) 852-2512
Email: info@valley-widehealth.org

Edward M. Kennedy Physical Therapy in Monte Vista, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We provide Physical Therapy integrated services within our system of care. We deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Brindamos servicios integrados de fisioterapia dentro de nuestro sistema de atenciÃ³n. Brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 925 Second Avenue, Monte Vista
Contact: Receptionist/Recepcionista
(719) 852-7081
Email: info@valley-widehealth.org

Emergency Shelter at La Puente
One of the first rural homeless shelters in the country, La Puente Shelter provides a place to stay, food to eat, support, and new hope for those experiencing homelessness. As an emergency shelter, we offer a 30 day shelter program complete with case management services to our guests. We also offer two community meals a day out of our soup kitchen: lunch at 12:00 and dinner at 5:00 pm, seven days per week.---------- Uno de los albergues rurales de primera fila para personas sin hogar en el pais albergue La Puente, brinda un lugar para quedarse, comida para comer, apoyo y nueva esperanza para las personas sin hogar. Como refugio de emergencia, ofrecemos un programa de refugio de 30 dÃ-as completo con servicios de administraciÃ³n de casos para nuestros huÃ©spedes. TambiÃ©n ofrecemos 2 comidas comunitarias al dia: almuerzo a las 12:00 pm y cena a las 5:00 pm los siete dias de la semana.

http://lapuentehome.org/shelter/
Referral Required: No
Service Limits: No registered sex offenders or unaccompanied minors.---------- No hay delincuentes sexuales

registrados o menores no acompanados.
Physical Address: 913 State St., Alamosa
Contact: Alex
(719) 589-5909
Email: director.shelter@lapuente.net

Ernesto Pacheco Dental Clinic in San Luis, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have five dental clinics in the San Luis Valley. Our team of dental professionals takes pride in being a comprehensive dental team. We feature pleasant, patient-focused environments at all locations. Through prevention, diagnosis, and treatment our dental professionals are committed to maintaining oral health for patients of all ages. We have built a reputation of excellence by providing excellent dental services for the entire family. We offer full-service dental and oral care at our five dental locations in the San Luis Valley. We offer walk-in appointments every day for people with dental emergencies. From regular exams and cleanings to complex oral care, our team of professionals can manage many dental problems. The most common dental visits are for exams, x-rays and cleanings. Valley-Wide does offer more extensive dental care, too. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con cinco clÃ-nicas dentales en el Valle de San Luis. Nuestro equipo de profesionales dentales se enorgullece de ser un equipo dental integral. Contamos con entornos agradables y centrados en el paciente en todas las ubicaciones. A travÃ©s de la prevenciÃ³n, el diagnÃ³stico y el tratamiento, nuestros profesionales dentales se comprometen a mantener la salud bucal de pacientes de todas las edades. Hemos construido una reputaciÃ³n de excelencia al brindar excelentes servicios dentales para toda la familia. Ofrecemos servicio completo de atenciÃ³n dental y bucal en nuestras cinco ubicaciones dentales en el Valle de San Luis. Ofrecemos citas sin cita previa todos los dÃ-as para personas con emergencias dentales.

https://valley-widehealth.org/valleywide-locations/ernesto-pacheco-dental-clinic/
Referral Required: No
Physical Address: 233 Main Street, Suite B, San Luis
Contact: Receptionist/Recepcionista
(719) 672-3502
Email: info@valley-widehealth.org

Evergreen Nursing Home
We are a nursing home located in Alamosa. We offer inpatient and outpatient rehabilitation and skilled nursing care. We also offer long-term care and have a Memory Care unit for our patients that need a secure living area. Our in-house team of therapists and nurses create individualized care plans, focusing on the goals and needs of each resident and patient. Call us or fill out the contact form on our website. (We Accept Medicaid.)----------Somos una residencia de ancianos ubicada en Alamosa. Ofrecemos rehabilitaciÃ³n para pacientes hospitalizados y ambulatorios y atenciÃ³n de enfermerÃ-a especializada. TambiÃ©n ofrecemos a largo plazo atenciÃ³n y tenemos una unidad de Memory Care para nuestros pacientes que necesitan una sala de estar segura. Nuestro equipo interno de terapeutas y enfermeras crea planes de atenciÃ³n individualizados, centrÃ¡ndose en los objetivos y necesidades de cada residente y paciente. LlÃ¡manos o rellena el formulario de contacto de nuestra web.

https://lcca.com/locations/co/evergreen-nursing/
Referral Required: No
Physical Address: 1991 Carroll St. , Alamosa

Contact: Executive Director
(719) 589-4951
Email: noemail@nothing.com

Family Child Care Home Navigator : FCCH
The Family Child Care Home Navigator program support those who have established or want to establish a child care facility out of their home. We will help with the process of setting it up and being in compliance with state and local regulations. We can answer questions about the rules and regulations.---------- El programa Family Child Care Home Navigator apoya a quienes han establecido o desean establecer un centro de cuidado infantil fuera de su hogar. Ayudaremos con el proceso de configuraciÃ³n y cumplimiento de las regulaciones estatales y locales. Podemos responder preguntas sobre las reglas y regulaciones.

https://www.eccslv.org
Referral Required: No
Physical Address: 401 Santa Fe Ave., Alamosa
Contact: Amanda
(719) 937-4010
Email: ecresource@eccslv.org

Family First in Colorado
Anyone witnessing a child in a life-threatening situation should call 911 immediately. Family First is an online tool for case workers who help children and youth. The Family First Prevention Services Act (Family First) is a federal law that allows local child welfare agencies to use federal funding to pay for services that keep kids safe, growing up in their families. Contact your county's Department of Social Services (DSS) for child placement or to become an adoptive or foster parent. A list of Colorado licensed (child placement) agencies and facilities is here: https//cofamilyfirst.org/provider-services/child-placement-agencies-facilities-directory/ A list of statewide prevention resources is here: https//cofamilyfirst.org/prevention-services/prevention-services-directory/ You can also call the Colorado Child and Adult abuse and Neglect Report Hotline at 719-589-7805, 303-636-1750 or 844-CO-4-KIDS or 844-264-5437 to report abuse or neglect, or safety concerns for children and adults at risk due to age or disability. This hotline is available 24 hours a day, everyday.----------Cualquiera que sea testigo de la situaciÃ³n de un niÃ±o en una situaciÃ³n que pone en peligro su vida debe llamar al 911 de inmediato. Family First es una herramienta en lÃ-nea para trabajadores sociales que ayudan a niÃ±os y jÃ³venes. La Ley de Servicios de PrevenciÃ³n La Familia Primero (La Familia Primero) es una ley federal que permite a las agencias locales de bienestar infantil utilizar fondos federales para pagar servicios que mantienen a los niÃ±os seguros y crecen en sus familias. ComunÃ-quese con el Departamento de Servicios Sociales (DSS) de su condado para la colocaciÃ³n de niÃ±os o para convertirse en padre adoptivo o de crianza. AquÃ- encontrarÃ¡ una lista de agencias e instalaciones (colocaciÃ³n de niÃ±os) con licencia de Colorado: https//cofamilyfirst.org/provider-services/child-placement-agencies-facilities-directory/ Una lista de recursos de prevenciÃ³n a nivel estatal estÃ¡ aquÃ-: https//cofamilyfirst. org/prevention-services/prevention-services-directory/ TambiÃ©n puede llamar a la lÃ-nea directa para denunciar abuso y negligencia de niÃ±os y adultos de Colorado al 719-589-7805, 303-636-1750 o 844-CO-4-KIDS o 844-264 -5437 para denunciar abuso o negligencia, o inquietudes de seguridad para niÃ±os y adultos en riesgo debido a su edad o discapacidad. Esta lÃ-nea directa estÃ¡ disponible las 24 horas del dÃ-a, todos los dÃ-as.

https://co4kids.org/professional-resources/family-first/
Referral Required: No
Physical Address: NA, NA
Contact: Receptionist

(844) 264-5437
Email: noemail@nothing.com

Federal Poverty Level (FPL)
Federal poverty levels are used to determine your eligibility for certain programs and benefits, including savings on Marketplace health insurance (Affordable Care Act/ ObamaCare), Health First/Medicaid and Children's Health Insurance Program (CHIP). The prior year's number is used to calculate savings on Marketplace insurance plans for the current year.---------- Los niveles federales de pobreza se utilizan para determinar su elegibilidad para ciertos programas y beneficios, incluidos los ahorros en el seguro de salud del Mercado (Ley de Cuidado de Salud a Bajo Precio/ObamaCare), Health First/Medicaid y el Programa de Seguro MÃ©dico para NiÃ±os (CHIP). El nÃºmero del aÃ±o anterior se utiliza para calcular los ahorros en los planes de seguro del Mercado para el aÃ±o en curso.

https://www.healthcare.gov/glossary/federal-poverty-level-fpl/
Referral Required: No
Physical Address: No Address, Colorado
Contact: Federal Poverty Level
(000) 000-0000
Email: noemail@nothing.com

Food Bank Network of the San Luis Valley
La Puente's Food Bank Network of the San Luis Valley is a made up of 15 food pantries that strive to address the immediacy of hunger and access to food in our communities by providing nutritious emergency food to help ensure no one has to go hungry in the San Luis Valley. Spread across 8,000 square miles, the Food Bank Network provides nutritious emergency food to help ensure no one must go to bed hungry in the SLV. More than just a box of food, the Food Bank Network seeks to offer fresh produce and healthy options so individuals and families can make their own choices while getting the most abundant and nutritious options for their budgets. To find a location near you, go to the website, scroll down and click on "Find a Food Bank Near You".---------- La Red de Bancos de Alimentos de Puente del Valle de San Luis estÃ¡ compuesta por 15 despensas de alimentos que se esfuerzan por abordar la inmediatez del hambre y el acceso a los alimentos en nuestras comunidades proporcionando alimentos nutritivos de emergencia para ayudar a garantizar que nadie tenga que pasar hambre en el Valle de San Luis. Luis Valle. Distribuida en 8,000 millas cuadradas, la Red de Bancos de Alimentos proporciona alimentos nutritivos de emergencia para ayudar a garantizar que nadie se vaya a la cama con hambre en SLV. MÃ¡s que una simple caja de alimentos, la Red de Bancos de Alimentos busca ofrecer productos frescos y opciones saludables para que las personas y las familias puedan tomar sus propias decisiones y obtener las opciones mÃ¡s abundantes y nutritivas para sus presupuestos. Para encontrar una ubicaciÃ³n cerca de usted, vaya al sitio web, desplÃ¡cese hacia abajo y haga clic en "Buscar un banco de alimentos cerca de usted".

https://lapuentehome.org/food-bank/
Referral Required: No
Physical Address: In Alamosa: 513 6th Street, Alamosa
Contact: Analyse
(719) 589-4567
Email: director.foodbank@lapuente.net

Food Bank of La Jara, Antonito and Capulin
The LA JARA Food Bank is open on Wednesdays from 2:30 to 5:00pm at Our lady of the Valley Catholic Church - LaJara, Highway 285. Phone: 719-274-5267. CAPULIN Food Pantry is open the 1st Monday of the month and the following Saturday from 10am - 12 at 8197 Hwy 15, Capulin, CO - 81124. Phone: 719-469-6479.

ANTONITO, open Fridays 11am -2pm at 301 Front St., Antonito, CO - 81120. Phone: 719-589-4567. CARE AND SHARE Food Available the First Monday of each Month. We need help unloading and distributing at 10am at Our lady of the Valley Catholic Church - LaJara, Highway 285. Product will be distributed on a first-come basis. Bad weather will require rescheduling. Sponsored by: Care and Share Food Bank of Southern Colorado, LaJara Catholic Church, and the Food Bank Network of the San Luis Valley----------El Banco de Alimentos de LA JARA estÃ¡ abierto los miÃ©rcoles de 2:30 a 5:00pm en la Iglesia CatÃ³lica Nuestra SeÃ±ora del Valle - LaJara, Highway 285. TelÃ©fono: 719-274-5267. CAPULIN Food Pantry estÃ¡ abierto el primer lunes del mes y el sÃ¡bado siguiente de 10 am a 12 en 8197 Hwy 15, Capulin, CO - 81124. TelÃ©fono: 719-469-6479. ANTONITO, abierto los viernes de 11am a 2pm en 301 Front St., Antonito, CO - 81120. TelÃ©fono: 719-589-4567. CUIDA Y COMPARTE Alimentos Disponibles el Primer Lunes de cada Mes. Necesitamos ayuda para descargar y distribuir a las 10am en la Iglesia CatÃ³lica Nuestra SeÃ±ora del Valle - LaJara, Carretera 285. El producto se distribuirÃ¡ por orden de llegada. El mal tiempo requerirÃ¡ una reprogramaciÃ³n. Patrocinado por: Care and Share Food Bank of Southern Colorado, LaJara Catholic Church y Food Bank Network of the San Luis Valley.

https://www.justserve.org/projects/e599c77a-80a2-496c-97fc-0fdf82e2edd1/lajara-food-bank?cid=vm_2022_justserve&shiftId=b79dec69-8dfd-4cc4-a3cc-3f1ee4d23d01
Referral Required: No
Physical Address: 19279 Hwy 285, La Jara
Contact: Receptionist
(719) 274-5267
Email: noemail@nothing.com

Full-Time Volunteers - La Puente
Enterprises` full-time volunteers serve 37-40 hours a week at two of La Puente`s Social Enterprises: Rainbow`s End Thrift Store and Milagros Coffee House. We can also arrange other service opportunities throughout our other service programs. During their time at La Puente, full-time volunteers will have the opportunity to become immersed in rural southwestern entrepreneurship.---------- Los voluntarios de tiempo completo de Enterprises prestan servicios de 37 a 40 horas a la semana en dos de las Empresas Sociales de La Puente: Rainbow's End Thrift Store y Milagros Coffee House. TambiÃ©n podemos organizar otras oportunidades de servicio a travÃ©s de nuestros otros programas de servicio. Durante su estancia en La Puente, los voluntarios de tiempo completo tendrÃ¡n la oportunidad de sumergirse en el espÃ-ritu empresarial rural del suroeste.

https://lapuentehome.org/full-time-volunteers/
Referral Required: No
Service Limits: Full-time volunteers must be 18 years of age.----------Los voluntarios de tiempo completo deben tener 18 aÃ±os de edad.
Physical Address: 511 6th Street, Alamosa
Contact: T.J.
(719) 589-5909
Email: administration@lapuente.net

Gambling Helpline
National Problem Gambling Helpline staff are trained to address specific addiction issues that Gamblers face, and understand local resources available for Gambling addiction. To chat with a counselor visit www.1800gamblerchat.org or send a text to 800GAM.---------- El personal de la LÃ-nea Nacional de Ayuda para Problemas con el Juego estÃ¡ capacitado para abordar problemas de adicciÃ³n especÃ-ficos que enfrentan los jugadores y comprender los recursos locales disponibles para la adicciÃ³n al juego. Para charlar con un consejero,

visite www.1800gamblerchat.org o envÃ-e un mensaje de texto a 800GAM.

https://www.ncpgambling.org/help-treatment/
Referral Required: No
(800) 522-4700

Grace Ride LLC
Grace Ride is a non-emergency medical transportation company that services ALL of Colorado for Medicaid customers only. Grace Medical Ride recognizes the significance of non-emergency medical transportation for those in need. That is why we are committed to providing each and every one of our clients with personalized and exceptional customer service. Our goal is to make the transportation process as easy and stress-free for our clients as possible, so they can focus on their health and well-being. We have a fleet of modern, well-maintained vehicles designed to meet the needs of people with varying levels of mobility. Our vehicles are outfitted with safety features and are serviced on a regular basis to ensure that they are in excellent condition. Our drivers are trained professionals who are friendly, courteous, and knowledgeable, and they take pride in providing our clients with safe, dependable transportation. We understand that each client is unique, so we tailor our services to them. Our team collaborates closely with clients to understand their unique needs and preferences, and we make every effort to meet those requirements. We are here to assist you with transportation to a medical appointment, rehabilitation center, or specialist.---------- Una empresa con corazon nosotros proporcionamos transporte medico rapido, confiable y seguro.

http://gracemedicalride.com
Referral Required: No
Service Limits: ONLY for non-emergency hospital trip and non-emergency room pick up.----------Viaje al hospital que no sea de emergencia y recogida en la sala de emergencias que no sea de emergencia.
Physical Address: 301 N. Main St. Suite 107, Pueblo
Contact: Receptionist
(719) 569-0302
Email: info@gracemedicalride.com

Guadalupe Health Center in Antonito, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program.

TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 10th Street and Dahlia, Antonito
Contact: Receptionist/Recepcionista
(719) 376-5426
Email: info@valley-widehealth.org

High Valley Community Center
High Valley Community Center offers a safe environment in Rio Grande County where our youth develop and strengthen positive values and behaviors through responsive programming, community service learning, and meaningful opportunities that inspire them to reach their full potential.---------- El centro comunitario hi valley ofrece un entorno seguro en el condado de Rio Grande donde estas desarrolla y fortalece valores y compartamientos positivos a traves de una programacion receptiva y un, servicio comunitario, apredizaje y oportunidades significativas que los inspiran a alcanzar su maximo potencial.

https://www.thehvcc.org/
Referral Required: No
Physical Address: 595 Grand Ave., Del Norte
Contact: Receptionist
(719) 657-2172
Email: adrienne@highvalleycommunity.org

Human Trafficking Hotline
Report suspected human trafficking. 24/7/365 Get help. TTY: 711 or Text * 233733 ---------- LÃ-nea directa para denunciar sospechas de trata de personas. Este Directorio de referencias en lÃ-nea estÃ¡ compuesto de organizaciones y programas contra la trata de personas que ofrecen servicios de emergencia, de transiciÃ³n o de largo plazo a las vÃ-ctimas y sobrevivientes de la trata de personas. TambiÃ©n incluye organizaciones que proporcionan recursos y oportunidades en el area de la lucha contra la trata de personas.

https://humantraffickinghotline.org/en
Referral Required: No
(866) 455-5075

International Travel Vaccines
Traveling? Chaffee County Public Health Agency will help prepare you for healthy and safe international travel! If you are traveling internationally for work, to visit friends or family, or for vacation, traveling abroad can put you at risk for serious diseases that are common in other regions of the world. To improve your chances of staying healthy, the International Travel Clinic at Chaffee County Public Health Agency provides individual consultation and immunizations before traveling to that long awaited destination. Our services can help protect you from diseases such as Hepatitis A and B, Yellow Fever, Typhoid Fever, Cholera, Rabies, Japanese encephalitis and Malaria. Please contact our International Travel Vaccine Consultant at 719-539-4510. Many insurance companies do not cover the cost of travel vaccinations. Call us for a list of prices and to make an appointment. IMMUNIZATIONS ARE BY APPOINTMENT ONLY. Vaccines are available on Tuesdays 11 am - 1 pm, Thursdays 2 pm - 5 pm, Fridays 9 am - 12 pm (first Fridays of every month we are in Buena Vista). Call with questions and to make an appointment.---------- De viaje? Â¡La Agencia de Salud PÃºblica del Condado de

Chaffee lo ayudarÃ¡ a prepararse para viajes internacionales saludables y seguros! Si viaja internacionalmente por trabajo, para visitar amigos o familiares, o por vacaciones, viajar al extranjero puede ponerlo en riesgo de contraer enfermedades graves que son comunes en otras regiones del mundo. Para mejorar sus posibilidades de mantenerse saludable, la ClÃ-nica de Viajes Internacionales de la Agencia de Salud PÃºblica del Condado de Chaffee brinda consultas individuales y vacunas antes de viajar a ese destino tan esperado. Nuestros servicios pueden ayudarlo a protegerse de enfermedades como la hepatitis A y B, la fiebre amarilla, la fiebre tifoidea, el cÃ³lera, la rabia, la encefalitis japonesa y la malaria. ComunÃ-quese con nuestro asesor de vacunas para viajes internacionales al 719-539-4510. Muchas compaÃ±Ã-as de seguros no cubren el coste de las vacunas de viaje. LlÃ¡menos para obtener una lista de precios y concertar una cita. LAS VACUNAS SON SÃ“LO CON CITA. Las vacunas estÃ¡n disponibles los martes de 11 am a 1 pm, los jueves de 2 pm a 5 pm, los viernes de 9 am a 12 pm (los primeros viernes de cada mes estamos en Buena Vista). Llame si tiene preguntas y para programar una cita.

https://www.chaffeecounty.org/Public-Health-Immunization-And-TB-Program
Referral Required: No
Service Limits: No walk-ins. Please make an appointment.---------- No hay visitas sin cita previa. por favor haga una cita.
Physical Address: 448 East First Street Suite 137, Salida
Contact: Receptionist
(719) 539-4510

La Jara Dental Clinic, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have five dental clinics in the San Luis Valley. Our team of dental professionals take pride in being a comprehensive dental team. We feature pleasant, patient focused environments at all locations. Through prevention, diagnosis and treatment our dental professionals are committed to maintaining oral health for patients of all ages. We have built a reputation of excellence by providing excellent dental services for the entire family. We offer full service dental and oral care at our five dental locations in the San Luis Valley. We offer walk-in appointments every day for people with dental emergencies. From regular exams and cleanings to complex oral care, our team of professionals can manage many dental problems. The most common dental visits are for exams, x-rays and cleanings. Valley-Wide does offer more extensive dental care, too. ----------Valley-Wide Health Systems, estamos dedicados a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con cinco clÃ-nicas dentales en el Valle de San Luis. Nuestro equipo de profesionales dentales se enorgullece de ser un equipo dental integral. Contamos con entornos agradables y centrados en el paciente en todas las ubicaciones. A travÃ©s de la prevenciÃ³n, el diagnÃ³stico y el tratamiento, nuestros profesionales dentales se comprometen a mantener la salud bucal de pacientes de todas las edades. Hemos construido una reputaciÃ³n de excelencia al brindar excelentes servicios dentales para toda la familia. Ofrecemos servicio completo de atenciÃ³n dental y bucal en nuestras cinco ubicaciones dentales en el Valle de San Luis. Ofrecemos citas sin cita previa todos los dÃ-as para personas con emergencias dentales. Desde exÃ¡menes y limpiezas regulares hasta cuidados bucales complejos, nuestro equipo de profesionales puede manejar muchos problemas dentales. Las visitas al dentista mÃ¡s comunes son para exÃ¡menes, radiografÃ-as y limpiezas. Valley-Wide tambiÃ©n ofrece atenciÃ³n dental mÃ¡s completa.

https://valley-widehealth.org/valleywide-locations/la-jara-dental-clinic/
Referral Required: No
Physical Address: 421 Walnut Street, La Jara
Contact: Receptionist/Recepcionista
(719) 274-8948
Email: info@valley-widehealth.org

La Jara Pharmaceutical
At La Jara Healthmart Pharmacy, we believe that being a local independent pharmacy means providing healthcare and medication services to our patients that are customized to meet their needs. Visit us today and let us take care of you. We offer a wide variety of services including medical equipment, herbal supplements, immunizations and more. We offer a variety of vaccines to keep you healthy. Contact us to learn more about our immunizations. We carry a wide selection of medical equipment, including ambulatory aids, nebulizers and bathroom equipment. We have the most extensive assortment of 100% natural oils and supplements. 24/7 Online Prescription Refills Secure Transfers.---------- En Farmacia La Jara creemos que ser una farmacia local independiente significa brindar servicios de atenciÃ³n mÃ©dica y medicamentos a nuestros pacientes personalizados para satisfacer sus necesidades. VisÃ-tanos hoy y dÃ©janos cuidar de ti. Ofrecemos una amplia variedad de servicios que incluyen equipos mÃ©dicos, suplementos a base de hierbas, vacunas y mÃ¡s. Ofrecemos una variedad de vacunas para mantenerlo saludable. ContÃ¡ctenos para conocer mÃ¡s sobre nuestras vacunas. Contamos con una amplia selecciÃ³n de equipos mÃ©dicos, que incluyen ayudas ambulatorias, nebulizadores y equipos de baÃ±o. Contamos con el mÃ¡s extenso surtido de aceites y suplementos 100% naturales. Transferencias seguras para resurtidos de recetas mÃ©dicas en lÃ-nea las 24 horas, los 7 dÃ-as de la semana

http://lajarapharmacy.net/pharmacy
Referral Required: No
Service Limits: Pharmacy Hours: Mon-Fri: 9am-6pm. Sat: 10am-5pm. Sun: Closed----------Horario de farmacia: lunes a viernes, de 9 a. m. a 6 p. m. SÃ¡bados: 10 a 17 horas. Sol: Cerrado
Physical Address: 412 Main St., La Jara
Contact: Receptionist
(719) 274-5109
Email: noemail@nothing.com

La Jara Police Department
DIAL 911 IN AN EMERGENCY. The La Jara Police Department is dedicated to the preservation of freedom, security, protection of property and most of all the safety of our citizens, by enforcing the laws of the State Of Colorado, County of Conejos and the ordinances of the Town of La Jara. As Police Officers we will represent the integrity , professionalism, and the willingness to work with and alongside the citizens of La Jara and to do so with due diligence.----------SI ESTO ES UNA EMERGENCIA, MARQUE 911. El Departamento de PolicÃ-a de La Jara se dedica a la preservaciÃ³n de la libertad, la seguridad, la protecciÃ³n de la propiedad y sobre todo la seguridad de nuestros ciudadanos, haciendo cumplir las leyes del Estado de Colorado, el Condado de Conejos y las ordenanzas del Pueblo de La Jara. Como Oficiales de PolicÃ-a representaremos la integridad, el profesionalismo y la voluntad de trabajar con y junto a los ciudadanos de La Jara y hacerlo con la debida diligencia.

https://townoflajara.colorado.gov/la-jara-police-dept
Referral Required: No
Physical Address: 221 Broadway, La Jara
Contact: Dispatch
(719) 274-5886
Email: noemail@nothing.com

Legal Self Help Support 12th Judicial District
The 12th Judicial District's LEGAL Self-Help Center includes Alamosa, Conejos, Costilla, Mineral, Rio Grande and Saguache counties. We help people who don't have an attorney to complete court forms. We explain court process and answer procedural questions. We help find additional legal and community resources if needed. No

legal advice is provided. The website has lots of information and help in Spanish is here: https://www.courts.state.co.us/Forms/Espanol/Index.cfm Click on HOME to exit the self-help center and return to the home page.----------El Centro de Autoayuda JURÃ•DICA del Distrito Judicial 12 incluye los condados de Alamosa, Conejos, Costilla, Mineral, Rio Grande y Saguache. Ayudamos a las personas que no tienen un abogado a completar los formularios judiciales. Explicamos el proceso judicial y respondemos preguntas procesales. Ayudamos a encontrar recursos legales y comunitarios adicionales si es necesario. No se proporciona asesoramiento legal. El sitio web tiene mucha informaciÃ³n y ayuda en espaÃ±ol aquÃ-: https://www.courts.state.co.us/Forms/Espanol/Index.cfm Haga clic en INICIO para salir del centro de autoayuda y regresar a la pÃ¡gina de inicio. .

https://www.courts.state.co.us/Self_Help/Index.cfm
Referral Required: No
(719) 589-7621
Email: 12selfhelp@judicial.state.co.us

Little Stinkers Taxi Cab
Contact Little Stinkers Taxi Cab, you can find Little Stinkers Taxi Cab on Facebook. We Accept Medicaid and Medicare as well as cash or credit card Open 24/7/365.---------- Contacto Little Stinkers Taxi puedes encontrar Little Stinkers Taxi en Facebook. Aceptamos medicaid y medicare, asÃ- como efectivo o tarjeta de crÃ©dito, abierto las 24 horas, los 7 dÃ-as de la semana, los 365 dÃ-as del aÃ±o.

Referral Required: No
Physical Address: 6848 Malouff Rd. , Alamosa
Contact: Receptionist
(719) 589-2500

Migrant Education Program (MEP)
We provide resources so all migrant children and youth, age 21 and younger, are empowered to succeed at school. Supplemental Instructional Services include books, college trips, instructional support, bi-national programs, outreach, advocacy, school supplies and referral services including referral to other educational services. Parent Involvement Services (PAC) educates and assesses parents to become integrated in their child's education and local schools.----------Proporcionamos recursos para que todos los niÃ±os migrantes, de 21 aÃ±os o menos, estÃ©n capacitados para tener Ã©xito en la escuela. Los servicios de instrucciÃ³n suplementarios incluyen libros, viajes a la universidad, apoyo educativo, programas binacionales, extensiÃ³n, defensa, Ãºtiles escolares y servicios de referencia, incluida la referencia a otros servicios educativos. Los Servicios de ParticipaciÃ³n de Padres (PAC) educan y evalÃºan a los padres para que se integren en la educaciÃ³n de sus hijos y en las escuelas locales.

https://results.ed.gov/
Referral Required: No
Service Limits: Migrant students are children and youth through age 21.----------Los estudiantes inmigrantes son niÃ±os y jÃ³venes hasta los 21 aÃ±os.
Physical Address: 1424 Second Street, Alamosa
Contact: Minga
(719) 587-7612
Email: noemail@nothing.com

Mineral County Public Health/ Silver Thread Public Health District
Mineral County Public health offers all childhood vaccines which are available for children 0-18 years of age who

are either on Medicaid, are underinsured, uninsured or American Indian or Eskimo native. Vaccines are also available for uninsured adults. These vaccines include Tetanus booster (Tdap or Td), Hep A, Hep B, pneumococcal, Zostavax and seasonal influenza. We also offer tuberculosis tests, health education and prevention services, well-baby checks, vital signs/ blood pressure checks and vital records (birth and death certificates) for Mineral County. We offer a food bank, and accept food donations, please see this website for guidelines: https://www.silverthreadpublichealth.org/services/assistance-programs Mineral County Public Health is part of the Silver Thread Public Health District. Check our website for more information.----------La salud pÃºblica del condado de Mineral ofrece todas las vacunas infantiles que estÃ¡n disponibles para niÃ±os de 0 a 18 aÃ±os de edad que tienen Medicaid, tienen seguro insuficiente, no tienen seguro o son nativos americanos o esquimales. Las vacunas tambiÃ©n estÃ¡n disponibles para adultos sin seguro. Estas vacunas incluyen el refuerzo contra el tÃ©tanos (Tdap o Td), la hepatitis A, la hepatitis B, la neumocÃ³cica, Zostavax y la influenza estacional. TambiÃ©n ofrecemos pruebas de tuberculosis, educaciÃ³n sanitaria y servicios de prevenciÃ³n, controles de bebÃ© sano, controles de signos vitales/presiÃ³n arterial y registros vitales (certificados de nacimiento y defunciÃ³n) para el condado de Mineral. Ofrecemos un banco de alimentos y aceptamos donaciones de alimentos; consulte este sitio web para obtener pautas: https://www.silverthreadpublichealth.org/services/assistance-programs La Salud PÃºblica del Condado de Mineral es parte del Distrito de Salud PÃºblica Silver Thread. Consulte nuestro sitio web para obtener mÃ¡s informaciÃ³n.

https://www.silverthreadpublichealth.org/assistance-programs
Referral Required: No
Service Limits: We are open Monday-Friday 8:00am - 4:00pm. Closed on major holidays.----------Estamos abiertos de lunes a viernes de 8:00 a. m. a 4:00 p. m. Cerrado los dÃ-as festivos importantes.
Physical Address: 802 Rio Grande Ave., Creede
Contact: Janet
(719) 658-2416

Mineral County Regional Library
Located at the Creede School. Open to the public. Books, audio books, videos, and computers available.----------Ubicado en la escuela Creede. Abierto al pÃºblico. Libros, audiolibros, vÃ-deos y computadoras disponibles.

https://www.mineralcountycolorado.com/
Referral Required: No
Service Limits: Open Monday â€“ Thursday 8am - 4:30pm and Friday 9am - 2pm----------Lunes â€“ Jueves 8am - 4:30 pm Viernes 9am - 2pm
Physical Address: 308 La Garita St,, Creede,
Contact: Librarian
(719) 658-2313
Email: noemail@nothing.com

MIPPA - Medicare Improvements Patient and Providers Act
MIPPA is a program designed to assist individuals with lower incomes in reducing their Medicare-related costs. This includes the Medicare Savings Programs, which can help cover the Medicare Part A and/or B premiums. SHIP is available to assist you with your application for the Extra Help program ("LIS"), which may reduce your Medicare Part D premiums and the cost of prescription medications. We will also explore additional ways to save you money, such as patient assistance programs, cash discounts, and discount cards. All of these initiatives are based on income and resources. A certified State Health Insurance Assistance Program (SHIP) counselor can

provide guidance on how to apply and address any questions you may have about these programs and more..---------- MIPPA ayuda a las personas a solicitar la reducciÃ³n del costo del seguro Medicare para personas con ingresos mÃ¡s bajos. Esto incluye los programas de ahorro de Medicare que pueden ahorrarle el costo de las primas de las Partes A y B de Medicare. Podemos ayudarlo con su solicitud para el programa de Ayuda Adicional ("LIS"), que puede reducir el costo de las primas de Medicare y los medicamentos recetados. Buscaremos otras formas de ahorrarle dinero, como programas de asistencia al paciente, descuentos por pronto pago y tarjetas de descuento. Todos estos programas se basan en ingresos y recursos.

http://www.slvaaa.org
Referral Required: No
Physical Address: 1116 3rd St , Alamosa
Contact: Michelle
(719) 589-4511 Ext: 12
Email: michellep@slvaaa.org

Moffat Family Health Center, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 545 Moffat Way, Moffat
Contact: Receptionist/Recepcionista
(719) 256-4025
Email: info@valley-widehealth.org

Moffat School District
Moffat Consolidated School District #2 exists so that our students have a safe learning environment with unique learning opportunities that prepare them for their future. ----------El Distrito Escolar Consolidado #2 de Moffat existe para que nuestros estudiantes tengan un ambiente de aprendizaje seguro con oportunidades de aprendizaje

Ãºnicas que los preparen para su futuro.

https://www.moffatschools.org/#
Referral Required: No
Physical Address: 501 Garfield Ave., Moffat
Contact: Kathy
(719) 745-0500
Email: kgarcia@moffatschools.org

Mold
Do you have mold? Find answers here at this website. Ten Things You Should Know, Mold and Health, Mold Cleanup.---------- Tienes moho? Encuentre respuestas aquÃ- en este sitio web. Diez cosas que debe saber y salud, limpieza de moho.

https://www.epa.gov/mold
Referral Required: No

Monte Vista Food Bank
The Monte Vista Food Bank provides emergency food to the Monte Vista area and surrounding towns including Center and Del Norte. See "website" for FaceBook page.----------El Banco de Alimentos de Monte Vista proporciona alimentos de emergencia al Ã¡rea de Monte Vista y a las ciudades circundantes, incluidas Center y Del Norte.

https://www.facebook.com/MVFoodbank/
Referral Required: No
Service Limits: Open Tuesdays from 4 - 6 pm and Fridays from 10 am - noon. ----------Horarios: Martes 4 - 6 pm y Viernes 10 am - 12 pm
Physical Address: 245 Washington St., Monte Vista
Contact: Receptionist
(719) 852-4851
Email: noemail@noemail.com

Monte Vista Housing Authority
The Monte Vista Housing Authority is responsible for managing the housing program for citizens in need. This includes applications, guidelines for eligibility, and other resources. The HA mission is to provide subsidized rents for low-income families, provide access to various assistance programs for housing problems. Reach out to the Monte Vista Housing Authority for issues regarding the qualification process, the location of the proprieties that are under the office management, or any information regarding Monte Vista Section 8 landlord details.----------La Autoridad de Vivienda de Monte Vista es responsable de gestionar el programa de vivienda para los ciudadanos necesitados. Esto incluye el paso de solicitud, las pautas de elegibilidad y cualquier otro recurso. La misiÃ³n de HA es proporcionar alquileres subsidiados para familias de bajos ingresos y brindar acceso a diversos programas de asistencia para problemas de vivienda. Puede comunicarse con la Autoridad de Vivienda de Monte Vista para cuestiones relacionadas con el proceso de calificaciÃ³n, la ubicaciÃ³n de las propiedades que estÃ¡n bajo la administraciÃ³n de la oficina o cualquier informaciÃ³n sobre los detalles del propietario de la SecciÃ³n 8 de Monte Vista.

http://hud.gov/
Referral Required: No
Physical Address: 551 Monroe Street , Monte Vista

Contact: Corinna
(719) 852-5505
Email: mvha04@yahoo.com

Monte Vista Medical Clinic Pharmacy
The Monte Vista Medical Clinic Pharmacy drive-thru has short wait times and we accept prescriptions from any provider. We accept most major insurances, Medicare, and Medicaid. Come in the office inside the Monte Vista Rural Clinic, or pull up to the drive-thru window, or call 719-628-0533 to talk to our super friendly pharmacy staff for more information. Most prescriptions can also be sent to our other clinics in Creede, Del Norte or South Fork. With a smile and a helping hand, we provide quality care and service to our communities.---------- El Monte Vista Medical Clinic Pharmacy drive-thru tenemos tiempos de espera cortos y aceptamos recetas de cualquier proveedor. Aceptamos la mayorÃ-a de los principales seguros, Medicare y Medicaid. Entre a la oficina dentro de la ClÃ-nica Rural Monte Vista, acÃ©rquese a la ventanilla del servicio de autoservicio o llame al (719) 628-0533 para hablar con nuestro sÃºper amigable personal de farmacia para obtener mÃ¡s informaciÃ³n. Nos distinguiremos como el destino de atenciÃ³n mÃ©dica de confianza. Brindaremos atenciÃ³n mÃ©dica compasiva y defenderemos el bienestar a travÃ©s de acceso innovador, medicina preventiva y asociaciones de colaboraciÃ³n dentro de nuestra diversa comunidad. Brindaremos atenciÃ³n mÃ©dica compasiva y defenderemos el bienestar a travÃ©s de acceso innovador, medicina preventiva y asociaciones de colaboraciÃ³n dentro de nuestra diversa comunidad.

http://riograndehospital.org/montevista-pharmacy/
Referral Required: No
Service Limits: Open Monday - Friday 9am to 6pm and Saturday 9am to 2pm.----------Abierto de lunes a viernes de 9am a 6pm y sÃ¡bados de 9am a 2pm.
Physical Address: 1033 2nd Avenue , Monte Vista
Contact: Receptionist
(719) 628-0533
Email: noemail@nothing.com

Monte Vista Police Department
DIAL 911 FOR EMERGRENCIES. The Monte Vista Police Department will provide professional and ethical service in protection of our citizens while preventing crime and reducing the fear of crime through problem-solving partnerships.----------DIAL 911 FOR EMERGRENCIES. El Departamento de PolicÃ-a de Monte Vista brindarÃ¡ un servicio profesional y Ã©tico para proteger a nuestros ciudadanos mientras previene el crimen y reduce el miedo al crimen a travÃ©s de asociaciones para la resoluciÃ³n de problemas.

https://cityofmontevista.colorado.gov/government/departments/police-department
Referral Required: No
Service Limits: Open Monday - Thursday. Closed on Friday and after hours. Please leave a message
719-852-6161
Physical Address: 95 West 1st Ave, Monte Vista
Contact: Dispatch
(719) 852-5111
Email: MonteVistaPolice@ci.monte-vista.co.us

Monte Vista Public Library (Carnegie) and South Fork Public Library (Carnegie)
In addition to being a library, the Carnegie Public Library, Monte Vista Branch also offers many resources and services to the citizens of Monte Vista, including document copying, printing, scanning and Faxing, proctoring online exams, reference materials, courtesy returns to other libraries and Inter-Library Loan borrowing. The

library also holds a weekly story hour for young children. The Carnegie Public Library, Monte Vista Branch is one of the few original Carnegie Libraries that still exist in the United States today. Many of the Carnegie Libraries that have not been demolished are now used for other means. This makes the Carnegie Public Library, Monte Vista Branch very special. It is also on the Colorado State Historical Register and the National Historical Register. South Fork Branch contact info: 719-873-5079 Fax: 719-873-5192, Email: sfbcarnegie@gmail.com----------AdemÃ¡s de ser una biblioteca, la Biblioteca PÃºblica Carnegie, sucursal de Monte Vista, tambiÃ©n ofrece muchos recursos y servicios a los ciudadanos de Monte Vista, que incluyen copia, impresiÃ³n, escaneo y envÃ-o de faxes de documentos, supervisiÃ³n de exÃ¡menes en lÃ-nea, materiales de referencia y devoluciones de cortesÃ-a a otras bibliotecas. y prÃ©stamos entre bibliotecas. La biblioteca tambiÃ©n ofrece una hora de cuentos semanal para niÃ±os pequeÃ±os. La Biblioteca PÃºblica Carnegie, sucursal Monte Vista, es una de las pocas bibliotecas Carnegie originales que todavÃ-a existen en los Estados Unidos en la actualidad. Muchas de las bibliotecas Carnegie que no han sido demolidas ahora se utilizan para otros fines. Esto hace que la Biblioteca PÃºblica Carnegie, Sucursal Monte Vista, sea muy especial. TambiÃ©n estÃ¡ en el Registro HistÃ³rico del Estado de Colorado y en el Registro HistÃ³rico Nacional.

https://carnegiepubliclibraries.colorado.gov/a-history-of-the/carnegie-public-library-monte-vista-branch
Referral Required: No
Service Limits: Hours: Mon, Wed, Fri. 10:00am to 5:00pm Tue and Thurs 10:00am to 8:00pm Sat. 12:00 pm to 4:00pm----------Horario: lunes, miÃ©rcoles, viernes. 10:00 a. m. a 5:00 p. m. Mar. y jueves. 10:00 a 20:00 horas. Se sentÃ³. 12:00 p.m. a 4:00 p.m.
Physical Address: 120 Jefferson St. , South Fork Branch 0031 Mall St. South Fork, CO. 81154, Monte Vista
Contact: Librarian
(719) 852-3931
Email: mvcolibrary@yahoo.com

Monte Vista School District
Ensure district-wide innovation through the development and delivery of personalized learning to all students. Inspire students to explore their gifts and prepare them for the future. Engage families and community while capturing kids hearts and captivating their minds. Go Pirates!----------Garantizar la innovaciÃ³n en todo el distrito a travÃ©s del desarrollo y la entrega de aprendizaje diferenciado y personalizado a todos los estudiantes. Inspire a los estudiantes a explorar sus dones y prepÃ¡relos para el futuro. Involucrar a las familias y la comunidad mientras captura los corazones de los niÃ±os y cautiva sus mentes.

https://www.pirates.monte.k12.co.us/
Referral Required: No
Physical Address: 59 N Broadway, Monte Vista
Contact: Receptionist
(719) 852-5996
Email: noemail@nothing.com

Monte Vista Workforce Center
The workforce center can help you find a job and learn about training opportunities, including apprenticeships. Some centers have people who specialize in helping people with a criminal history with their job search. Call and ask to make an appointment with a specialist. If you are between ages 18 and 24, be sure to ask about job opportunities for young adults and youth.---------- El centro de trabajo puede ayudarlo a encontrar un trabajo y obtener mas informacion sobre las oportunidades de capacitacion, incluyendo pasantias, algunos centros tienen personas que se especializan en mentiras para ayuda a las personas con antecedentes penales con su busqueda de empleo llame y pida una cita un especialista si tiene entre 18 y 24 anos. Asegurese de preguntar sobre

oportunidades de trabajo para jovenes adultos y jovenes.

https://www.colorado.gov/pacific/cdle/wfc
Referral Required: No
Service Limits: Hours: Monday - Friday: 8 am - 12 pm and 1 pm - 5 pm.----------Horario: Lunes - Viernes: 8 am - 12 pm y 1 pm - 5 pm.
Physical Address: 2079 Sherman Avenue, Monte Vista
Contact: Receptionist
(719) 852-5171
Email: cdle_monte_vista_wfc@state.co.us

Mountain Ride LLC
Non-Emergency Medical Transportation. If you have Medicaid we provide free ride through Medicaid. Open 24/7/365.---------- Transporte medico que no sea de emergencia. Si tiene Medicaid, le brindamos viaje gratuito a traves de Medicaid. Abierto 24/7/365.

Referral Required: No
Physical Address: 2036 Zane Pl. , Colorado Springs
Contact: Dispatch
(719) 400-5635
Email: mountaintransportation19@gmail.com

Mountain Valley School District
Mountain Valley School strives to create a welcome, safe and healthy environment that inspires lifelong learners who are Positive, Ethical, Accountable and Kind.----------Mountain Valley School se esfuerza por crear un ambiente acogedor, seguro y saludable que inspire a estudiantes de por vida que sean positivos, ticos, responsables y amables.

https://www.mountainvalleyschool.org/en-US
Referral Required: No
Physical Address: 403 Pitkin AVE , Saguache
Contact: Receptionist
(719) 655-2578
Email: stagnerb@valley.k12.co.us

Mountain Valley Transit
Mountain Valley Transit (aka Chaffee Shuttle) is a FREE non-profit shared ride and public transit service offering fixed bus route services in the San Luis Valley. The Eagle Line runs round-trips on Tuesdays from Saguache to Salida and on Wednesdays from KV Estates to Alamosa (719-530-1167). The Pronghorn Line runs round-trips on Thursdays from Creede to Alamosa and on Fridays from Saguache to Alamosa with a morning Bustang connection in Moffat (719-207-3641). Transportation is provided for medical appointments, work, shopping, and social activities. Mountain Valley Transit requires children 12 to 18 years old riding the bus without a parent or guardian to have a permission form on file. Although our services are free, donations are appreciated and help ensure that we can maintain our operations for the community. Dispatch is available Monday - Friday 8 am - 4 pm. An Antonito to Alamosa Route on Monday's and Fridays starts on November 27, 2023.---------- Mountain Valley Transit (tambiÃ©n conocido como Chaffee Shuttle) es un servicio de transporte pÃºblico y de viaje compartido GRATUITO y sin fines de lucro que ofrece servicios de rutas fijas de autobÃºs en el Valle de San Luis. Eagle Line realiza viajes de ida y vuelta los martes desde Saguache a Salida y los miÃ©rcoles desde KV Estates a Alamosa (719-530-1167). La lÃ-nea Pronghorn realiza viajes de ida y vuelta los jueves desde Creede a

Alamosa y los viernes desde Saguache a Alamosa con una conexiÃ³n matutina con Bustang en Moffat (719-207-3641). Se proporciona transporte para citas mÃ©dicas, trabajo, compras y actividades sociales. Mountain Valley Transit requiere que los niÃ±os de 12 a 18 aÃ±os que viajan en autobÃºs sin un padre o tutor tengan un formulario de permiso archivado. Aunque nuestros servicios son gratuitos, las donaciones son apreciadas y ayudan a garantizar que podamos mantener nuestras operaciones para la comunidad. El envÃ-o estÃ¡ disponible de lunes a viernes de 8 am a 4 pm. Una ruta de Antonito a Alamosa los lunes y viernes comienza el 27 de noviembre de 2023.

http://www.mountainvalleytransit.com
Referral Required: No
Service Limits: Dispatch is available Monday - Friday 8 am - 4 pm.----------El envÃ-o estÃ¡ disponible de lunes a viernes de 8 am a 4 pm.
Physical Address: 54 Jones Avenue, Salida
Contact: Dispatch
(719) 530-8980

National Domestic Violence Hotline
Call the hotline: 800-799-7233. Highly-trained advocates are available 24/7/365 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.---------- En Espanol: https://espanol.thehotline.org/# TTY 800-787-3224. Llame a la lÃ-nea directa: 800-799-7233. Defensores altamente capacitados estÃ¡n disponibles las 24 horas del dÃ-a, los 7 dÃ-as de la semana, los 365 dÃ-as del aÃ±o para hablar con confianza con cualquier persona que experimente violencia domÃ©stica. buscar recursos o informaciÃ³n, o cuestionar aspectos poco saludables de su relaciÃ³n.

https://www.thehotline.org/identify-abuse/
Referral Required: No
(800) 799-7233

North Conejos School District
The mission of the North Conejos School District is to provide a safe, nurturing learning environment where diversity is celebrated, mutual respect among adults and children is practiced and where school and communities are seen as valued partners in creating the foundation for lifelong learning.----------La misiÃ³n del Distrito Escolar de North Conejos es proporcionar un entorno de aprendizaje seguro y enriquecedor donde se celebre la diversidad, se practique el respeto mutuo entre adultos y niÃ±os y donde la escuela y las comunidades sean vistas como socios valiosos en la creaciÃ³n de la base para el aprendizaje permanente.

https://www.northconejos.com/
Referral Required: No
Physical Address: 17887 US HWY 285, La Jara
Contact: Receptionist
(719) 274-5174
Email: noemail@nothing.com

Nutrition
Get help with your nutrition: Nutrition Classes: Colorado State University Extension Service For more information or to sign up, contact Alicia Wagar, EFNEP Educator 719-852-7382 or Alicia.Wagar@ColoState.Edu. Children's nutrition resources: in English https://www.healthychildren.org/english/healthy-living/nutrition/pages/default.aspx Healthy Eating and Active Living (HEAL) Toolkit for Community Educators:

http://www.santacruzhealth.org/Portals/7/Pdfs/SNapEd/Community%20Toolkit%20Complete.pdf (87 page download to YOUR computer on nutrition!) The San Luis Valley Local Foods Coalition: to foster an equitable local food system that restores the health of the people, community, economy and ecosystem. Double Up Food Bucks allows SNAP users to effectively double the reach of their SNAP dollars when used on Colorado produce. For more info call 719-937-2319 or email slvlocalfoods@gmail.com. Healthy Habits is a project of the San Luis Valley Local Foods Coalition; with a goal to promote a healthy diet that is rich in fruits, vegetables and other healthy local foods. Healthy Habits grew out of a collaborative of dedicated community members that has promoted access to healthy, seasonally fresh produce in the San Luis Valley since 1996. ----------Obtenga ayuda con su nutriciÃ³n: Clases de nutriciÃ³n: Servicio de ExtensiÃ³n de la Universidad Estatal de Colorado Para obtener mÃ¡s informaciÃ³n o inscribirse, comunÃ-quese con Alicia Wagar, Educadora de EFNEP 719-852-7382 o Alicia.Wagar@ColoState.Edu Recursos de nutriciÃ³n infantil en Ingles: https://www.healthychildren.org/english/healthy-living/nutrition/pages/default.aspx Kit de herramientas sobre alimentaciÃ³n saludable y vida activa (HEAL) para educadores comunitarios: http://www.santacruzhealth.org/Portals/7/Pdfs/SNapEd/Community%20Toolkit%20Complete.pdf (Â¡87 pÃ¡ginas sobre nutriciÃ³n!). CoaliciÃ³n de Alimentos Locales del Valle de San Luis: para fomentar un sistema alimentario local equitativo que restablezca la salud de las personas, la comunidad, la economÃ-a y el ecosistema. Double Up Food Bucks permite a los usuarios de SNAP duplicar efectivamente el alcance de sus dÃ³lares SNAP cuando se usan en productos agrÃ-colas de Colorado. Para obtener mÃ¡s informaciÃ³n, llame al 719-937-2319 o envÃ-e un correo electrÃ³nico a slvlocalfoods@gmail.com. HÃ¡bitos Saludables es un proyecto de la CoaliciÃ³n de Alimentos Locales del Valle de San Luis; con el objetivo de promover una dieta saludable rica en frutas, verduras y otros alimentos locales saludables. Healthy Habits surgiÃ³ de una colaboraciÃ³n de miembros dedicados de la comunidad que ha promovido el acceso a productos frescos y saludables de temporada en el Valle de San Luis desde 1996.

https://www.nutrition.gov/
Referral Required: No

Options for Long Term Care Program (Alamosa, Costilla, Conejos, Mineral, Rio Grande and Saguache Counties)

The OLTC program assists Medicaid-eligible elderly, blind and disabled residents of the San Luis Valley to access services to stay in their homes. Case managers assess and assist clients to access services such as personal care, homemaking, home modifications, adult day services, non-medical transportation and client-directed attendant support services, CDASS, home care allowance, and respite care. For Medicaid-eligible elderly, blind or disabled persons only. Our toll-free number is 800-346-4643. For an intake interview appointment write to CMAIntake@uhc.com ---------- El programa OLTC ayuda a los residentes ancianos, ciegos y discapacitados del Valle de San Luis elegibles para Medicaid a acceder a los servicios para permanecer en sus hogares. Los administradores de casos evalÃºan y ayudan a los clientes a acceder a servicios como cuidado personal, tareas domÃ©sticas, modificaciones en el hogar, servicios diurnos para adultos, transporte no mÃ©dico y servicios de apoyo de asistentes dirigidos por el cliente, CDASS, subsidio de atenciÃ³n domiciliaria y cuidado de relevo. Solo para personas mayores, ciegas o discapacitadas elegibles para Medicaid. Nuestro nÃºmero gratuito es 800-346-4643. Para una cita para la entrevista de admisiÃ³n, escriba a CMAIntake@uhc.com

https://rmhp.org/programs/cma/
Referral Required: No
Service Limits: For Medicaid-eligible elderly, blind or disabled persons only.----------Solo para personas mayores, ciegas o discapacitadas elegibles para Medicaid.
Physical Address: 609 Main Street, Suite 1, Alamosa
Contact: Receptionist

(970) 243-7050
Email: CMA_RMPH@uhc.com

PALS Childrens Program
The PALS Children's Program is a licensed after-school and summer program for children in kindergarten through fifth grade who have high social-emotional needs. The program is tailored to the needs and interests of each child. PALS is designed to empower children by strengthening their sense of self, connecting to family and engagement with their community. Through creative activities and enriching experiences, PALS encourages personal growth, self expression and resilience. PALS offers family support in the form of goal-setting,Â educational opportunities for families, and collaboration with community organizations. PALS graduates can apply to support the program by mentoring, attending field trips and engaging in community service.---------- El Programa Infantil PALS es un programa extracurricular y de verano con licencia para niÃ±os desde el jardÃ-n de infantes hasta el quinto grado que tienen altas necesidades socioemocionales. El programa se adapta a las necesidades e intereses de cada niÃ±o. PALS estÃ¡ diseÃ±ado para empoderar a los niÃ±os fortaleciendo su sentido de identidad, conectÃ¡ndose con la familia y comprometiÃ©ndose con su comunidad. A travÃ©s de actividades creativas y experiencias enriquecedoras, PALS fomenta el crecimiento personal, la autoexpresiÃ³n y la resiliencia. PALS ofrece apoyo familiar en forma de establecimiento de metas, oportunidades educativas para las familias y colaboraciÃ³n con organizaciones comunitarias. Los graduados de PALS pueden solicitar apoyo al programa mediante la tutorÃ-a, la asistencia a excursiones y la participaciÃ³n en el servicio comunitario.

https://lapuentehome.org/pals/
Referral Required: Yes | Referral Method: Phone
Service Limits: For children outside the Alamosa area parents must provide transportation. Program is available for all eligible SLV children.----------Para los niÃ±os fuera del Ã¡rea de Alamosa, los padres deben proporcionar transporte. El programa estÃ¡ disponible para to
Physical Address: 330 San Juan Ave., Alamosa
Contact: Receptionist
(719) 589-5909
Email: director.pals@lapuente.net

Parents As Teachers Home Visiting Program
Parents as Teachers promotes the optimal early development, learning and health of young children by supporting and engaging their parents and caregivers. We advance the delivery of high quality services for families through a comprehensive system of supports and innovative solutions. This is a program of the Early Childhood Council of the San Luis Valley.---------- Parents as Teachers promueve el desarrollo temprano, el aprendizaje y la salud Ã³ptimos de los niÃ±os pequeÃ±os apoyando e involucrando a sus padres y cuidadores. Avanzamos en la prestaciÃ³n de servicios de alta calidad para las familias a travÃ©s de un sistema integral de apoyos y soluciones innovadoras. Este es un programa del Consejo de Primera Infancia del Valle de San Luis.

https://eccslv.org/
Referral Required: No
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Esther
(719) 937-4010
Email: Pathv4@eccslv.org

Partnership for Healthy Teen Sexuality Curriculum - FLASH
Alamosa County Public Health nurses provide sexual education presentations in the Alamosa High School classroom setting as part of the Health Class curriculum. FLASH is a widely used sexual health education

curriculum developed by Public Health. FLASH is available for high school classrooms. The Family Living and Sexual Health (FLASH) curriculum is designed to prevent teen pregnancy, STDs, and sexual violence, and to increase knowledge about the reproductive system and puberty. High School FLASH has been proven effective by rigorous evaluation. FLASH is unique in many ways. It is a proven, evidence-based sexual health education curriculum designed to prevent pregnancy, STDs and sexual violence. It is deigned to be used in school classrooms, as a part of a health unit, although it can be successfully implemented in a variety of environments. It does not require training, and provides substantial teacher support so that it can be immediately implemented by any school that is ready. It includes a strong family involvement component, creating opportunities for families to talk with their children about important sexual health topics. It is an inclusive curriculum, including examples and activities that will resonate with youth from a variety of geographical regions, racial identities, and sexual orientations. It is highly interactive and is respectful of students with a variety of sexual experiences.----------Las enfermeras de Salud PÃºblica del Condado de Alamosa brindan presentaciones de educaciÃ³n sexual en el salÃ³n de clases de la Escuela Secundaria de Alamosa como parte del plan de estudios de la Clase de Salud. FLASH es un plan de estudios de educaciÃ³n sobre salud sexual ampliamente utilizado desarrollado por Salud PÃºblica. El plan de estudios de Vida Familiar y Salud Sexual (FLASH) estÃ¡ diseÃ±ado para prevenir el embarazo en adolescentes, las ETS y la violencia sexual, y para aumentar el conocimiento sobre el sistema reproductivo y la pubertad. FLASH estÃ¡ disponible para aulas de preparatoria. FLASH para escuelas secundarias ha demostrado su eficacia mediante una evaluaciÃ³n rigurosa. FLASH es Ãºnico en muchos sentidos. Es un plan de estudios de educaciÃ³n sobre salud sexual probado y basado en evidencia diseÃ±ado para prevenir el embarazo, las ETS y la violencia sexual. EstÃ¡ diseÃ±ado para ser utilizado en aulas escolares, como parte de una unidad de salud, aunque puede implementarse con Ã©xito en una variedad de entornos. No requiere capacitaciÃ³n y proporciona un apoyo sustancial a los docentes para que cualquier escuela que estÃ© preparada pueda implementarlo de inmediato. Incluye un fuerte componente de participaciÃ³n familiar, creando oportunidades para que las familias hablen con sus hijos sobre temas importantes de salud sexual. Es un plan de estudios inclusivo, que incluye ejemplos y actividades que resonarÃ¡n en jÃ³venes de una variedad de regiones geogrÃ¡ficas, identidades raciales y orientaciones sexuales. Es muy interactivo y respetuoso con los estudiantes con una variedad de experiencias sexuales.

http://www.kingcounty.gov/depts/health/locations/family-planning/education/FLASH/about-FLASH.aspx
Referral Required: No
Service Limits: Curriculum can be used in schools or for other groups----------El plan de estudios se puede utilizar en escuelas o para otros grupos.
Physical Address: Alamosa County Public Health Department, 8900B Independence Way, Alamosa
Contact: Sherri
(719) 589-6639
Email: ssage@alamosacounty.org

Planned Parenthood of Salida

Birth control is available at Planned Parenthood of Salida. Planned Parenthood is the leading provider of high-quality, affordable health care, and the nation's largest provider of sex education. Check out the website for more information Birth Control, Cancer, Emergency Contraception, Gender Identity, Health and Wellness, Pregnancy, Sex and Relationships, Sexual Orientation and Sexually Transmitted Infections (STDs). Talk with Planned Parenthood staff online or at your local health center to help you get the care you need. Make an appointment online or call 1-800-230-PLAN. Download the Planned Parenthood Direct App. Chat online or text PPNOW to 77636 to get information on pregnancy, birth control, emergency contraception, STD's and abortion. Birth control methods may require an office visit fee: $62.00 - $80.00. Most insurance is accepted. If you are uninsured, you may be eligible to receive financial assistance for your procedure. You can confidentially find out if you qualify by calling us at (719) 539-7291. If you are eligible for financial assistance you may be asked to

bring documentation with you to the health center. Some services are available at walk-in visits.---------- El control de la natalidad estÃ¡ disponible en Planned Parenthood de Salida. Planned Parenthood es el proveedor lÃ-der de atenciÃ³n mÃ©dica asequible y de alta calidad, y el mayor proveedor de educaciÃ³n sexual del paÃ-s. Visite el sitio web para obtener mÃ¡s informaciÃ³n sobre anticonceptivos, cÃ¡ncer, anticoncepciÃ³n de emergencia, identidad de gÃ©nero, salud y bienestar, embarazo, sexo y relaciones, orientaciÃ³n sexual e infecciones de transmisiÃ³n sexual (ETS). Hable con el personal de Planned Parenthood en lÃ-nea o en su centro de salud local para que le ayuden a obtener la atenciÃ³n que necesita. Haga una cita en lÃ-nea o llame al 1-800-230-PLAN. Descargue la aplicaciÃ³n Planned Parenthood Direct. Chatea en lÃ-nea o envÃ-a un mensaje de texto con PPNOW al 77636 para obtener informaciÃ³n sobre embarazo, anticonceptivos, anticoncepciÃ³n de emergencia, enfermedades de transmisiÃ³n sexual y aborto. Los mÃ©todos anticonceptivos pueden requerir una tarifa de visita al consultorio: $62.00 - $80.00. Se aceptan la mayorÃ-a de los seguros. Si no tiene seguro, puede ser elegible para recibir asistencia financiera para su procedimiento. Puede averiguar de manera confidencial si califica llamÃ¡ndonos al (719) 539-7291. Si es elegible para recibir asistencia financiera, es posible que se le solicite que traiga documentaciÃ³n al centro de salud. Algunos servicios estÃ¡n disponibles en visitas sin cita previa.

https://www.plannedparenthood.org/health-center/colorado/salida/81201/salida-2277-90210/birth-control
Referral Required: No
Service Limits: Open 9am to 5pm on Wednesdays, Thursdays and Fridays.----------Abierto de 9 a 17 horas los miÃ©rcoles, jueves y viernes.
Physical Address: 248 E. 1st St., Salida
Contact: Receptionist
(719) 539-7291

Por Ti Misma SLVIRC Immigrant Crime Victim Assistance
The SLV Immigrant Resource Center offers the Por Ti Misma program assisting immigrant survivors /crime victims. We prepare all necessary paperwork for work authorization and legal residence, and then submit paperwork to USCIS. We provide referrals for support and counseling in domestic violence and sexual abuse cases. We assist crime victims to apply for VAWA or the U-visa if eligible and help survivors of crime increase access and retain safe, long-term housing. Confidentiality is assured. Non-governmental and services provided free of charge.---------- ESPANOL: El Centro de Recursos para Inmigrantes SLV ofrece el programa Por Ti Misma que ayuda a inmigrantes sobrevivientes y vÃ-ctimas de delitos. Preparamos toda la documentaciÃ³n necesaria para la autorizaciÃ³n de trabajo y residencia legal, y luego la presentamos a USCIS. Proporcionamos referencias para apoyo y asesoramiento en casos de violencia domÃ©stica y abuso sexual. Ayudamos a las vÃ-ctimas de delitos a solicitar VAWA y la visa U si son elegibles y ayudamos a los sobrevivientes de delitos a aumentar el acceso y conservar una vivienda segura a largo plazo. La confidencialidad estÃ¡ asegurada. No gubernamental. Gratis.

https://slvirc.org
Referral Required: No
Service Limits: Monday - Friday 9:00am - 5:00pm Closed for lunch 12:30pm - 1:30pm----------Lunes - Viernes 9:00 am - 5:00 pm Cerrado para el almuerzo 12:30 pm - 1:30 pm
Physical Address: 225 Sixth Street Suite B, Alamosa
Contact: Receptionist
(719) 587-3225
Email: irc@slvirc.org

Punto de Vista SLVIRC English and Spanish Language Education

The SLV Immigrant Resource Center offers the Punto de Vista program providing outreach and education opportunities to immigrants in the San Luis Valley. We are working toward better communication and awareness between the immigrant community and the broader SLV community. We provide English as a Second Language classes, coordinate tutors when extra assistance is needed and coordinate an after-school tutoring program for children of immigrants. Non-governmental.---------- ESPANOL: El Centro de Recursos para Inmigrantes de SLV ofrece el programa Punto de Vista que brinda oportunidades de extensiÃ³n y educaciÃ³n a inmigrantes en el Valle de San Luis. Estamos trabajando para lograr una mejor comunicaciÃ³n y concientizaciÃ³n entre la comunidad inmigrante y la comunidad SLV en general. Brindamos clases de inglÃ©s como segundo idioma, coordinamos tutores cuando se necesita asistencia adicional y coordinamos un programa de tutorÃ-a despuÃ©s de la escuela para hijos de inmigrantes. No gubernamental.

https://slvirc.org/ o en Espanol https://slvirc.org/HomeEspanol.php
Referral Required: No
Service Limits: Monday - Friday 9:00am - 5:00pm Closed for lunch 12:30pm - 1:30pm---------Lunes - Viernes 9:00 am - 5:00 pm Cerrado para el almuerzo 12:30 pm - 1:30 pm
Physical Address: 225 6th Street, Suite B, Alamosa
Contact: Receptionist
(719) 587-3225
Email: irc@slvirc.org

Radon
Find out about radon at this website.---------- (Obtenga mÃ¡s informaciÃ³n sobre el radÃ³n en este sitio web.)

https://www.epa.gov/radon
Referral Required: No

RAINN Sexual Assault Hotline
Anyone affected by sexual assault, whether it happened to you or someone you care about, can find support from online.rainn.org. You can also call the National Sexual Assault Hotline at 800.656.HOPE (4673) to be connected with someone over the phone who can help. Whether you're looking for support, information, advice, or a referral, our trained support specialists are ready to help. OR, visit online.rainn.org to CHAT one-on-one with a trained RAINN support specialist, any time 24/7. We have someone to help you talk through what happened, resources that can assist with your next steps toward healing and recovery, referrals for long term support in your area and information about the laws and resources in your community.---------- Cualquier persona afectada por una agresiÃ³n sexual, ya sea que le haya sucedido a usted o a un ser querido, puede encontrar apoyo en online.rainn.org. TambiÃ©n puede llamar a la LÃ-nea Directa Nacional de AgresiÃ³n Sexual al 800.656.HOPE (4673) para comunicarse con alguien por telÃ©fono que pueda ayudarlo. Ya sea que estÃ© buscando apoyo, informaciÃ³n, asesoramiento o una referencia, nuestros especialistas en soporte capacitados estÃ¡n listos para ayudarlo. O bien, visite online.rainn.org para CHATEAR uno a uno con un especialista de soporte capacitado de RAINN, en cualquier momento las 24 horas del dÃ-a, los 7 dÃ-as de la semana. Tenemos a alguien que lo ayuda a hablar sobre lo que sucediÃ³, recursos que pueden ayudarlo con sus prÃ³ximos pasos hacia la curaciÃ³n y la recuperaciÃ³n, referencias para apoyo a largo plazo en su Ã¡rea e informaciÃ³n sobre las leyes y los recursos en su comunidad.

https://hotline.rainn.org/
Referral Required: No
(800) 656-4673

Re-Threads Resource Center

Re-Threads connects individuals to what they need to make their house a home. Re-Threads is a free community resource to ensure everyone can access clothes, home goods, toiletries and other necessities which we all enjoy in our own homes. Re-Threads is a La Puente program.---------- Re-Threads conecta a las personas con lo que necesitan para hacer de su casa un hogar. Re-Threads es un recurso comunitario gratuito para garantizar que todos puedan acceder a ropa, artÃ-culos para el hogar, artÃ-culos de tocador y otras necesidades que todos disfrutamos en nuestros propios hogares. Re-Threads es un programa de La Puente.

http://lapuentehome.org/rethreads/
Referral Required: No
Physical Address: 511 6th Ave. , Alamosa
Contact: Judy
(719) 588-9052
Email: rethreads@lapuente.net

Resource Navigation -- Boys and Girls Club of the SLV
We offer case management and care coordination for individuals and families needing support. No cost, no insurance required, no referral needed. We can connect with any resource in the SLV. We may be able to assist with transportation needs. This service is available to everyone, even if you don't have children. We are not a crisis service. If you have an emergency call 911. Ofrecemos administraciÃ³n de casos y coordinaciÃ³n de atenciÃ³n para personas y familias que necesitan apoyo. Sin costo, no se requiere seguro, no se necesita referencia. Podemos conectarnos con cualquier recurso en el SLV. Es posible que podamos ayudarlo con las necesidades de transporte. Este servicio estÃ¡ disponible para todos, incluso si no tiene hijos. No somos un servicio de crisis. Si tiene una emergencia, llame al 911.

https://www.bgcslv.org/healthnav
Referral Required: No
Service Limits: Open Monday - Friday, closed some holidays
Physical Address: 512 San Juan Avenue, Alamosa
Contact: Jonathan
(719) 588-2578
Email: casemanager@bgcslv.org

Resources for Veterans (National Veterans Foundation) Get help here.
Veteran Resources - Legal, Health, Housing, Benefits, Social, Employment and Crisis help are all included to help veterans and more. National Veterans Foundation's mission is to serve the crisis management, information and referral needs of all U.S. Veterans and their families through management and operation of the nation's oldest toll-free, vet-to-vet helpline for all Veterans and their families. Outreach services that provide Veterans and families in need with food, clothing, transportation, employment and other essential resources. Public awareness programs that shine a consistent spotlight on the needs of America's Veterans.The Lifeline for Vets helps Veterans of all eras, their family members and active duty service members, some while serving overseas in combat deployments. The Lifeline for Vets assists Veterans with needs including medical treatment, PTSD counseling, VA benefits advocacy, food, shelter, employment, training, legal aid, suicide intervention and more. We have a list of over 50 Veteran resources. If you have a specific question or situation not addressed by the above resources please call the Lifeline for Vets at 888-777-4443.----------Recursos para veteranos: se incluyen ayuda legal, de salud, de vivienda, de beneficios, social, de empleo y de crisis para ayudar a los veteranos y mÃ¡s. La misiÃ³n de la FundaciÃ³n Nacional de Veteranos es atender las necesidades de gestiÃ³n de crisis, informaciÃ³n y referencias de todos los veteranos de EE. UU. y sus familias a travÃ©s de la gestiÃ³n y operaciÃ³n de la lÃ-nea de ayuda gratuita de veterinario a veterinario mÃ¡s antigua del paÃ-s para todos los veteranos y sus familias. Servicios de

extensiÃ³n que brindan a los veteranos y a las familias necesitadas alimentos, ropa, transporte, empleo y otros recursos esenciales. Programas de concientizaciÃ³n pÃºblica que destacan constantemente las necesidades de los veteranos de Estados Unidos. Lifeline for Vets ayuda a los veteranos de todas las Ã©pocas, a sus familiares y a los miembros del servicio activo, algunos mientras sirven en el extranjero en despliegues de combate. Lifeline for Vets ayuda a los veteranos con necesidades que incluyen tratamiento mÃ©dico, asesoramiento sobre el trastorno de estrÃ©s postraumÃ¡tico, defensa de los beneficios de VA, alimentaciÃ³n, refugio, empleo, capacitaciÃ³n, asistencia jurÃ-dica, intervenciÃ³n contra el suicidio y mÃ¡s. Tenemos una lista de mÃ¡s de 50 recursos para veteranos. Si tiene una pregunta o situaciÃ³n especÃ-fica que no se aborda en los recursos anteriores, llame a Lifeline for Vets al 888-777-4443.

https://nvf.org/veteran-resources/
Referral Required: No | Referral Method: Email
(888) 777-4443

Rio Grande County and Mineral County Department of Social Services
To apply for any of our programs you may come into our office and pick up an application or fill-out and print an application online. Apply for food assistance, medicaid, long-term care, Children's Health Plan (CHP), financial services -- Colorado Works, State Aid to the Needy and Disabled (AND) (transition to Social Security Income), Old Age Pension (OAP). Help with Child Support. Se habla espanol. Some programs require citizenship. See our website for more information. We serve both Rio Grande and Mineral counties. Staff from the Del Norte Offices are in Mineral County on the first Tuesday of every month from 1 pm to 3 pm in the Public Health office in Creede at 802 Rio Grande Ave. If you want to make an appointment to visit when staff is in Creede please call 719-658-3381.---------- Para solicitar cualquiera de nuestros programas, puede venir a nuestra oficina y recoger una solicitud o completar e imprimir una solicitud en lÃ-nea. Solicite asistencia alimentaria, Medicaid, atenciÃ³n a largo plazo, Plan de salud infantil (CHP), servicios financieros: Colorado Works, Ayuda estatal para los necesitados y discapacitados (AND) (transiciÃ³n a los ingresos del Seguro Social), PensiÃ³n de vejez (OAP) . Ayuda con manutenciÃ³n infantil. Se habla espaÃ±ol. Algunos programas requieren ciudadanÃ-a. Vea nuestra pÃ¡gina web para mas informaciÃ³n. Servimos a los condados de Rio Grande y Mineral. El personal de las oficinas de Del Norte estÃ¡ en el condado de Mineral el primer martes de cada mes de 1 pm a 3 pm en la oficina de Salud PÃºblica en Creede en 802 Rio Grande Ave. Si desea programar una cita para visitar cuando el personal estÃ© en Creede por favor llame al 719-658-3381.

https://www.riograndecounty.org/social-services
Referral Required: No
Service Limits: In Del Norte: Open Monday - Friday 8:00 am - 4:00 pm. In Mineral County: Closed on federal holidays. ----------En Del Norte: Abierto de lunes a viernes de 8:00 am a 4:00 pm. En el condado de Mineral: cerrado los dÃ-as festivos federales.
Physical Address: 1015 6th Street, Del Norte
Contact: Receptionist
(719) 657-3381

Rio Grande County Immunization Program
Immunization Program provides vital immunizations to clients from birth to adulthood. We can bill many health insurances. We can also work with individuals and families who do not have health insurance.---------- programa de inmunizacion proporciona inmunizaciones vitales a los clientes desde el nacimiento hasta la edad adulta. podemos facturar muchos seguros de salud. tambien podemos trabajar con individuos y familia que no tienen seguro medico.

http://www.riograndecounty.org/public-health
Referral Required: No
Physical Address: 925 6th St , Room 101, Del Norte
Contact: Dianne
(719) 657-3352
Email: dianne.koshak@riograndecounty.org

Rio Grande County Public Health Tuberculosis Testing
We provide Tuberculin Skin Tests required for employment in health care and child care settings.---------- proporcionamos pruebas cutaneas de tuberculina requeridas para el empleo en entornos de cuidado de la salud y cuidado infantil.

https://www.riograndecounty.org/public-health
Referral Required: No
Physical Address: 925 6th St , Room 101, Del Norte
Contact: Dianne
(719) 657-3352
Email: dianne.koshak@riograndecounty.org

Rio Grande Hospital and Clinics
We are more than an emergency room - we are also a hospital with health-care providers. Our specialties include Dermatology, Physical Therapy, Wound Care, Hyperbaric Oxygen Therapy, Addiction Recovery Clinic, Orthopedics, Pain Management, Infectious Disease, Vasectomy Clinic, and Geriatrics. We offer Cardiac Rehabilitation, Colonoscopies, Laboratory, Pulmonary Rehabilitation, Radiology, Surgery, Swing Bed Program, Ultrasound and more. There is an on-site pharmacy with delivery service available for most prescriptions to one of our clinics. Our primary care clinics are located in Del Norte, Monte Vista, South Fork, and Creede. Our Wellness Center is NOW OPEN. The Wellness Center is to advance health, wellness, and healing, moving beyond sick care treatment to prevention and well-being. The facility includes: A kitchen for healthy cooking and educational classes for healthy eating, Fitness room to try out different equipment, Private meditation rooms, Meeting rooms, a community lounge, a large community conference room, other patients, community, and staff-focused amenities. These features will all be connected by an educational hallway displaying instructional information on nutrition and mindfulness. For more information, call the Wellness Center Manager, Eric Valdez at 719-657-3880. Sign up for our newsletter on our website: https://riograndehospitalwellness.org/ Rio Grande Hospital is part of Valley Citizens Foundation for Healthcare, Inc., a community non-profit organization whose purpose is to provide health care to the Western San Luis Valley. The tradition of hospital care at Del Norte started when St. Josephs Hospital opened in 1907. St. Josephs closed its doors in 1993. In 1996, Rio Grande Hospital at Del Norte re-opened at the old St. Joseph Hospital Building. The Rio Grande Hospital moved to its present location on August 11, 2004. The originally ten-million-dollar facility has grown since its opening. Rio Grande Hospital is dedicated to helping you get back to enjoying life to the fullest. Our commitment to bringing state of the art, innovative medical practices, and a compassionate team come together to bring you the best care in the San Luis Valley. Our team of specialists provide world-class care right here. ---------- Somos mÃ¡s que una sala de emergencias, tambiÃ©n somos un hospital con proveedores de atenciÃ³n mÃ©dica. Nuestras especialidades incluyen DermatologÃ-a, Fisioterapia, Cuidado de Heridas, Oxigenoterapia HiperbÃ¡rica, ClÃ-nica de RecuperaciÃ³n de Adicciones, Ortopedia, Manejo del Dolor, Enfermedades Infecciosas, ClÃ-nica de VasectomÃ-a y GeriatrÃ-a. Ofrecemos RehabilitaciÃ³n CardÃ-aca, Colonoscopias, Laboratorio, RehabilitaciÃ³n Pulmonar, RadiologÃ-a, CirugÃ-a, Programa de Cama Columpio, Ultrasonido y mÃ¡s. Hay una farmacia en el lugar con servicio de entrega disponible para la mayorÃ-a de las recetas en una de nuestras clÃ-nicas. Nuestras clÃ-nicas de atenciÃ³n primaria estÃ¡n ubicadas en Del Norte, Monte Vista, South Fork y Creede. Nuestro Centro

de Bienestar ya estÃ¡ ABIERTO. El Centro de Bienestar tiene como objetivo promover la salud, el bienestar y la curaciÃ³n, yendo mÃ¡s allÃ¡ del tratamiento de atenciÃ³n mÃ©dica para la prevenciÃ³n y el bienestar. Las instalaciones incluyen: Una cocina para cocinar de forma saludable y clases educativas para una alimentaciÃ³n saludable, Sala de fitness para probar diferentes equipos, Salas de meditaciÃ³n privadas, salas de reuniones, un salÃ³n comunitario, una gran sala de conferencias comunitaria, otros pacientes, comunidad y servicios centrados en el personal. Todas estas caracterÃ-sticas estarÃ¡n conectadas por un pasillo educativo que mostrarÃ¡ informaciÃ³n instructiva sobre nutriciÃ³n y atenciÃ³n plena. Para obtener mÃ¡s informaciÃ³n, llame al Gerente del Centro de Bienestar, Eric Valdez al 719-657-3880. SuscrÃ-base a nuestro boletÃ-n en nuestro sitio web: https://riograndehospitalwellness.org/ Rio Grande Hospital es parte de Valley Citizens Foundation for Healthcare, Inc., una organizaciÃ³n comunitaria sin fines de lucro cuyo propÃ³sito es brindar atenciÃ³n mÃ©dica al oeste del Valle de San Luis. La tradiciÃ³n de la atenciÃ³n hospitalaria en Del Norte comenzÃ³ cuando el Hospital St. Josephs abriÃ³ sus puertas en 1907. St. Josephs cerrÃ³ sus puertas en 1993. En 1996, el Hospital de RÃ-o Grande en Del Norte reabriÃ³ sus puertas en el antiguo edificio del Hospital St. Joseph. El Hospital de RÃ-o Grande se trasladÃ³ a su ubicaciÃ³n actual el 11 de agosto de 2004. La instalaciÃ³n, que originalmente costaba diez millones de dÃ³lares, ha crecido desde su apertura. Rio Grande Hospital se dedica a ayudarlo a volver a disfrutar de la vida al mÃ¡ximo. Nuestro compromiso de brindar prÃ¡cticas mÃ©dicas innovadoras y de vanguardia, y un equipo compasivo se unen para brindarle la mejor atenciÃ³n en el Valle de San Luis. Nuestro equipo de especialistas brinda atenciÃ³n de clase mundial aquÃ- mismo.

https://www.riograndehospital.org
Referral Required: No
Service Limits: Clinics may be closed on holidays.
Physical Address: 310 County Road 14, Del Norte
Contact: Amanda
(719) 657-4600
Email: aluna@riograndehospital.net

Rocky Mountain Crisis Hotline

Rocky Mountain Crisis services and the National Suicide Prevention Lifeline are available 365/24/7. All services are FREE. If you are in emotional distress or suicidal crisis or are concerned about someone who might be, we are here to help. Call 800-799-4889. Veterans press 1. Press 2 for Spanish. LGBTQ people under age 25 press 3. Deaf and Hard of Hearing call 800-799-4889. To text with a crisis counselor text 'TALK' to 38255. (Calls to 988 or 800-273-8255 will be routed to the Rocky Mountain Crisis line automatically.) Linea de crisis disponible 24/7. Marque el nÃºmero dos para escuchar en espaÃ±ol o llama 888-628-9454. Sordo y con problemas de audicion 800-799-4889. Check out Mental Health Colorado for other really good self-help resources: www.mentalhealthcolorado.org/help/ and www.nimh.nih.gov/health/topics/suicide-prevention OR, contact the San Luis Valley Behavioral Health Group slvbhg.org/ or call 719-589-3671. Another organization with good information to read for yourself: https://befrienders.org/ (Information is available en Espanol and many other languages.---------- Los servicios de crisis de las MontaÃ±as Rocosas y la LÃ-nea Nacional de PrevenciÃ³n del Suicidio estÃ¡n disponibles las 365 horas del dÃ-a, las 24 horas del dÃ-a, los 7 dÃ-as de la semana. Todos los servicios son GRATIS. Si se encuentra en angustia emocional o crisis suicida o estÃ¡ preocupado por alguien que podrÃ-a estarlo, estamos aquÃ- para ayudarlo. Llame al 800-799-4889. Veteranos presione 1. Presione 2 para espaÃ±ol. Personas LGBTQ menores de 25 aÃ±os presione 3. Personas sordas y con problemas de audiciÃ³n llamen al 800-799-4889. Para enviar un mensaje de texto a un asesor de crisis, envÃ-e "TALK" al 38255. (Las llamadas al 988 o al 800-273-8255 se enviarÃ¡n automÃ¡ticamente a la lÃ-nea de crisis de Rocky Mountain). LÃ-nea de crisis disponible las 24 horas, los 7 dÃ-as de la semana. Marque el nÃºmero dos para escuchar en espaÃ±ol o llame al 888-628-9454. Sordo y con problemas de audiciÃ³n 800-799-4889. Consulte Mental Health Colorado para conocer otros recursos de

autoayuda realmente buenos: www.mentalhealthcolorado.org/help/ y www.nimh.nih.gov/health/topics/suicide-prevention O bien, comunÃ-quese con San Luis Valley Behavioral Health Group slvbhg. org/ o llame al 719-589-3671. Otra organizaciÃ³n con buena informaciÃ³n para leer usted mismo: https://befrienders.org/ La informaciÃ³n estÃ¡ disponible en espaÃ±ol y en muchos otros idiomas.

https://rmcrisispartners.org/home/services/
Referral Required: No
(800) 799-4889
Email: http://befrienders.org/email.html

Rocky Mountain Poison Control Center
EMERGENCY ASSISTANCE-POLICE, FIRE, OR AMBULANCE DIAL 911- Our Vision: Saving Lives With Answers. Our Mission: RMPDS advances public health and improves access to care by providing knowledge and recommendations through teaching and research â€“ all with the goal of reducing toxicity, injury and disease. We serve the public, healthcare professionals, government agencies and corporate clients.----------ASISTENCIA DE EMERGENCIA: POLICÃ•A, BOMBEROS O AMBULANCIA MARQUE 911 - Nuestra visiÃ³n: Salvar vidas con respuestas. Nuestra misiÃ³n: RMPDS promueve la salud pÃºblica y mejora el acceso a la atenciÃ³n brindando conocimientos y recomendaciones a travÃ©s de la enseÃ±anza y la investigaciÃ³n, todo con el objetivo de reducir la toxicidad, las lesiones y las enfermedades. Atendemos al pÃºblico, profesionales de la salud, agencias gubernamentales y clientes corporativos.

https://www.copoisoncenter.org/
Referral Required: No
Physical Address: 1391 Speer Boulevard, Suite 600, Denver,
Contact: Receptionist
(800) 222-1222
Email: noemail@nothing.com

Runaway Hotline
The National Runaway Safe line is the national communications system designated by the United States federal government for runaway and homeless youth, their parents and families, teens in crisis, and others who might benefit from its services. It is confidential, anonymous, non-judgmental, non-directive, and free.----------La lÃ-nea National Runaway Safe es el sistema nacional de comunicaciones designado por el gobierno federal de los Estados Unidos para jÃ³venes fugitivos y sin hogar, sus padres y familias, adolescentes en crisis y otras personas que podrÃ-an beneficiarse de sus servicios. Es confidencial, anÃ³nimo, sin prejuicios, no directivo y gratuito.

https://www.nationalrunawaysafeline.org/
Referral Required: No
Physical Address: NA, Colorado
Contact: Receptionist
(800) 786-2929
Email: noemail@nothing.com

Rural Recovery Network
The Rural Recovery Network (RRN), formally SLVMAT, is a state-funded program for Medication Assisted Treatment (MAT) and opioid addiction recovery. Its mission is to help those struggling with opioid addiction in the San Luis Valley (Alamosa, Conejos, Costilla, Rio Grande, Mineral, Saguache, and Custer counties), reduce treatment barriers, speed up scheduling, and respond to the needs of each client. RRN works with a partnership of medical providers and community organizations across these counties. Most of the time, treatment happens in

primary medical care clinics. If your current family doctor is part of the program, RRN can help you begin treatment in a familiar setting. Our providers know it can be intimidating to realize you need to seek treatment for opioid addiction. Rural Colorado is a big place, and transportation to treatment is sometimes limited or unavailable. To reduce this barrier, RRN will first see which part of Southern Colorado you live in and can schedule your closest provider or find free transportation to treatment.----------La Red de RecuperaciÃ³n Rural (RRN), formalmente SLVMAT, es un programa financiado por el estado para el Tratamiento Asistido por Medicamentos (MAT) y la recuperaciÃ³n de la adicciÃ³n a opioides. Su misiÃ³n es ayudar a quienes luchan contra la adicciÃ³n a los opioides en el Valle de San Luis (condados de Alamosa, Conejos, Costilla, Rio Grande, Mineral, Saguache y Custer), reducir las barreras del tratamiento, acelerar la programaciÃ³n y responder a las necesidades de cada cliente. RRN trabaja con una asociaciÃ³n de proveedores mÃ©dicos y organizaciones comunitarias en estos condados. La mayorÃ-a de las veces, el tratamiento se realiza en clÃ-nicas de atenciÃ³n mÃ©dica primaria. Si su mÃ©dico de familia actual es parte del programa, RRN puede ayudarlo a comenzar el tratamiento en un entorno familiar. Nuestros proveedores saben que puede resultar intimidante darse cuenta de que necesita buscar tratamiento para la adicciÃ³n a los opioides. Las zonas rurales de Colorado son un lugar grande y el transporte para recibir tratamiento a veces es limitado o no estÃ¡ disponible. Para reducir esta barrera, RRN primero verÃ¡ en quÃ© parte del sur de Colorado vive y podrÃ¡ programar una cita con su proveedor mÃ¡s cercano o encontrar transporte gratuito para recibir tratamiento.

https://www.rrnco.org
Referral Required: No
Physical Address: 128 Market St, Alamosa
Contact: Receptionist/Recepcionista
(719) 588-2786

Safeway Pharmacy - Alamosa
Safeway Pharmacy has a variety of services for most all of your health needs. We accept most forms of insurance. Our pharmacist can prescribe and fill prescriptions for a wide variety of needs including Birth Control, Urinary Tract Infections, Flu and Strep, Cold Sores, Migraine, Acne And More. Visit your neighborhood Safeway Pharmacy where you will find our knowledgeable and professional pharmacy staff ready to help fill your prescriptions and answer any of your pharmaceutical questions. We can fill your pet medication prescriptions -- just ask your veterinarian to write a prescription and bring it to our friendly pharmacists. Filling your petâ€™s prescriptions at our pharmacy could cost much less than youâ€™ve been paying at the vet. Plus, start saving today with our free pet health savings card!---------- Visite la farmacia Safeway de su vecindario ubicada en 1301 Main St, Alamosa Co para disfrutar de una experiencia de farmacia conveniente y amigable! EncontrarÃ¡ a nuestro personal de farmacia capacitado y profesional listo para ayudarlo a surtir sus recetas y responder cualquiera de sus preguntas farmacÃ©uticas. AdemÃ¡s, contamos con una variedad de servicios para casi todas sus necesidades de salud y aceptamos la mayorÃ-a de las formas de seguro. Para obtener mÃ¡s informaciÃ³n, visÃ-tenos o llame al (719) 587-3076 hoy. Â¡Vive tu mejor vida mÃ¡s fÃ¡cil con nosotros! Nuestro farmacÃ©utico puede recetar y surtir recetas para una amplia variedad de necesidades en nuestras farmacias locales. Nuestros servicios incluyen: anticonceptivos, infecciones del tracto urinario, gripe y estreptococos, herpes labial, migraÃ±a, acnÃ© y mÃ¡s. Â¡Nuestra farmacia Safeway puede surtir las recetas de medicamentos para su mascota mientras compra! Simplemente pÃ-dale a su veterinario que le escriba una receta. y llÃ©velo a nuestros amigables farmacÃ©uticos. Surtir la receta de tu mascota en nuestra farmacia podrÃ-a costar mucho menos de lo que pagas en el veterinario. AdemÃ¡s, comience a ahorrar hoy con nuestra tarjeta gratuita de ahorro para la salud de sus mascotas.

http://local.pharmacy.safeway.com/safeway/co/alamosa/1301-main-st.html
Referral Required: No

Service Limits: Open Mon - Fri 9 am to 7 pm. Saturday 9 - 5, Sunday 10 - 5. Closed 1:30 - 2:00 for lunch every day.----------Abierto de lunes a viernes de 9 am a 7 pm. SÃ¡bado 9 - 5, domingo 10 - 5. Cerrado 1:30 - 2:00 para el almuerzo todos los dÃ-as.
Physical Address: 1301 Main St., Alamosa
Contact: Receptionist
(719) 589-6656
Email: noemail@nothing.com

Saguache County Department of Social Services
Apply for food assistance, medicaid, long-term care, Children's Health Plan (CHP), financial services (Colorado Works), State Aid to the Needy and Disabled (and transition to Social Security Income), Old Age Pension (OAP). We may be able to help with Child Support. We also provide behavioral health applications. Se habla espanol. Some programs require citizenship. To apply for any of our assistance programs or check available benefits, you may come into our office and pick up an application or fill-out an application online using the Colorado Program Eligibility and Application Kit (PEAK) http://coloradopeak.force.com/. The website has a step-by-step process by which you can determine your eligibility for assistance. The first step takes about 10 minutes to complete. Please complete all the steps in the PEAK Program Eligibility questionnaire, print the results and bring it in to our office. Food banks are located in Center and Saguache and are open during our regular office hours: the Saguache office is open Monday - Friday 8 - 4 and the Center office is open Monday - Thursday 8 - 4.---------- Solicite asistencia alimentaria, Medicaid, atenciÃ³n a largo plazo, Plan de salud infantil (CHP), servicios financieros (Colorado Works), Ayuda estatal para necesitados y discapacitados (y transiciÃ³n a Ingresos del Seguro Social), PensiÃ³n de vejez (OAP). Es posible que podamos ayudar con la manutenciÃ³n infantil. TambiÃ©n proporcionamos aplicaciones de salud conductual. Se habla espaÃ±ol. Algunos programas requieren ciudadanÃ-a. Para solicitar cualquiera de nuestros programas de asistencia o consultar los beneficios disponibles, puede venir a nuestra oficina y recoger una solicitud o completarla en lÃ-nea utilizando el Kit de solicitud y elegibilidad del programa de Colorado (PEAK) http://coloradopeak.force. com/. El sitio web tiene un proceso paso a paso mediante el cual puede determinar su elegibilidad para recibir asistencia. El primer paso tarda unos 10 minutos en completarse. Complete todos los pasos del cuestionario de elegibilidad del programa PEAK, imprima los resultados y trÃ¡igalo a nuestra oficina. Los bancos de alimentos estÃ¡n ubicados en Center y Saguache y estÃ¡n abiertos durante nuestro horario de oficina habitual: la oficina de Saguache estÃ¡ abierta de lunes a viernes de 8 a 4 y la oficina del Centro estÃ¡ abierta de lunes a jueves de 8 a 4

https://saguachecounty.colorado.gov/departments/social-services
Referral Required: No
Physical Address: 605 Christy Ave. (in Saguache) and 220 S. Worth St. (in Center), Saguache
Contact: Christina
(719) 655-2537 Ext: 118
Email: christina.wilson8@state.co.us

Saguache County Housing Authority (SCHA)
Our mission is to provide safe, decent, and affordable housing for Saguache County residents. Funding for SCHA is generated through tenant rents, state subsidies, Federal subsidies, and grant funding. One of our goals is developing additional housing opportunities. See the website for a rental application and links to other affordable housing resources below. ----------Nuestra misiÃ³n es brindar viviendas seguras, decentes y asequibles para nuestros residentes. Los fondos para SCHA se generan a travÃ©s de alquileres de inquilinos, subsidios estatales, subsidios federales y subvenciones. Desarrollar oportunidades de vivienda adicionales es un objetivo de la Autoridad de Vivienda del Condado de Saguache. ContinÃºe a continuaciÃ³n para obtener una solicitud de alquiler y enlaces a otros recursos de vivienda asequible a continuaciÃ³n.

https://saguachecounty.colorado.gov/saguache-county-housing-authority
Referral Required: No
Physical Address: 630 1/2 Pitkin Ave., Saguache
Contact: Cathy
(719) 655-2804
Email: cmaestas@saguachecounty-co.gov

Saguache County Public Health
Saguache County Public health offers all childhood vaccines which are available for children 0-18 years of age who are either on Medicaid, are underinsured, uninsured or American Indian or Eskimo native. Vaccines are also available for uninsured adults. These vaccines include Tetanus booster (Tdap or Td), Hep A, Hep B, pneumococcal, Zostavax and seasonal influenza to those without insurance. We also offer health education/prevention services and vital signs/ blood pressure checks.---------- La salud pÃºblica del condado de Saguache ofrece todas las vacunas infantiles que estÃ¡n disponibles para niÃ±os de 0 a 18 aÃ±os de edad que tienen Medicaid, tienen seguro insuficiente, no tienen seguro o son indÃ-genas americanos o esquimales. Las vacunas tambiÃ©n estÃ¡n disponibles para adultos sin seguro. Estas vacunas incluyen el refuerzo contra el tÃ©tanos (Tdap o Td), la hepatitis A, la hepatitis B, la neumocÃ³cica, Zostavax y la influenza estacional para quienes no tienen seguro. TambiÃ©n ofrecemos servicios de educaciÃ³n/prevenciÃ³n de la salud y controles de signos vitales/presiÃ³n arterial.

https://saguachecounty.colorado.gov/departments/public-health
Referral Required: No
Physical Address: 220 S. Worth St., Center
Contact: Barbara
(719) 655-2533
Email: bmartinez@saguachecounty-co.gov

Saguache County Public Health Personal Care Providers (PCP)
Personal Care Provider (PCP) Service: Personal Care Providers (PCPs) are bilingual, they come to the home on a regular basis and they form positive, caring relationships with their clients as they assist with their daily personal care and home-making needs. People enrolled in the OLTC program are eligible for PCP care. Personal Care means services which are furnished to an eligible client in his/her home for the following purposes: To meet the client's physical needs To assist with client's maintenance or supportive needs when those services are not skilled personal care. Saguache County residents, long term Medicaid, elderly, blind or disabled.---------- Servicio de proveedor de cuidado personal (PCP): los proveedores de cuidado personal (PCP) son bilingÃ¼es, vienen al hogar con regularidad y forman relaciones positivas y afectuosas con sus clientes mientras los ayudan con su cuidado personal diario y sus necesidades domÃ©sticas. Las personas inscritas en el programa OLTC son elegibles para recibir atenciÃ³n de PCP. Cuidado personal significa servicios que se brindan a un cliente elegible en su hogar para los siguientes propÃ³sitos: Para satisfacer las necesidades fÃ-sicas del cliente. Para ayudar con las necesidades de mantenimiento o apoyo del cliente cuando esos servicios no son cuidado personal especializado. Residentes del condado de Saguache, Medicaid a largo plazo, ancianos, ciegos o discapacitados.

https://www.saguachecounty.net/index.php/departments/public-health
Referral Required: No | Referral Method: Options For Long Term Care, Alamosa
Service Limits: Saguache County residence, referral required, non medical care only----------Residencia en el condado de Saguache, se requiere derivaciÃ³n, solo atenciÃ³n no mÃ©dica
Physical Address: 220 S. Worth, Center
Contact: Barbara

(719) 655-2533
Email: bmartinez@saguachecounty-co.gov

San Luis and Blanca- Fort Garland Food Pantry
Discover the range of services provided by the pantry, such as food distribution, nutrition counseling, and referrals to other resources.----------Descubra la variedad de servicios que brinda la despensa, como distribuciÃ³n de alimentos, asesoramiento nutricional y referencias a otros recursos.

https://www.google.com/search?sca_esv=6dff3b47ea39d1e5&cs=0&q=San+Luis+Food+Pantry+-+Food+Distribution+Center&sa=X&ved=2ahUKEwj3j5yiub2HAxXtG9AFHYb8DbMQuzF6BAgYEAQ&biw=1536&bih=730&dpr=1.25
Referral Required: No
Physical Address: 512 E Church Pl, , San Luis
Contact: Receptionist
(719) 992-0122
Email: noemail@nothing.com

San Luis Care Center
We are a nursing home offering short-term rehabilitation, long-term care or post-operative recovery. Our in-house team of therapists and nurses create individualized care plans, focusing on the goals and needs of each resident and patient. Call us or fill out the contact form on the website. Surrounded by the majestic Colorado Mountains, San Luis Care Center, a Life care Centers of America facility, is situated in the world's largest alpine valley, the San Luis Valley in Alamosa, Colorado. Just southwest of The Great Sand Dunes National Park and surrounded by shopping and restaurants. (We Accept Medicaid.)

https://lcca.com/locations/co/san-luis/
Referral Required: No
Physical Address: 240 Craft Drive, Alamosa
Contact: Executive Director
(719) 589-9081
Email: noemail@nothing.com

San Luis Health Center, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados,

HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 233 Main Street, Suite B, San Luis
Contact: Receptionist/Recepcionista
(719) 672-3352
Email: info@valley-widehealth.org

San Luis Physical Therapy, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We provide Physical Therapy integrated services within our system of care. We deliver healthcare that is team-based, comprehensive, accessible and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ----------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Brindamos servicios integrados de fisioterapia dentro de nuestro sistema de atenciÃ³n. Brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org/
Referral Required: No
Physical Address: 233 Main Street, Suite B, San Luis
Contact: Receptionist/Recepcionista
(719) 672-3352
Email: info@valley-widehealth.org

San Luis Police Department
IF THIS IS AN EMERGENCY DIAL911----------SI ESTO ES UNA EMERGENCIA, MARQUE 911

https://www.yelp.com/biz/san-luis-police-department-san-luis
Referral Required: No
Physical Address: 408 Main St. Suite 659 , San Luis
Contact: Dispatch
(719) 672-3210
Email: noemail@nothing.com

San Luis Valley Early Head Start Program : EHS
Early Head Start (EHS) programs serve infants and toddlers under the age of 3, and pregnant women. EHS programs provide intensive comprehensive child development and family support services to infants and toddlers and their families, and to pregnant women and their families. Can assist with eligibility and enrollment for day care. This is a program of early Childhood Council of the San Luis Valley.---------- Los programas Early Head Start (EHS) atienden a bebÃ©s y niÃ±os pequeÃ±os menores de 3 aÃ±os y a mujeres embarazadas. Los programas de EHS brindan servicios intensivos de desarrollo infantil integral y apoyo familiar a bebÃ©s y niÃ±os pequeÃ±os y sus familias, y a mujeres embarazadas y sus familias. Puede ayudar con la elegibilidad y la inscripciÃ³n para la guarderÃ-a. Este es un programa del Consejo de Primera Infancia del Valle de San Luis.

https://eccslv.org/
Referral Required: No
Service Limits: For infants and toddlers under the age of 3. ----------Para bebÃ©s y niÃ±os pequeÃ±os menores de 3 aÃ±os.
Physical Address: 401 Santa Fe Avenue , Alamosa
Contact: Ramona
(719) 937-4010
Email: ehsfamilypartnership@eccslv.org

San Luis Valley Health
San Luis Valley Health is a fully integrated health care system with two hospitals, five clinics, integrated behavioral health, primary care, specialty care, community education classes, and support groups. See our website for locations and service information. SLV Health offers care coordinators and patient financial counselors. Specialty care covers a wide range of services such as women's health, orthopedic services, pediatric speech therapy and much more.---------- San Luis Valley Health es un sistema de atenciÃ³n mÃ©dica totalmente integrado con dos hospitales, cinco clÃ-nicas, salud conductual integrada, atenciÃ³n primaria, atenciÃ³n especializada, clases de educaciÃ³n comunitaria y grupos de apoyo. Visite nuestro sitio web para conocer ubicaciones e informaciÃ³n de servicios. SLV Salud ofrece coordinadores de atenciÃ³n y asesores financieros para pacientes. La atenciÃ³n especializada cubre una amplia gama de servicios como salud de la mujer, servicios de ortopedia, logopedia pediÃ¡trica y mucho mÃ¡s.

https://sanluisvalleyhealth.org
Referral Required: No
Service Limits: Some specialty services or imaging require referrals.
Physical Address: 106 Blanca Ave, Alamosa
Contact: Receptionist
(719) 589-2511

San Luis Valley Immigrant Resource Center: SLVIRC
The San Luis Valley Immigrant Resource Center (SLVIRC) connects and empowers immigrants with resources to achieve legal documentation fulfill their economic needs, and integrate into the community. The Center is recognized and accredited as an immigration service provider by the Board of Immigration Appeals. We focus on developing social support systems for immigrants and their families through education, outreach and advocacy efforts. Provides a safe place to ask questions. Assist with applications for residency, work permits and citizenship. Prepares immigration forms and submits cases to USCIS. Translation services. Referrals. Confidentiality is assured. Non-governmental. Minimal fee.---------- ESPANOL: El Centro de Recursos para Inmigrantes del Valle de San Luis (SLVIRC) conecta y empodera a los inmigrantes con recursos para lograr documentaciÃ³n legal, satisfacer sus necesidades econÃ³micas e integrarse a la comunidad. El Centro estÃ¡

reconocido y acreditado como proveedor de servicios de inmigraciÃ³n por la Junta de Apelaciones de InmigraciÃ³n. Nos enfocamos en desarrollar sistemas de apoyo social para inmigrantes y sus familias a travÃ©s de esfuerzos de educaciÃ³n, extensiÃ³n y defensa. Proporciona un lugar seguro para hacer preguntas. Asistir con solicitudes de residencia, permisos de trabajo y ciudadanÃ-a. Prepara formularios de inmigraciÃ³n y envÃ-a casos a USCIS. Servicios de traducciÃ³n. Referencias. La confidencialidad estÃ¡ asegurada. No gubernamental. Tarifa mÃ-nima.)

https://www.slvirc.org/
Referral Required: No
Service Limits: Office Hours: Monday - Friday 9:00 am - 5:00pm. Closed for lunch 12:30pm - 1:30pm.----------Horario de oficina: lunes a viernes de 9:00 a. m. a 5:00 p. m. Cerrado para el almuerzo de 12:30 a 13:30 horas.
Physical Address: 225 Sixth Streeet Suite B, Alamosa
Contact: Receptionist
(719) 587-3225
Email: irc@slvirc.org

San Luis Valley Pride
SLV Pride is a grassroots community collective of LGBTQ+ residents of the San Luis Valley and our allies. We recognize, embrace and celebrate the differences that make us all unique. We are committed to promoting an inclusive environment while contributing to the diverse community we live in. We represent a multitude of backgrounds and experiences supporting each other and our community through education, advocacy and friendship. Check our website for a calendar of events, traveler information and faith-based resources. Annual Pride Fest organizer.---------- SLV Pride es un colectivo comunitario de base de residentes LGBTQ+ del Valle de San Luis y nuestros aliados. Representamos una multitudde antecedentes y experiencias apoyaandonos unos a otros y a nuestra comunidad a traves de la educacion, la defensa y la amistad.

https://www.slvpride.org
Referral Required: No
Physical Address: P. O. Box 1948, Alamosa
Contact: Receptionist
(000) 000-0000
Email: sanluisvalleypride@gmail.com

Sanford School District
We offer today's students a universal education in a safe, rigorous, and engaging environment that will inspire their greatness, prompt their creativity, push them to achieve, encourage their personal growth, and prepare them to be tomorrow's leaders. OUR VISION: A caring community that serves, engages, educates, and empowers all to excel.----------Ofrecer a los estudiantes de hoy una educaciÃ³n universal en un ambiente seguro, riguroso y atractivo que inspirarÃ¡ su grandeza, estimularÃ¡ su creatividad, los impulsarÃ¡ a lograr logros, alentarÃ¡ su crecimiento personal y los prepararÃ¡ para ser los lÃ-deres del maÃ±ana. VISIÃ“N: Una comunidad solidaria que sirve, involucra, educa y capacita a todos para sobresalir.

https://www.sanfordschools.org/
Referral Required: No
Physical Address: 755 Second Street, Sanford
Contact: Receptionist
(719) 274-5167

Email: noemail@nothing.com

Sangre de Cristo School District

The Sangre de Cristo School District strives to provide a safe environment for all students and staff while offering meaningful opportunities of innovative educational programs for all students which challenge every student to: Develop their full academic and social potential including the attainment of content standards and be prepared to make competent decisions in our changing world through partnerships between home, school, and community. To achieve this mission, students, teachers, administrators, parents, and community members must work together guided by the three Râ€™s: Rights, Respect, and Responsibilities.----------El Distrito Escolar Sangre de Cristo se esforzarÃ¡ por brindar un ambiente seguro para todos los estudiantes y el personal mientras ofrece oportunidades significativas de programas educativos innovadores para todos los estudiantes que desafÃ-en a cada estudiante a: Desarrollar todo su potencial acadÃ©mico y social, incluido el logro de estÃ¡ndares de contenido, y estar preparados para tomar decisiones competentes en nuestro mundo cambiante a travÃ©s de asociaciones entre el hogar, la escuela y la comunidad. Para lograr esta misiÃ³n, los estudiantes, maestros, administradores, padres y miembros de la comunidad deben trabajar juntos guiados por las tres R: Derechos, Respeto y Responsabilidades.

https://www.sangreschools.org/
Referral Required: No
Physical Address: 8751 Lane 7 North, Mosca
Contact: Dave
(719) 378-2321
Email: dcrews@sangreschools.org

Sargent School District

We inspire students to engage more, learn more, and experience more in a safe and engaging learning environment. Dig deeper by placing students first while creating experiences that lead to lifelong learning and success.----------Nosotros inspire a los estudiantes a participar mÃ¡s, aprender mÃ¡s y experimentar mÃ¡s en un entorno de aprendizaje seguro y atractivo. Profundice colocando a los estudiantes en primer lugar mientras crea experiencias que conducen al aprendizaje y al Ã©xito permanente.

https://www.sargent.k12.co.us/
Referral Required: No
Physical Address: 7090 N. Road 2E, Monte Vista
Contact: Receptionist
(719) 852-4024
Email: rgarcia@sargent.k12.co.us

Sexual Health and Relationships

TeenSource.org is a website for teens loaded with information on sex and health. Created for kids in California. Text teensource to 510-999-7878 for weekly text tips (standard rates apply). Planned Parenthood of the Rocky Mountains plannedparenthood.org also provides health services in Salida, Colorado Springs, Durango, Glenwood Springs and several locations in the Denver area. Check the website or call 800-230-7526. Virtual appointments are available.---------- TeenSource.org es un sitio web para adolescentes repleto de informaciÃ³n sobre sexo y salud. Creado para niÃ±os en California. EnvÃ-e un mensaje de texto a Teensource al 510-999-7878 para obtener consejos de texto semanales (se aplican tarifas estÃ¡ndar.

https://www.teensource.org/
Referral Required: No

Sheriff Department (Alamosa)
IF THIS IS AN EMERGENCY DIAL 911 The Alamosa County Sheriff's Office is responsible for law enforcement, investigations, and detention in unincorporated Alamosa County. ALL questions about hearing date/times, court dockets, and court cases can be researched here or call (719) 589-4996 ----------SI ESTO ES UNA EMERGENCIA, MARQUE AL 911 La Oficina del Sheriff del condado de Alamosa es responsable de hacer cumplir la ley, las investigaciones y la detenciÃ³n en la zona no incorporada del condado de Alamosa. TODAS las preguntas sobre fechas y horarios de audiencias, expedientes judiciales y casos judiciales se pueden investigar aquÃ- o llamar al (719) 589-4996.

https://alamosacounty.colorado.gov/departments/sheriff
Referral Required: No
Physical Address: 1315 17th street, Alamosa
Contact: Receptionist
(719) 589-6608
Email: noemail@nothing.com

Sheriff Department (Saguache)
As employees of the Saguache County Sheriffâ€™s Office, we perform the primary mission of this Office by identifying, prioritizing, preventing, and solving community problems, through Law Enforcement, Detentions, Support, and Victimâ€™s Services. We work for and with the citizens of our community as partners in the process of enhancing public safety in Saguache County. We protect the Constitutional rights of all Individuals.----------Como empleados de la Oficina del Sheriff del Condado de Saguache, realizamos la misiÃ³n principal de esta Oficina al identificar, priorizar, prevenir y resolver problemas de la comunidad, a travÃ©s de las fuerzas del orden, las detenciones, el apoyo y los servicios a las vÃ-ctimas. Trabajamos para y con los ciudadanos de nuestra comunidad como socios en el proceso de mejorar la seguridad pÃºblica en el condado de Saguache. Protegemos los derechos constitucionales de todos los individuos.

https://saguachecounty.colorado.gov/departments/sheriff
Referral Required: No
Physical Address: 530 5th Street, Saguache
Contact: Receptionist
(719) 655-2544
Email: noemail@nothing.com

Sheriff Department (Conejos)
IF THIS IS AN EMERGENCY DIAL 911 The Conejos County Sheriff's Office is dedicated and committed to working with the community to make the County of Conejos a safe and desirable place to live, work and visit. Our mission is to partner with the community to solve problems and improve public safety in a manner that is fair, impartial, transparent and consistent.----------La Oficina del Sheriff del Condado de Conejos estÃ¡ dedicada y comprometida a trabajar con la comunidad para hacer del Condado de Conejos un lugar seguro y atractivo para vivir, trabajar y visitar. Nuestra misiÃ³n es asociarnos con la comunidad para resolver problemas y mejorar la seguridad pÃºblica de una manera justa, imparcial, transparente y consistente.-

https://conejoscounty.colorado.gov/elected-officials/sheriffs
Referral Required: No
Physical Address: 14044 County Rd. G.5, Antonito
Contact: Receptionist
(719) 376-2196

Email: noemail@nothing.com

Sheriff Department (Costilla County)
IF THIS IS AN EMERGENCY DIAL 911 Law Enforcement.---------- SI ESTO ES UNA EMERGENCIA, MARQUE AL 911 Cumplimiento de la ley.

https://costillacounty.colorado.gov/departments/sheriff
Referral Required: No
Physical Address: 103 Gasper Street, San Luis
Contact: Dispatch
(719) 672-3302
Email: noemail@nothing.com

Sheriff Department (Creede)
IF THIS IS AN EMERGENCY DIAL 911 Law Enforcement----------SI ESTO ES UNA EMERGENCIA, MARQUE AL 911 Cumplimiento de la ley

https://mineralcounty.colorado.gov/elected-officials/mineral-county-sheriffs-office
Referral Required: No
Physical Address: 1201 N Main st., Creede
Contact: Receptionist
(719) 658-2600
Email: noemail@nothing.com

Sheriff Department (Rio Grande)
IF THIS IS AN EMERGENCY DIAL 911 Law Enforcement.----------SI ESTO ES UNA EMERGENCIA, MARQUE AL 911 Cumplimiento de la ley.

https://riograndecounty.colorado.gov/rio-grande-county-sheriff
Referral Required: No
Physical Address: 640 Cherry Street, Del Norte
Contact: Dispatch
(719) 657-4000
Email: noemail@nothing.com

SHIP - Ask your Medicare questions!
SHIP is the State Health Insurance Assistance Program. Call us with your Medicare questions. Medicare is confusing and SHIP counselors help people and their families navigate Medicare. Whether you are new to Medicare, looking over your current plan, or you just have questions regarding Medicare, SHIP can help! Our focus is to help people understand the different parts of Medicare -- how they work with other insurance and enrollment decisions - when to apply, what to apply for and if you can delay enrollment. The goal is to provide the most accurate and current information so you can make an informed decision about your health care based on your unique needs and situation.----------SHIP es el Programa Estatal de Asistencia sobre Seguros MÃ©dicos. LlÃ¡menos con sus preguntas sobre Medicare. Medicare es confuso y los consejeros de SHIP ayudan a las personas y sus familias a navegar por Medicare. Ya sea que sea nuevo en Medicare, estÃ© revisando su plan actual o simplemente tenga preguntas sobre Medicare, Â¡SHIP puede ayudarlo! Nuestro objetivo es ayudar a las personas a comprender las diferentes partes de Medicare (cÃ³mo funcionan con otros seguros y decisiones de inscripciÃ³n), cuÃ¡ndo presentar la solicitud, quÃ© solicitar y si se puede retrasar la inscripciÃ³n. El objetivo es proporcionar la informaciÃ³n mÃ¡s precisa y actualizada para que usted pueda tomar una decisiÃ³n informada

sobre su atenciÃ³n mÃ©dica en funciÃ³n de sus necesidades y situaciÃ³n Ãºnicas.

https://www.slvaaa.org/ship
Referral Required: No
Physical Address: 1116 3rd St , Alamosa
Contact: Michelle
(719) 589-4511 Ext: 1002
Email: michellep@slvaaa.org

Sierra Blanca Medical Center in Alamosa, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. We are a Patient-Centered Medical Home meaning we deliver healthcare that is team-based, comprehensive, accessible, and committed to safety and quality. Being patient-centered means that you, the patient, are in partnership with your healthcare team. The team consists of you, your family, and the healthcare team. Valley-Wide accepts most private insurances, HealthFirst Colorado/Medicaid, Medicare, the Colorado Child Health Plan Plus, and the Colorado Indigent Care Program. We also offer a Sliding Fee Discount Program for anyone who qualifies. The San Luis Valley is a uniquely diverse and beautiful region and we strive to provide the very best culturally appropriate and effective health care to its residents. ---------En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Somos un hogar mÃ©dico centrado en el paciente, lo que significa que brindamos atenciÃ³n mÃ©dica basada en equipo, integral, accesible y comprometida con la seguridad y la calidad. Estar centrado en el paciente significa que usted, el paciente, estÃ¡ asociado con su equipo de atenciÃ³n mÃ©dica. El equipo estÃ¡ formado por usted, su familia y el equipo de atenciÃ³n mÃ©dica. Valley-Wide acepta la mayorÃ-a de los seguros privados, HealthFirst Colorado/Medicaid, Medicare, Colorado Child Health Plan Plus y Colorado Indigent Care Program. TambiÃ©n ofrecemos un programa de descuento de tarifa mÃ³vil para cualquier persona que califique. El Valle de San Luis es una regiÃ³n excepcionalmente diversa y hermosa y nos esforzamos por brindar la mejor atenciÃ³n mÃ©dica culturalmente apropiada y efectiva a sus residentes.

https://valley-widehealth.org
Referral Required: No
Physical Address: 106 Blanca Avenue, Suite 300, Alamosa
Contact: Receptionist/Recepcionista
(719) 589-3658
Email: info@valley-widehealth.org

Sierra Grande School District
The Sierra Grande School District R-30 includes elementary, middle and high school students. Home of the Panthers!---------- Distrito Escolar Sierra Grande R-30. Hogar de las Panteras!

https://www.sierragrandeschool.net/
Referral Required: No
Physical Address: 17523 E Highway 160, Blanca
Contact: Receptionist
(719) 379-3257
Email: noemail@nothing.com

SLV Breastfeeding Coalition
Our mission is to support mothers to breastfeed for the best infant and maternal health. Breastfeeding is the gift that lasts a lifetime. You've got this!!! -You don't have to be super-mom or super-dad! Having a hard time? Just call. We are here for you. For help call the SLV Health Breastfeeding and Childbirth Education Hotline 719-587-5733 and leave message to be connected with breastfeeding support within 48 hours. Another website, www.cobfc.org, provides information and resources for providers, for mothers, in the workplace and for local coalitions. This site offers a series of four YouTube videos designed to motivate, educate, and inspire moms to keep breastfeeding after returning to work and how and why employers should support mothers. Other helpful online breastfeeding resources are www.facebook.com/vwWIC/. Check out the LatchMe App for tons of proven breastfeeding resources all in one app! Become a WIC client if you are eligible, and receive lots of support www.wicprograms.org/ci/co-alamosa or call 719-589-5860. Good resources for families: www.healthychildren.org.---------- Nuestra misiÃ³n es ayudar a las madres a amamantar para lograr la mejor salud materna e infantil. La lactancia materna es el regalo que dura toda la vida. Â¡Â¡Â¡Tienes esto!!! -Â¡No tienes que ser sÃºper mamÃ¡ o sÃºper papÃ¡! Â¿Teniendo un tiempo difÃ-cil? Solo llama. Estamos aquÃ- para ti. Para obtener ayuda, llame a la lÃ-nea directa de educaciÃ³n sobre lactancia y parto de SLV Health al 719-587-5733 y deje un mensaje para conectarse con el apoyo a la lactancia materna dentro de las 48 horas. Otro sitio web, www.cobfc.org, proporciona informaciÃ³n y recursos para proveedores, madres, en el lugar de trabajo y coaliciones locales. Este sitio ofrece una serie de cuatro videos de YouTube diseÃ±ados para motivar, educar e inspirar a las mamÃ¡s a seguir amamantando despuÃ©s de regresar al trabajo y cÃ³mo y por quÃ© los empleadores deberÃ-an apoyar a las madres. Otros recursos Ãºtiles en lÃ-nea sobre lactancia materna son www.facebook.com/vwWIC/. Â¡Consulte la aplicaciÃ³n LatchMe para obtener toneladas de recursos comprobados sobre lactancia materna, todo en una sola aplicaciÃ³n! ConviÃ©rtase en cliente de WIC si es elegible y reciba mucho apoyo www.wicprograms.org/ci/co-alamosa o llame al 719-589-5860. Buenos recursos para familias: www.healthychildren.org.

http://www.cobfc.org
Referral Required: No | Referral Method: Email
Service Limits: none
Physical Address: ACPH - Public Health Partnership, 8900 Independence Way, Alamosa
Contact: Renee
(719) 588-8800
Email: lalecherenee@gmail.com

SLV Emergency Alerts and Emergency Preparedness
Find EMERGENCY PREPAREDNESS information and sign up to receive EMERGENCY NOTIFICATIONS by phone or text at SLVemergency.colorado.gov. The San Luis Valley Communications Center (State Patrol Dispatch) uses the "Everbridge" system to issue notifications when there is an emergency situation in a particular area. (Previously "Reverse 911" and "CodeRed"). You MUST SIGN UP to receive notifications. During some emergencies, local authorities will share information on the website and on social media. Some emergency messages, like Amber Alerts, use a different system that messages phones in a certain area. To receive those notices, make sure the settings on your phone are set to ALLOW emergency notifications. This does not wok on all cell phones. ---------- RegÃ-strese para recibir notificaciones importantes por telÃ©fono o mensaje de texto en www.SLVemergency.colorado.gov. El centro de comunicaciÃ³n del Valle de San Luis (Despacho de la Patrulla Estatal) utiliza el sistema "everbridge" para emitir notificaciones cuando hay una situaciÃ³n de emergencia en un Ã¡rea en particular. DEBE REGISTRARSE para recibir Algunos mensajes, como las Alertas Amber, se envÃ-an utilizando un sistema diferente que hace ping a todos los telÃ©fonos inteligentes en un Ã¡rea en un momento dado. Para recibir esos avisos, asegÃºrese de que la configuraciÃ³n de su telÃ©fono estÃ© configurada para PERMITIR notificaciones de emergencia. Durante algunas emergencias, las autoridades locales compartirÃ¡n

informaciÃ³n en este sitio web: SLVemergency.colorado.gov y en cuentas de redes sociales.

https://slvemergency.colorado.gov/
Referral Required: No
Service Limits: Call 911 in an emergency----------Llame al 911 en caso de emergencia.

SLV Habitat for Humanity
The Habitat for Humanity ReStore in Alamosa is a nonprofit home improvement store and donation center. Habitat for Humanity also helps people in need of decent, affordable housing. Adults can apply for homeownership with their local Habitat for Humanity although the process can take more than a year to complete. The local Habitatâ€™s family selection committee selects homeowners based on the applicantâ€™s level of need, their willingness to partner with Habitat and their ability to repay a mortgage through an affordable payment plan. Habitatâ€™s homebuyers invest hundreds of hours of their own labor alongside volunteers and other Habitat homeowners. Neither race nor religion are factors in choosing Habitatâ€™s homeowners. Our Habitat for Humanity ReStore in Alamosa is a nonprofit home improvement store and donation center that sells to the public at a fraction of the retail price. Profits from the Restore in Alamosa fund our affordable housing program and sells new and gently used furniture, home accessories, building materials and appliances to the public. If you have items you would like to donate please first call the Habitat Store (719) 589-8688 or email us. Contact us if you would like to volunteer. Please donate, volunteer and raise your voice in support of decent and affordable housing. ----------Habitat for Humanity ReStore en Alamosa es una tienda de mejoras para el hogar y un centro de donaciones sin fines de lucro. HÃ¡bitat para la Humanidad tambiÃ©n ayuda a las personas que necesitan una vivienda digna y asequible. Los adultos pueden solicitar la propiedad de vivienda en HÃ¡bitat para la Humanidad local, aunque el proceso puede tardar mÃ¡s de un aÃ±o en completarse. El comitÃ© de selecciÃ³n de familias de Habitat local selecciona a los propietarios segÃºn el nivel de necesidad del solicitante, su voluntad de asociarse con Habitat y su capacidad para pagar una hipoteca a travÃ©s de un plan de pago asequible. Los compradores de viviendas de Habitat invierten cientos de horas de su propio trabajo junto con voluntarios y otros propietarios de viviendas de Habitat. Ni la raza ni la religiÃ³n son factores a la hora de elegir a los propietarios de viviendas de HÃ¡bitat. Nuestro Habitat for Humanity ReStore en Alamosa es una tienda de mejoras para el hogar y un centro de donaciones sin fines de lucro que vende al pÃºblico a una fracciÃ³n del precio minorista. Las ganancias de Restore en Alamosa financian nuestro programa de viviendas asequibles y venden al pÃºblico muebles, accesorios para el hogar, materiales de construcciÃ³n y electrodomÃ©sticos nuevos y en buen estado. Si tiene artÃ-culos que le gustarÃ-a donar, primero llame a Habitat Store (719) 589-8688 o envÃ-enos un correo electrÃ³nico. ContÃ¡ctanos si quieres ser voluntario. Por favor haga una donaciÃ³n, sea voluntario y levante su voz en apoyo de una vivienda digna y asequible.

https://www.habitat.org/co/alamosa/san-luis-valley-habitat-humanity
Referral Required: No
Physical Address: 507 Main Street, Alamosa
Contact: Front desk
(719) 589-8678
Email: audrey@slvhabitat.org

SLV Home Health
We serve clients in all six SLV counties with skilled nursing, physical therapy, occupational therapy, and aide services. A physician order is required to access these services. Home Health is Medicare/Medicaid/ HealthOne certified and accepts most private insurances. Registered Nurses and Licensed Practical Nurses provide individualized plans of care to fit the client's needs which may include: Skilled assessment, observation and management of all body systems; Education and instruction of medical diagnosis, conditions and medications;

Traditional wound care as well as state of the art techniques involving wound vacs and low level laser phototherapy lights; Diabetic instruction and care; Phlebotomy (draw blood specimens for lab test); Administration of IV therapy including antibiotics; Insertion and care of PICC lines; Medication set-up and management for Medicaid clients; Nurses Aides provide: Monitoring of the client's vital signs; Personal care services such as bathing, shampooing, and hygiene needs; Simple therapy exercises at the instruction of the RN or PT; Occupational Therapists provide evaluation and implementation of assistive devices to encourage energy conservation and assist the client in developing strategies and techniques to more effectively to complete activities of daily living.---------- Atendemos a clientes en los seis condados de SLV con enfermerÃ-a especializada, fisioterapia, terapia ocupacional y servicios de asistencia. Se requiere una orden mÃ©dica para acceder a estos servicios. Home Health estÃ¡ certificado por Medicare/Medicaid/HealthOne y acepta la mayorÃ-a de los seguros privados. Las enfermeras registradas y las enfermeras prÃ¡cticas autorizadas brindan planes de atenciÃ³n individualizados para satisfacer las necesidades del cliente, que pueden incluir: EvaluaciÃ³n, observaciÃ³n y manejo calificados de todos los sistemas del cuerpo; EducaciÃ³n e instrucciÃ³n sobre diagnÃ³sticos, afecciones y medicamentos mÃ©dicos; Cuidado de heridas tradicional, asÃ- como tÃ©cnicas de Ãºltima generaciÃ³n que incluyen aspiradoras para heridas y luces de fototerapia lÃ¡ser de bajo nivel; InstrucciÃ³n y atenciÃ³n para diabÃ©ticos; FlebotomÃ-a (extraer muestras de sangre para anÃ¡lisis de laboratorio); AdministraciÃ³n de terapia intravenosa, incluidos antibiÃ³ticos; InserciÃ³n y cuidado de vÃ-as PICC; ConfiguraciÃ³n y gestiÃ³n de medicamentos para clientes de Medicaid; Los auxiliares de enfermerÃ-a proporcionan: Monitoreo de los signos vitales del cliente; Servicios de cuidado personal como baÃ±o, lavado con champÃº y necesidades de higiene; Ejercicios de terapia simples segÃºn las instrucciones del RN o PT; Los terapeutas ocupacionales brindan evaluaciÃ³n e implementaciÃ³n de dispositivos de asistencia para fomentar la conservaciÃ³n de energÃ-a y ayudar al cliente a desarrollar estrategias y tÃ©cnicas para completar de manera mÃ¡s efectiva las actividades de la vida diaria.

https://alamosacounty.colorado.gov/departments/public-health/slv-home-health
Referral Required: Yes | Referral Method: Phone
Service Limits: A physician's order is required to access these services.---------- Se requiere una orden medica para acceder a estos servicios.
Physical Address: Alamosa County Public Health Department, 8900 Independence Way Suite B, Alamosa
Contact: Andrea
(719) 589-6639
Email: andreadeherrera@alamosacounty.org

SLV Housing Coalition
Housing assistance programs; Home Rehabilitation enables eligible applicants to make necessary repairs on their home to bring the home to Housing Quality Standards. The Down Payment Assistance program is a homeownership program providing homebuyers with a low-interest loan for the down payment and closing costs for the purchase of their home. Casita de la Luna Apartments - On-site management, a community building, a laundry facility, and beautiful landscaping are just a few of the amenities of the complex. These apartments are exclusively for the elderly and disabled. High Valley Manor Apartments - A multi-family housing complex with 1 or 2-bedroom units. A community room, laundry facility, and beautiful landscaping are just a few of the amenities of the complex. Century Mobile Home Park - A 185-space park with a mix of homeowners and renters. Lot rent, for homeowners, is available for those who need to bring a home into the park. Our Community Development program is seeking volunteers.---------- Programas de asistencia para vivienda; La rehabilitaciÃ³n del hogar permite a los solicitantes elegibles realizar las reparaciones necesarias en su hogar para que cumpla con los estÃ¡ndares de calidad de la vivienda. El programa de Asistencia para el Pago Inicial es un programa de propiedad de vivienda que brinda a los compradores un prÃ©stamo a bajo interÃ©s para el pago inicial y los costos de cierre de la compra de su vivienda. Casita de la Luna Apartments: administraciÃ³n en el lugar, un

edificio comunitario, una lavanderÃ-a y hermosos paisajes son solo algunas de las comodidades del complejo. Estos apartamentos son exclusivamente para personas mayores y discapacitadas. High Valley Manor Apartments: un complejo de viviendas multifamiliares con unidades de 1 o 2 dormitorios. Una sala comunitaria, lavanderÃ-a y hermosos jardines son solo algunas de las comodidades del complejo. Century Mobile Home Park: un parque de 185 espacios con una combinaciÃ³n de propietarios e inquilinos. El alquiler de lotes, para propietarios de viviendas, estÃ¡ disponible para aquellos que necesiten traer una casa al parque. Nuestro programa de Desarrollo Comunitario estÃ¡ buscando voluntarios.

https://sites.google.com/slvhc.com/slvhc/programs
Referral Required: No
Service Limits: Monday - Thursday 8:00 am to 4:30 pm. Friday by appointment only. Closed weekends and holidays.----------Lunes - Jueves 8:00 am a 4:30 pm. Viernes sÃ³lo con cita previa. Cerrado fines de semana y festivos.
Physical Address: 513 La Due Ave, Alamosa
Contact: Receptionist
(719) 587-9807
Email: admin@slvhc.com

SLV RETAC
Our mission is to develop, foster, and support excellence in trauma care and the emergency medical system within the San Luis Valley. The San Luis Valley Regional Emergency Medical and Trauma Advisory Council (RETAC) is comprised of members representing ten EMS agencies, three hospitals and related partners in the San Luis Valley region of Colorado. We support quality care and consistent protocols across regional emergency services. ----------Nuestra misiÃ³n es desarrollar, fomentar y apoyar la excelencia en la atenciÃ³n de traumatologÃ-a y el sistema mÃ©dico de emergencia dentro del Valle de San Luis. El Consejo Asesor Regional de Emergencias MÃ©dicas y TraumatologÃ-a del Valle de San Luis (RETAC) estÃ¡ compuesto por miembros que representan diez agencias de EMS, tres hospitales y socios relacionados en la regiÃ³n del Valle de San Luis en Colorado. Apoyamos una atenciÃ³n de calidad y protocolos consistentes en todos los servicios de emergencia regionales.

https://slvretac.org
Referral Required: No
Service Limits: No direct emergency services are provided by this organization. ----------Esta organizaciÃ³n no proporciona servicios de emergencia directos. DireccciÃ³n del sitio web: https://slvretac.org
Physical Address: 8900 Independence Way, Alamosa
Contact: Reyna
(719) 587-5274
Email: slvretac@gmail.com

SLV Transportation - Red Willows, Inc.
Since 1999, SLV Transportation/Red Willows has provided 24/7/365 non-emergency medical transportation to our deserving clients. We can take you anywhere in the state. Services offered include medical and non-medical transportation. We accept private pay clients, and Medicaid or Worker's Compensation payment but you must call us or come in to check your eligibility. If you are eligible, then you need to be certified by your own primary care physician. The Primary Care Physician must be established in the San Luis Valley. Medicaid requires that the clients see the nearest Medicaid Provider to be eligible for transportation. This paperwork must be filled out by a Primary Care Physician and the client. (Paperwork consists of the Certification sheet, nearest provider form, consent form and HIPPA form). Human escorts and certified service animals may accompany the client if we are notified when you make your appointment for transportation. Read the policies and guidelines carefully at

https://www.redwillowsinc.com/policies.html These rules may change at any time.---------- Es un compaÃ±Ã-a local de transporte no urgente de Medicaid y workers compensation y tambien, puede page por cuenta propia. Simplemente comunÃ-quese con nuestra oficina y proporcione la siguiente informaciÃ³n de Medicaid: Nombre y apellido, NÃºmero de identificaciÃ³n de Medicaid y fecha de nacimiento, El nombre de su proveedor de atenciÃ³n primaria local.

https://www.redwillowsinc.com/
Referral Required: No
Service Limits: Office hours for eligibility and to make an appointment: Mon-Thurs 8:00 am - 8:30 pm Friday 8:00 am - 12:00 Saturday with Appointment only - early or late.
Physical Address: 1110 West Ave, Alamosa
Contact: Donna
(719) 589-5734
Email: info@redwillowsinc.com

SLVBHG - 24 Hour Crisis Intervention
SLVBHG has a mobile response team that will respond to crisis calls 24 hours and seven days a week. Individuals, families, schools, community agencies, and medical and emergency response personnel can call SLVBHG's Mobile Response Team for consultations, evaluations, and emergency support. Seek immediate help if you or someone you know may be thinking about ending a life or hurting others. Making choices that put you or a loved one in danger, becoming unable to care for yourself, or struggling with addiction/substance use issues are other signs that may need immediate help. This is a program of SLV Behavioral Health Group.---------- (SLVBHG cuenta con un equipo de respuesta mÃ³vil que responderÃ¡ a llamadas de crisis las 24 horas y los siete dÃ-as de la semana. Las personas, las familias, las escuelas, las agencias comunitarias y el personal mÃ©dico y de respuesta a emergencias pueden llamar al Equipo MÃ³vil de Respuesta de SLVBHG para consultas, evaluaciones y apoyo de emergencia. Busque ayuda inmediata si usted o alguien que conoce puede estar pensando en acabar con una vida o herir a otros. Tomar decisiones que lo pongan a usted o a un ser querido en peligro, volverse incapaz de cuidar de sÃ- mismo o luchar contra problemas de adicciÃ³n o uso de sustancias son otras seÃ±ales de que puede necesitar ayuda inmediata. Este es un programa de SLV Behavioral Health Group.)

http://slvbehavioralhealthgroup.org/services
Referral Required: No
Physical Address: 8745 County R.D 9 South, On Airport Road off Highway 285, Alamosa
Contact: Receptionist
(719) 589-3671
Email: jsilva@slvbhg.org

SLVBHG - Help Overcoming Addiction
The use of FDA- approved medications, combined with counseling and behavioral therapies, provides a "whole-patient" approach to treating substance use disorders. Transportation is provided for SLVBHG clients receiving Medication Assisted Treatment (MAT). This is a program of the SLV Behavioral Health Group.---------- El uso de medicamentos aprobados por la FDA, combinados con asesoramiento y terapias conductuales, proporciona un enfoque de "paciente completo" para tratar el trastorno por uso de sustancias. Se proporciona transporte para los clientes de SLVBHG que reciben tratamiento asistido por medicamentos (MAT). Este es un programa del Grupo de Salud Conductual de SLV.

https://www.findhelp.org/san-luis-valley--alamosa-co--mental-health-center/6260851493306368?postal=81101
Referral Required: No

Physical Address: 8745 County R.D 9 South, On Airport Road off Highway 285, Alamosa
Contact: Receptionist
(719) 589-3671
Email: jsilva@slvbhg.org

SLVBHG - Housing for people with behavioral illness who are at risk of becoming unhoused
Practical assistance and linkage to community resources for persons with behavioral illness who are homeless or at risk of becoming homeless. This is a program of the SLV Behavioral Health Group.---------- Asistencia practica y enlace a recursos comuntarios para personas con enfermedades del comportamiento que no tienen hogar o corren el riesgo de quedarse sin hogar.

https://www.findhelp.org/san-luis-valley--alamosa-co--mental-health-center/6260851493306368?postal=81101
Referral Required: No
Physical Address: 8745 County R.D 9 South, On Airport Road off Highway 285, Alamosa
Contact: Receptionist
(719) 589-3671
Email: jsilva@slvbhg.org

SLVBHG - Therapy and Psychiatric Services
Behavioral Health Group offers various therapeutic techniques for individuals, couples, children, families, and groups. Our staff utilizes services such as EMDR, AcuDetox, DBT, play therapy, and more. Psychiatric consultation and medication management is available for adults, adolescents, children, geriatric, and developmentally disabled individuals. These services include telepsychiatry as well as face-to-face appointments.---------- Varias tecnicas terapeuticas estan disponibles para individuos, pareja, ninos, familias y grupos. El personal utiliza cervicios como EMDR, AcuDetox, DBT, terapia de juego y mas. La consulta psiquiatrica y el manejo de medicamentos estan disponibles para adultos, adolescentes, ninos, personas geriatricas y con discapacidades del desarrollo. Estos servicios incluyen telepsiquiatria y citas presenciaes.

https://www.findhelp.org/san-luis-valley--alamosa-co--mental-health-center/6260851493306368?postal=81101
Referral Required: No
Service Limits: NO
Physical Address: 8745 CR 9 South , On the Airport Road off 285, Alamosa
Contact: Receptionist
(719) 589-3671
Email: jsilva@slvbhg.org

SLVBHG Medication Assisted Treatment (MAT)
Medicated-Assisted Treatment (MAT) is the use of FDA-approved medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders. Transportation is available for Behavioral Health Group clients to obtain medication assisted treatment.---------- El tratmiento asistido con medicamentos aprobados por la FDA, en combinacion con asesoramiento y comportamiento terapias, para proporcionar un enfoque de "paciente completo" para el tratamiento del trastorno por uso de sustancias. Se proporciona transporte para los clientes de SLVBHG que reciben tratamiento asistido por medicamentos (MAT). Este es un programa del Grupo de Salud Conductual de SLV.

https://slvbhg.org
Referral Required: No
Physical Address: 8745 County RD 9 South, On Airport Road off Hwy. 285, Alamosa
Contact: Customer Service Representative

(719) 589-3671
Email: info@slvbhg.org

Small Business Development Center : SBDC
The San Luis Valley Small Business Development Center offers business consulting and training that maximizes the economic potential of entrepreneurs within Southern Colorado. Our mission is to help existing and new businesses grow and prosper. Our goal at the Small Business Development Center is to help emerging and existing entrepreneurs gain control of their business operations. We provide free guidance and counseling in all aspects of funding and developing small businesses. We strive to help grow and start businesses. We help clients write comprehensive business plans, conduct financial forecasts, strategize marketing tactics, apply for funding, and improve operations. Let us help maximize your business potential. Go to the website and click on the SLV region on the map. Then click "Request an Appointment". No obligation. It is easy. Available to everyone doing business in the San Luis Valley. Resources available statewide.----------El Centro de Desarrollo de PequeÃ±as Empresas del Valle de San Luis ofrece consultorÃ-a y capacitaciÃ³n empresarial que maximiza el potencial econÃ³mico de los empresarios del sur de Colorado. Nuestra misiÃ³n es ayudar a las empresas nuevas y existentes a crecer y prosperar. Nuestro objetivo en el Centro de Desarrollo de PequeÃ±as Empresas es ayudar a los empresarios emergentes y existentes a obtener el control de sus operaciones comerciales. Brindamos orientaciÃ³n y asesoramiento gratuitos en todos los aspectos de la financiaciÃ³n y el desarrollo de pequeÃ±as empresas. Nos esforzamos por ayudar a crecer y iniciar negocios. Ayudamos a los clientes a redactar planes de negocios integrales, realizar pronÃ³sticos financieros, diseÃ±ar estrategias para tÃ¡cticas de marketing, solicitar financiamiento y mejorar las operaciones. PermÃ-tanos ayudarlo a maximizar el potencial de su negocio. Vaya al sitio web y haga clic en la regiÃ³n SLV en el mapa. Luego haga clic en "Solicitar una cita". Sin obligaciÃ³n. Es fÃ¡cil. Disponible para todos los que hacen negocios en el Valle de San Luis. Recursos disponibles en todo el estado.

https://slv-sbdc.com/
Referral Required: No
Physical Address: 208 Edgemont Blvd. Suite 3120, Alamosa
Contact: Sonia
(719) 587-7460
Email: sperez@adams.edu

SMP- Senior Medicare Patrol
SMP's primary focus is to teach older Americans on how to recognize and report Medicare fraud, errors and abuse. Medicare loses billions of dollars each year. That's our Medicare! SMP assists with resolving billing issues, assistance with appeals, educate how to safeguard their personal information. When the need arises for issues to be reported, SMP reports to the state, who in turn reports to the OIG, so complaints and issues do not fall on deaf ears.---------- El objetivo principal de SMP es enseÃ±ar a los estadounidenses mayores cÃ³mo reconocer y denunciar fraudes, errores y abusos de Medicare. Medicare pierde miles de millones de dÃ³lares cada aÃ±o. Â¡Ese es nuestro Medicare! SMP ayuda a resolver problemas de facturaciÃ³n, ayuda con apelaciones y les enseÃ±a cÃ³mo proteger su informaciÃ³n personal. Cuando surge la necesidad de reportar problemas, el SMP informa al estado, quien a su vez informa a la OIG, para que las quejas y los problemas no caigan en oÃ-dos sordos.

https://smpresource.org/
Referral Required: No
Physical Address: 1116 3rd St , Alamosa
Contact: Michelle

(719) 589-4511 Ext: 1002
Email: michellep@slvaaa.org

South Conejos School District
South Conejos School District Will provide students a strong educational foundation to become lifelong learners and responsible citizens. Students and staff will feel welcome, safe, and supported. ----------Distrito Escolar de South Conejos ProporcionarÃ¡ a los estudiantes una base educativa sÃ³lida para convertirse en aprendices de por vida y ciudadanos responsables. Los estudiantes y el personal se sentirÃ¡n bienvenidos, seguros y apoyados.

https://www.southconejos.com/
Referral Required: No
Physical Address: 13099 County Rd. G, Antonito
Contact: Receptionist
(719) 376-7001
Email: noemail@nothing.com

South-Central Colorado Seniors, Inc. and Area Agency on Aging
South Central Colorado Seniors, Inc. is the Area Agency on Aging for Region 8. As an Area Agency on Aging, we respond to the needs of older adults and their family caregivers in the communities we serve. We coordinate low-cost comprehensive quality care by helping older (60+) and their families navigate the complex system of services. We serve people in Alamosa, Conejos, Costilla, Mineral, Rio Grande and Saguache Counties. Services include nutrition, caregiver support, material aid (eye glasses, walkers, etc..) SHIP, homemaker services, care management, information, assistance and referrals and a Long Term Care ombudsman (advocate for residents in long-term care facilities, assisted living centers and swing beds). For more information check out our website or call 719-589-4511.---------- South Central Colorado Seniors, Inc. es la Agencia del Ã•rea para el Envejecimiento de la RegiÃ³n 8. Como Agencia del Ã•rea para el Envejecimiento, respondemos a las necesidades de los adultos mayores y sus cuidadores familiares en las comunidades a las que servimos. Coordinamos atenciÃ³n integral de calidad y bajo costo ayudando a personas mayores (mayores de 60 aÃ±os) y sus familias a navegar por el complejo sistema de servicios. Atendemos a personas en los condados de Alamosa, Conejos, Costilla, Mineral, Rio Grande y Saguache. Los servicios incluyen nutriciÃ³n, apoyo al cuidador, ayuda material (gafas, andadores, etc.), SHIP, servicios de ama de casa, gestiÃ³n de la atenciÃ³n, informaciÃ³n, asistencia y referencias y un defensor del pueblo de atenciÃ³n a largo plazo (defensor de los residentes en centros de atenciÃ³n a largo plazo, asistencia centros de estar y camas abatibles). Para obtener mÃ¡s informaciÃ³n, visite nuestro sitio web o llame al 719-589-4511.

https://slvaaa.org
Referral Required: No
Service Limits: Monday through Friday: 8:00 am - 5:00 pm,---------- Lunes a vernes 8:00 am a 5:00pm
Physical Address: 1116 3rd Street, Alamosa
Contact: Ashlee
(719) 589-4511

Sweet Tooth Dental and Braces
For children and adults. At Sweet Tooth we offer a full range of dental services from comprehensive exams to preventative/sealants/fluoride, fillings and crowns. We offer a variety of payment options to meet your needs. We accept debit cards, most credit cards and Care Credit. We accept most insurance including Delta Dental, MetLife, Aetna, United Concordia, Humana, Medicaid and CHP Plus. We provide high quality and very affordable traditional metal braces and appliances for both adults and children. Our prices are straightforward for Braces: always $125 per month and interest-free. If your dental insurance includes orthodontics/braces, your out-of-pocket

costs will be significantly reduced. Medicaid covers 100% cost of braces for kids if they are determined to be â€œMedically Necessaryâ€•.---------- OdontologÃ-a infantil En odontologÃ-a y brackets golosos ofrecemos una gama completa de servicios odontolÃ³gicos. desde exÃ¡menes completos hasta procedimientos preventivos (selladores/fluoruro) y restaurativos desde exÃ¡menes completos hasta procedimientos preventivos (selladores/fluoruro) (empastes/coronas). Aceptamos la mayorÃ-a de los seguros, incluidos Delta Dental, Metlife, Aetna, United Concordia, Humana, Medicaid y CHP Plus. Costo de los brackets: Nuestros precios son sencillos. Siempre 125 por mes. Sin intereses. Si su seguro dental incluye un tratamiento de ortodoncia, sus costos de bolsillo se reducirÃ¡n significativamente. Para los niÃ±os inscritos en Medicaid: Medicaid cubre el 100% del costo de los aparatos ortopÃ©dicos si se determina que son "mÃ©dicamente necesarios". Ofrecemos una variedad de opciones de pago para satisfacer sus necesidades. Para comodidad de nuestros pacientes, aceptamos tarjetas de dÃ©bito, la mayorÃ-a de las tarjetas de crÃ©dito y Care Credit.

http://dentalalamosa@sweettoothalamosa.com
Referral Required: No
Physical Address: 216 Victoria St. Suite A, Alamosa
Contact: Receptionist
(719) 937-2227
Email: dentalalamosa@sweettoothalamosa.com

Testing New Service Record
Testing -- Description ESPANOL: Pruebas - DescripciÃ³n

Referral Required: No
Service Limits: None
Physical Address: 1234 Main St., Crestone
Contact: Todd
(123) 123-1231
Email: toddtest@gmail.com

Therapy and Counseling
Many individual therapists in the Valley are listed here: https://www.psychologytoday.com/us/therapists. There is also a Valley-Wide Health Veteran Outreach Program - Contact Craig at rauwolfc@valley-widehealth.org and 719-937-3925. Leave a message if he does not answer. You can look on FaceBook or call or go to the SLV Behavioral Health group at 719-589-3671 8745 County Rd 9 South in Alamosa - they have a 24/7 Crisis response team. Or you can ask around if anyone has a counselor they like -- check with your friends, colleagues and where you worship. VETERAN Peer support is also available at www.objectivezero.org and here: https://www.rallypoint.com. MakeTheConnection.net connects Veterans, their family members and friends, and other supporters with mental health information, local resources, and Veterans own inspiring stories of recovery. Visitors can learn about the signs of mental health conditions or substance use problems and find sources of support. The site is free and accessible to everyone.---------- Muchos terapeutas individuales del Valle se enumeran aquÃ-: https://www.psychologytoday.com/us/therapys. TambiÃ©n puede consultar la guÃ-a telefÃ³nica, llamar o ir al grupo de SLV Behavioral Health al 719-589-3671 8745 County Rd 9 South en Alamosa. Pregunte si alguien tiene un consejero que le guste; consulte con sus amigos, colegas y con su lugar de culto. VETERANO El apoyo de pares estÃ¡ disponible en www.objectivezero.org y aquÃ-: https://www.rallypoint.com. Encuentre una aplicaciÃ³n mÃ³vil: recursos locales y las inspiradoras historias de recuperaciÃ³n de los veteranos. Los visitantes pueden aprender sobre los signos de condiciones de salud mental o problemas de uso de sustancias y encontrar fuentes de apoyo. MakeTheConnection.net conecta a los veteranos, sus familiares y amigos, y otros partidarios con informaciÃ³n sobre salud mental, recursos locales y las

inspiradoras historias de recuperaciÃ³n de los veteranos. Los visitantes pueden aprender sobre los signos de condiciones de salud mental o problemas de uso de sustancias y encontrar fuentes de apoyo. El sitio es gratuito y accesible para todos.

https://www.psychologytoday.com/us/therapists
Referral Required: No

Universal Preschool : UPK
Universal preschool, beginning in the 2023 - 2024, school year, families in Colorado can receive at least 15 hours per week of free voluntary preschool for four-year olds through the Universal Preschool Program (UPK) Colorado Program. 3-year olds with qualifying factors are eligible for 10 free hours per week. UPK Colorado is administered by the newly created Colorado Department of Early Childhood (CDEC). The Early Childhood Council helps find a spot for your child in a preschool and can help you through the application process.----------Preescolar universal, a partir del aÃ±o escolar 2023 - 2024, las familias de Colorado pueden recibir al menos 15 horas semanales de preescolar voluntario gratuito para niÃ±os de cuatro aÃ±os a travÃ©s del Programa de Preescolar Universal (UPK) de Colorado. Los niÃ±os de 3 aÃ±os con factores de calificaciÃ³n son elegibles para recibir 10 horas gratis por semana. UPK Colorado es administrado por el reciÃ©n creado Departamento de Primera Infancia de Colorado (CDEC). El Consejo de la Primera Infancia ayuda a encontrar un lugar para su hijo en un preescolar y puede ayudarlo durante el proceso de solicitud.

https://www.eccslv.org
Referral Required: No
Service Limits: For 3 and 4 year olds.----------Para niÃ±os de 3 y 4 aÃ±os.
Physical Address: 401 Santa Fe Ave., Alamosa
Contact: Bryan
(719) 937-4010
Email: LCODirector@eccslv.org

Valley Veterans ReCreation
Valley Veterans ReCreation (VVR) is dedicated to enhancing the well-being of veterans, first responders, and their families through outdoor recreation and community engagement. Our programs provide opportunities for participants to connect with nature, build camaraderie, and find support in a welcoming and inclusive environment. From outdoor adventures like hiking, fishing, and off-roading to social gatherings and peer support groups, VVR offers a range of activities designed to promote physical and mental well-being. Our organization is committed to serving those who have served by providing resources, fostering connections, and creating meaningful experiences for veterans and their families. Join us in exploring the great outdoors, forging new friendships, and rediscovering the joy of recreation with Valley Veterans ReCreation.----------Valley Veterans ReCreation (VVR) se dedica a mejorar el bienestar de los veteranos, los socorristas y sus familias a travÃ©s de la recreaciÃ³n al aire libre y la participaciÃ³n comunitaria. Nuestros programas brindan oportunidades para que los participantes se conecten con la naturaleza, generen camaraderÃ-a y encuentren apoyo en un ambiente acogedor e inclusivo. Desde aventuras al aire libre como caminatas, pesca y recorridos todoterreno hasta reuniones sociales y grupos de apoyo entre pares, VVR ofrece una variedad de actividades diseÃ±adas para promover el bienestar fÃ-sico y mental. Nuestra organizaciÃ³n estÃ¡ comprometida a servir a quienes han servido brindÃ¡ndoles recursos, fomentando conexiones y creando experiencias significativas para los veteranos y sus familias. Ãšnase a nosotros para explorar el aire libre, forjar nuevas amistades y redescubrir la alegrÃ-a de la recreaciÃ³n con Valley Veterans ReCreation.

http://www.valleyvetrec.org

Referral Required: No
Physical Address: 135 Tinkham Ave, Alamosa
Contact: Craig
(719) 406-3135
Email: infovalleyvetrec@gmail.com

Valley-Wide Counseling and Support Center in Alamosa, Valley-Wide Health Systems, Inc.
At Valley-Wide Health Systems, we are dedicated to providing patients of all ages with quality, comprehensive primary and preventive health care. We have nine medical clinics in the San Luis Valley. We provide Behavioral Health integrated services within our system of care. Our Valley-Wide Counseling and Support Center focuses on wellness, recovery, and resilience by providing traditional, longer-term counseling needs that may include anxiety, depression, trauma, substance use, parenting, youth/adolescent issues, relationship issues, and grief. We also offer EMDR and Acudetox. Our Peer 128 program has Peer Specialists who have faced similar challenges and learned skills to help others through recovery. Our Peer Specialists help individuals reduce stress and isolation, improve skills, promote positive self-esteem, build networks, and connect them with community resources. Peer 128 offers a safe and relaxing environment, inspiration and encouragement to help our clients succeed, and a nonjudgmental ear and shoulder to lean on. We also help connect our clients with local resources that aid in housing, employment, and building relationships with professionals and individuals. With Peer 128, our clients will create a Wellness and Recovery Action Plan (WRAP) to set recovery goals and the steps needed to achieve those goals.---------- En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Nuestro Centro de Apoyo y ConsejerÃ-a en todo el Valle se enfoca en el bienestar, la recuperaciÃ³n y la resiliencia brindando necesidades de consejerÃ-a tradicionales a largo plazo que pueden incluir ansiedad, depresiÃ³n, trauma, uso de sustancias, paternidad, problemas de jÃ³venes/adolescentes, problemas de relaciones y duelo. TambiÃ©n ofrecemos EMDR y Acudetox. Nuestro programa Peer 128 cuenta con pares especialistas que han enfrentado desafÃ-os similares y han aprendido habilidades para ayudar a otros durante la recuperaciÃ³n. Nuestros pares especialistas ayudan a las personas a reducir el estrÃ©s y el aislamiento, mejorar sus habilidades, promover una autoestima positiva, construir redes y conectarlos con recursos comunitarios. Peer 128 ofrece un entorno seguro y relajante, inspiraciÃ³n y aliento para ayudar a nuestros clientes a tener Ã©xito, y un oÃ-do y un hombro sin prejuicios en los que apoyarse. TambiÃ©n ayudamos a conectar a nuestros clientes con recursos locales que ayudan en la vivienda, el empleo y la construcciÃ³n de relaciones con profesionales y individuos. Con Peer 128, nuestros clientes crearÃ¡n un Plan de acciÃ³n de bienestar y recuperaciÃ³n (WRAP) para establecer objetivos de recuperaciÃ³n y los pasos necesarios para lograrlos.

https://valley-widehealth.org
Referral Required: No
Physical Address: 128 Market St, Alamosa
Contact: Receptionist/Recepcionista
(719) 587-5955

Valley-Wide Health Veteran Outreach Program
The SSG FOX Suicide Prevention Grant provides a unique opportunity to actively seek and connect veterans with essential resources, aiding them in overcoming stressors and preventing the path to suicide. We also offer a substance abuse program and a PTSD peer support program for veterans and their families. We can refer to other organizations to help via in person or through telehealth. Ask for a copy of my veteran resource book for the Valley. (Or view online: Search on Facebook for Veteran Outreach Coordinator - SLV). Rides for veterans can also be provided by Valley-Wide Rides. This program is funded by the SSG Fox Suicide Prevention Grant given

by the Veterans Affairs Administration and issued to Valley-Wide Health Systems.----------La Beca para la PrevenciÃ³n del Suicidio de SSG FOX me brinda una oportunidad Ãºnica de buscar y conectar activamente a los veteranos con recursos esenciales, ayudÃ¡ndolos a superar los factores estresantes y previniendo el camino hacia el suicidio. TambiÃ©n ofrecemos un programa de abuso de sustancias y un programa de apoyo de pares para el trastorno de estrÃ©s postraumÃ¡tico para veteranos y sus familias. Podemos referirnos a otras organizaciones para que nos ayuden en persona o mediante telesalud. Solicite una copia de mi libro de recursos para veteranos del Valle. (O ver en lÃ-nea: Busque en Facebook Coordinador de extensiÃ³n para veteranos - SLV). Valley-Wide Rides tambiÃ©n puede ofrecer viajes para veteranos. Este programa estÃ¡ financiado por la SubvenciÃ³n para la PrevenciÃ³n del Suicidio SSG Fox otorgada por la AdministraciÃ³n de Asuntos de Veteranos y otorgada a Valley-Wide Health Systems.

www.facebook.com/VeteranOutreachSLV
Referral Required: No
Service Limits: Leave a message if I don't answer. Not in the office all the time. ----------Deja un mensaje si no contesto. No en la oficina todo el tiempo.
Physical Address: 128 Market St, Alamosa
Contact: Craig
(719) 937-3925
Email: rauwolfc@valley-widehealth.org

Valley-Wide Outreach Mobile Units, Valley Wide Health Systems, Inc.
Valley-Wide Health Systemâ€™s, mobile units consist of an exam room where services can be provided. The mobile units create a mobile single point of entry to address service needs outside of the traditional clinic setting. The mobile units provide preventative health services with activities focused on screening for conditions such as hypertension, diabetes, and oral health. Services include basic vital signs checks, point of care testing, health education, and lifestyle modification with specific attention to self-management strategies, limiting environmental risk exposure, and harmful health habits. The mobile units have also been identified as resources in Valley-Wideâ€™s coverage area in the event that additional medical care facilities are needed in the community or to ensure continuity of care for our patients in the event that any of our clinics cannot be opened. --------Las unidades mÃ³viles de Valley-Wide Health System constan de una sala de examen donde se pueden brindar los servicios. Las unidades mÃ³viles crean un Ãºnico punto de entrada mÃ³vil para abordar las necesidades de servicio fuera del entorno clÃ-nico tradicional. Las unidades mÃ³viles brindan servicios de salud preventivos con actividades enfocadas en la detecciÃ³n de afecciones como hipertensiÃ³n, diabetes y salud bucal. Los servicios incluyen controles bÃ¡sicos de los signos vitales, pruebas en el lugar de atenciÃ³n, educaciÃ³n sobre la salud y modificaciÃ³n del estilo de vida con atenciÃ³n especÃ-fica a las estrategias de autocuidado, la limitaciÃ³n de la exposiciÃ³n a riesgos ambientales y los hÃ¡bitos nocivos para la salud. Las unidades mÃ³viles tambiÃ©n han sido identificadas como recursos en el Ã¡rea de cobertura de Valley-Wide en caso de que se necesiten instalaciones de atenciÃ³n mÃ©dica adicionales en la comunidad o para garantizar la continuidad de la atenciÃ³n a nuestros pacientes en caso de que alguna de nuestras clÃ-nicas no pueda abrirse.

https://valley-widehealth.org/valleywide-locations/valley-wide-heart-and-eagle-mobile-clinic/
Referral Required: No
Service Limits: Valley-Wide's Service Areas
Physical Address: 128 Market Street, Alamosa
Contact: Receptionist/Recepcionista
(719) 587-1007
Email: info@valley-widehealth.org

Valley-Wide Pharmacy in Alamosa, Valley Wide Health Systems, Inc.
The Valley-Wide Health Systemsâ€™ Pharmacy is located inside the Alamosa Family Medical Center and provides prescription services to all Valley-Wide patients. The pharmacy requests that you call your refill into the pharmacy at least 3 business days before picking up the prescription to ensure the prescription is ready when you need it. If you currently use Valley-Wide Pharmacy, you can refill your prescriptions online using your prescription number. Pharmacy Services Offered: Discounted prescription prices, Patient Medication Information and Counseling Services. Delivery Service to any Valley-Wide clinic within the San Luis Valley available daily, Monday â€“ Friday (requests must be made before 9:00 a.m. for same-day service) Delivery Service outside San Luis Valley is available twice a week. Curbside pick-up is available at Valley-Wide Pharmacy in Alamosa. Ask about home delivery options. Mobile App- Rxlocal (available through Google Play and the App Store. Anti-coagulation Management. Diabetic Education. Medication Take-Back Program. ---------La farmacia Valley - Wide Health Systems estÃ¡ ubicada dentro del Alamosa Family Medical Center y brinda servicio de recetas a todos los pacientes de Valley - Wide, Estamos comprometidos con la atenciÃ³n y la educaciÃ³n del paciente. Servicios de farmacia ofrecidos: precios de medicamentos recetados con descuento, informaciÃ³n sobre medicamentos para el paciente y servicios de asesoramiento. Servicio de entrega a cualquier Valle: amplia clÃ-nica dentro del Valle de San Luis disponible todos los dÃ-as, de lunes a viernes (las solicitudes deben realizarse antes de las 9:00 a. m. para el servicio el mismo dÃ-a) Servicio de entrega fuera del Valle de San Luis disponible dos veces por semana. Recogida en la acera disponible en Valley-Wide Pharmacy en Alamosa Pregunta por las opciones de entrega a domicilio AplicaciÃ³n mÃ³vil: Rxlocal (disponible a travÃ©s de Google Play y App Store) Manejo de anticoagulaciÃ³n EducaciÃ³n diabÃ©tica. Programa de devoluciÃ³n de medicamentos.

http://valley-widehealth.org/our-services/pharmacy-services/
Referral Required: No
Service Limits: The clinic is open Monday-Friday 8:00 am - 5:00 pm. We are closed from 12:30 pm - 1:30 pm for lunch.
Physical Address: 1710 First St., Alamosa
Contact: Receptionist/Recepcionista
(719) 589-3633
Email: info@valley-widehealth.org

Valley-Wide Ride, Valley-Wide Health Systems, Inc.
Friendly, familiar, and free, the Valley-Wide Ride offers transportation for anyone in the San Luis Valley and Lower Arkansas Valley area. We pick you up and take you where you need to go - your doctor's appointment, your dental checkup, or even your weekly grocery trip. *Transportation services are currently limited to pick-ups and drop-offs within the San Luis Valley and the Lower Arkansas Valley, but we hope to soon expand to all of Valley-Wide service areas. We do not provide regional transportation to Denver, Pueblo, or Colorado Springs. A one to two-week advance reservation is recommended. Rides can be booked out as far as 30 calendar days. Our driver will come to the pickup location you've provided and take you to your destination. Your reservation will also include a pick-up from your destination and drop-off to your original location. Patient visits to healthcare appointments take precedence over all other ride types. Yes! It is really free. Valley-Wide Health Systems provides the service for the benefit of patients and community members who may not have a car or other access to a ride. Call and reserve a ride Monday - Friday, 7 am - 5 pm. Ride pickups and drop-offs Monday - Friday, 7 am - 6 pm. (Last drop-off by 7 pm, No pickups after 6 pm.) (Si hablamos espanol.) ---------Amigable, familiar y gratuito, Valley-Wide Ride ofrece transporte para cualquier persona en el Ã¡rea del Valle de San Luis y el Valle Inferior de Arkasas. Lo recogemos y lo llevamos a donde necesita ir: su cita con el mÃ©dico, su chequeo dental o incluso su viaje semanal al supermercado. *Los servicios de transporte actualmente se limitan a recogidas y devoluciones dentro del Valle de San Luis y el Valle del Bajo Arkansas, pero esperamos expandirnos pronto a

todo el Valley Wide Ã¡reas de servicio. No proporcionamos transporte regional a Denver, Pueblo o Colorado Springs. Se recomienda reservar con una o dos semanas de antelaciÃ³n. Los viajes se pueden reservar hasta por 30 dÃ-as naturales. Nuestro conductor irÃ¡ al lugar de recogida que usted haya proporcionado, lo recogerÃ¡ y lo llevarÃ¡ a su destino. Su reserva tambiÃ©n incluirÃ¡ la recogida en su destino y el regreso a su ubicaciÃ³n original. Las visitas de los pacientes a citas de atenciÃ³n mÃ©dica tienen prioridad sobre todos los demÃ¡s tipos de viajes. SÃ-! Es realmente gratis. Valley-Wide Health Systems brinda el servicio en beneficio de los pacientes y miembros de la comunidad que tal vez no tengan un automÃ³vil u otro acceso a un transporte. Llamar y reservar un viaje de lunes a viernes, de 7 am a 5 pm. Recogidas y regresos de viajes de lunes a viernes, de 7 am a 6 pm. (Ãšltima entrega antes de las 7 pm, no se pueden recoger despuÃ©s de las 6 pm.)

http://valley-widehealth.org/transportation/
Referral Required: No
Service Limits: Reservation needed: call 1 - 2 weeks in advance. Se recomienda reservar con una o dos semanas de antelaciÃ³n.
Physical Address: 128 Market St., Alamosa
Contact: Dispatch
(833) 350-1113 Ext: 1025
Email: info@valley-widehealth.org

VEGI Valley Educational Gardens Initiative - La Puente
VEGI works to fight hunger by sowing the seeds of education, nutrition, and community through connection with gardening. Students and community members work together to learn more about gardening and provide fresh produce for local hunger relief efforts. Gardens throughout the SLV provide relief for overcoming food insecurity and its complications while encouraging healthy choices by connecting people with the beauty of gardening, from seed to harvest. VEGI is a La Puente program. Make a Donation VEGI can always use your support. Donations of time, garden materials, and financial contributions are all greatly appreciated! TEACH A A LESSON! If you are passionate about gardening and would like to share your knowledge, please contact us about ways to get involved in our educational programming. VOLUNTEER! One of the easiest ways to get involved with the VEGI program is to adopt a bed! By adopting a bed you take responsibility for 1 of 20 beds in the Boyd Garden in Alamosa and help keep our garden productive and beautiful! We can also always use helping hands for planting, weeding, watering, and maintenance. If you are interested in volunteering with VEGI, please call La Puente?s Volunteer Coordination office at 719-587-3499. In partnership with local school and kid?s clubs, VEGI offers dynamic summer programming, giving youth the chance to dig their hands in the soil, harvest what they have planted, and learn through community the process of growing and preparing healthful foods. VEGI recognizes each of its supporters and is appreciative of the combined effort it takes to address the ?root? causes of local food insecurity. Every dollar donated helps plant a seed that can then flourish into an educational opportunity, a gardening resource, or a fresh vegetable for someone in need. There are many ways to support VEGI? from lending a hand in the community garden to planting a seed with a child to offering financial donations, however, big or small- as it takes a community to raise a garden. VEGI is grateful for those who continue to make this work thrive and would like to acknowledge the spirit of giving that makes it all possible.---------- VEGI trabaja para combatir el hambre sembrando las semillas de la educaciÃ³n, la nutriciÃ³n y la comunidad a travÃ©s de la conexiÃ³n con la jardinerÃ-a. Los estudiantes y miembros de la comunidad trabajan juntos para aprender mÃ¡s sobre jardinerÃ-a y proporcionar productos frescos para los esfuerzos locales de alivio del hambre. Los jardines en todo el SLV brindan alivio para superar la inseguridad alimentaria y sus complicaciones, al tiempo que fomentan opciones saludables al conectar a las personas con la belleza de la jardinerÃ-a, desde la semilla hasta la cosecha. VEGI es un programa de La Puente. Haz una donaciÃ³n VEGI siempre puede necesitar su apoyo. Â¡Se agradecen mucho las donaciones de tiempo, materiales de jardinerÃ-a y contribuciones financieras!

http://lapuentehome.org/vegi/
Referral Required: No
Physical Address: 513 6th Street, Alamosa
Contact: Analyse
(719) 589-4567
Email: director.vegi@lapuente.net

Veteran's Mental Health Resources
Valley-Wide Counseling and Support Center focuses on wellness, recovery, and resilience by providing traditional, longer-term counseling for needs that may include anxiety, depression, trauma, substance use, parenting, youth/adolescent issues, relationship issues, and grief. We also offer EMDR and Acudetox. Our Peer 128 program has Peer Specialists who have faced similar challenges and learned skills to help others through recovery. Our Peer Specialists help individuals reduce stress and isolation, improve skills, promote positive self-esteem, build networks, and connect them with community resources. Peer 128 offers a safe and relaxing environment, inspiration and encouragement to help our clients succeed, and a nonjudgmental ear and shoulder to lean on. We also help connect our clients with local resources that aid in housing, employment, and building relationships with professionals and individuals. With Peer 128, our clients will create a Wellness and Recovery Action Plan (WRAP) to set recovery goals and the steps needed to achieve those goals. A website to help you: National Veterans Foundation: https://nvf.org/veteran-service-officers or call 888-777-4443. Also, MakeTheConnection.net connects Veterans, their family members and friends, and other supporters with mental health information, local resources, and Veterans own inspiring stories of recovery. Visitors can learn about the signs of mental health conditions or substance use problems and find sources of support.
Mental Health Information: https://maketheconnection.net/resources/treatment-recovery. Veterans own inspiring stories of recovery: https://maketheconnection.net/stories/98. Problems with alcohol or drugs: https://maketheconnection.net/symptoms/alcohol-drug-problems. Suicide risk: https://maketheconnection.net/conditions/suicide. Group therapy and peer support: https://maketheconnection.net/stories/715. ---------- En Valley-Wide Health Systems, nos dedicamos a brindar a pacientes de todas las edades atenciÃ³n mÃ©dica primaria y preventiva integral y de calidad. Contamos con nueve clÃ-nicas mÃ©dicas en el Valle de San Luis. Brindamos servicios integrados de salud conductual dentro de nuestro sistema de atenciÃ³n. Nuestro Centro de Apoyo y ConsejerÃ-a en todo el Valle se enfoca en el bienestar, la recuperaciÃ³n y la resiliencia brindando necesidades de consejerÃ-a tradicionales a largo plazo que pueden incluir ansiedad, depresiÃ³n, trauma, uso de sustancias, paternidad, problemas de jÃ³venes/adolescentes, problemas de relaciones y duelo. TambiÃ©n ofrecemos EMDR y Acudetox. Nuestro programa Peer 128 cuenta con pares especialistas que han enfrentado desafÃ-os similares y han aprendido habilidades para ayudar a otros durante la recuperaciÃ³n. Nuestros pares especialistas ayudan a las personas a reducir el estrÃ©s y el aislamiento, mejorar sus habilidades, promover una autoestima positiva, construir redes y conectarlos con recursos comunitarios. Peer 128 ofrece un entorno seguro y relajante, inspiraciÃ³n y aliento para ayudar a nuestros clientes a tener Ã©xito, y un oÃ-do y un hombro sin prejuicios en los que apoyarse. TambiÃ©n ayudamos a conectar a nuestros clientes con recursos locales que ayudan en la vivienda, el empleo y la construcciÃ³n de relaciones con profesionales y individuos. Con Peer 128, nuestros clientes crearÃ¡n un Plan de acciÃ³n de bienestar y recuperaciÃ³n (WRAP) para establecer objetivos de recuperaciÃ³n y los pasos necesarios para lograrlos. Un sitio web para ayudarlo FundaciÃ³n Nacional de Veteranos https nvf org oficiales de servicio de veteranos o llame al 888 777 4443. Tambien, MakeTheConnection.net conecta a los veteranos, sus familiares y amigos, y otros partidarios con informaciÃ³n sobre salud mental, recursos locales y las inspiradoras historias de recuperaciÃ³n de los veteranos. Los visitantes pueden aprender sobre los signos de condiciones de salud mental o problemas de uso de sustancias y encontrar fuentes de apoyo.) InformaciÃ³n de salud mental: https://maketheconnection.net/resources/treatment-recovery. Los veteranos poseen historias inspiradoras de recuperaciÃ³n: https://maketheconnection.net/stories/98. Problemas con el alcohol o las drogas:

https://maketheconnection.net/symptoms/alcohol-drug-problems. Riesgo de suicidio: https://maketheconnection.net/conditions/suicide. Terapia de grupo y apoyo de pares: https://maketheconnection.net/stories/715.

https://maketheconnection.net
Referral Required: No
Service Limits: FREE for everyone.---------- GRATIS para todos.

Veterans Coalition of the San Luis Valley
Veterans Coalition of the San Luis Valley (VCSLV) is a community collaborative of veterans and their families and friends, Veteran Services Agencies and Providers, Local Businesses, and Non-profit Organizations. For more information visit our website.---------- CoaliciÃ³n de Veteranos del Valle de San Luis (VCSLV) es una colaboraciÃ³n comunitaria de veteranos y sus familiares y amigos, agencias y proveedores de servicios para veteranos, empresas locales y organizaciones sin fines de lucro. Para obtener mÃ¡s informaciÃ³n, visite nuestro sitio web.

https://www.facebook.com/veteranscoalitionslv/
Referral Required: No
Physical Address: 223 6th Street, Alamosa
Contact: Mary
(844) 409-1910
Email: info.vcslv@gojade.org

Veterans Crisis Line: Objective Zero App
Get the app on your phone: Objective Zero (under Health and Fitness). Anonymously connect to a support network of veterans, specialists and concerned citizens. Or call the National Suicide Prevention LifeLine: 1-800-273-8255 Or TEXT 741741. Please reach out if you need help. We love and appreciate you.---------- Obtenga la aplicaciÃ³n en su telÃ©fono: Objective Zero (en Salud y estado fÃ-sico). ConÃ©ctese de forma anÃ³nima a una red de apoyo de veteranos, especialistas y ciudadanos preocupados. O llame a la LÃ-nea Nacional de PrevenciÃ³n del Suicidio: 1-800-273-8255 o envÃ-e un mensaje de texto al 741741. ComunÃ-quese con nosotros si necesita ayuda. Te amamos y apreciamos.

http://objectivezero.org/mission
Referral Required: No
(866) 633-4259

Veterans Service Officers - Veterans Service Offices - VSO
Veteran Service Officers help you navigate the Veterans Administration to get you the benefits you need and earned. Services are FREE. They will help you write and submit your benefits claims to the VA. They will help you gather information that supports your claim. Once the claim is filed they will help you track the claim through the system. They can also help you file appeals for denied claims. They specialize in assisting veterans and their family members, with claims, applications, and appeals to the VA. Each COUNTY in Colorado has a Veterans Service Office that offers FREE assistance to veterans. If you are considering requesting services or submitting an application to the VA, we strongly recommend that you contact your County Veterans Service Office. Veterans Service Officers work for Veterans Service Organizations (both are called VSOs), as well as for local government offices. ALAMOSA and SAGUACHE Counties: Bill Brown VSO@alamosacounty.org 8999 Independence Way Alamosa, CO 81101 Phone 719-589-1109 Fax 719-589-1132 Hours 10:00am - 4:00pm Monday, Tuesday, Wednesday 12:00pm - 4:00pm Thursday, Friday; CONEJOS COUNTY: Robert Lockwood - rlockwood@co.conejos.co.us Social Services/County Veterans Affairs Bldg. PO Box 157 12987 CR G6,

Veterans Bldg., Conejos, CO 81129-9989 719-376-6725 Tues, Wed, Thurs 8:30am-4:30pm; COSTILLA COUNTY: Dave Marquez - vso@costillacounty-co.gov County Veterans Service Office PO Box 97, 400 Gaspar Street San Luis, CO 81152 719-580-6126 Call or email for an appointment; MINERAL COUNTY: Timothy Thornton - VSO@mincocolo.com 1201 N Main Street, PO Box 70, Creede, CO 81130 719-480-3137 719-658-2764 (fax) Mon - Thurs 7:30am-12:30pm Appointments preferred; RIO GRANDE COUNTY: Jack Rudder - jrudder@riograndecounty.org Colorado State Veterans Center, Box 97, Homelake, CO 81135 719-852-5118, 719-852-3881 fax Tues, Wednesday and Thurs 7:30am-12:00pm; Also search for vet or veteran in MySLVConnect.com for many more resources.----------Los Oficiales de Servicio para Veteranos lo ayudan a navegar por la AdministraciÃ³n de Veteranos para obtener los beneficios que necesita y que obtuvo. Los servicios son GRATIS. Le ayudarÃ¡n a redactar y presentar sus reclamaciones de beneficios al VA. Le ayudarÃ¡n a recopilar informaciÃ³n que respalde su reclamo. Una vez presentado el reclamo, lo ayudarÃ¡n a rastrear el reclamo a travÃ©s del sistema. TambiÃ©n pueden ayudarlo a presentar apelaciones por reclamos denegados. Se especializan en ayudar a los veteranos y sus familiares con reclamos, solicitudes y apelaciones ante el VA. Cada CONDADO de Colorado tiene una Oficina de Servicio para Veteranos que ofrece asistencia GRATUITA a los veteranos. Si estÃ¡ considerando solicitar servicios o enviar una solicitud al VA, le recomendamos encarecidamente que se comunique con la Oficina de Servicios para Veteranos de su condado. Los Oficiales de Servicio para Veteranos trabajan para Organizaciones de Servicio para Veteranos (ambas se llaman VSO), asÃ- como para oficinas gubernamentales locales. CONDADO DE ALAMOSA: Bill Brown VSO@alamosacounty.org 8999 Independence Way Alamosa, CO 81101 TelÃ©fono 719-589-1109 Fax 719-589-1132 Horario 10:00 am - 4:00 pm lunes, martes y miÃ©rcoles 12:00 pm - 4:00 pm jueves , Viernes; CONDADO DE CONEJOS: Robert Lockwood - rlockwood@co.conejos.co.us Edificio de Servicios Sociales/Asuntos de Veteranos del Condado. PO Box 157 12987 CR G6, Veterans Bldg., Conejos, CO 81129-9989 719-376-6725 Martes, miÃ©rcoles y jueves de 8:30 a. m. a 4:30 p. m.; CONDADO DE COSTILLA: Dave MÃ¡rquez - vso@costillacounty-co.gov Oficina de Servicios para Veteranos del Condado PO Box 97, 400 Gaspar Street San Luis, CO 81152 719-580-6126 Llame o envÃ-e un correo electrÃ³nico para programar una cita; CONDADO DE MINERAL: Timothy Thornton - VSO@mincocolo.com 1201 N Main Street, PO Box 70, Creede, CO 81130 719-480-3137 719-658-2764 (fax) Lun - Jueves 7:30 am-12:30 pm Se prefieren citas; CONDADO DE RIO GRANDE: Jack Rudder - jrudder@riograndecounty.org Centro de Veteranos del Estado de Colorado, Box 97, Homelake, CO 81135 719-852-5118, 719-852-3881 fax Martes, miÃ©rcoles y jueves de 7:30 am a 12:00 pm; CONDADO DE SAGUACHE: Michael Bondurant - mbondurant@saguachecounty-co.gov Saguache CVSO, PO Box 325, 405 Denver Ave. Saguache, CO 81149 719-655-2680 telÃ©fono/fax miÃ©rcoles, jueves de 9 am a 4 pm, viernes de 9 am a 3 pm. Busque tambiÃ©n veterinario o veterano en MySLVConnect.com para obtener muchos mÃ¡s recursos.

https://vets.colorado.gov/
Referral Required: No
Service Limits: FREE for Veterans.---------- GRATIS para veteranos.
Physical Address: See description for the address in each county.,
(888) 777-4443

Veterans' Rides to Medical Appointments
Provides transportation for Veterans to and from medical appointments only. Will go to Denver and the Front Range. Please call a few days in advance. ----------Proporciona transporte para veteranos hacia y desde citas mÃ©dicas Ãºnicamente. IrÃ¡ a Denver y Front Range. Por favor llame con unos dÃ-as de antelaciÃ³n.

Referral Required: No
Service Limits: For Veterans only.
Contact: Mike

(719) 341-9214

Volunteer for Street Outreach - La Puente
La Puente`s Volunteer Coordination office hosts three types of volunteers: (1) Community Members, who can sign up at any time electronically or in person, and can choose to volunteer one time or long - term. (2) Court - Mandated Service Volunteers, whose paperwork from the court can be verified through our program. (3) Work groups (also called mission or service groups), consisting of 4-15 people, coming from churches, youth groups, schools, or a gathering of friends. Work groups can stay anywhere from a couple of days to an entire week. All volunteers are encouraged to learn more about La Puente in order to understand which program their skills fit best.---------- La oficina de CoordinaciÃ³n de Voluntarios de La Puente alberga tres tipos de voluntarios: (1) Miembros de la comunidad, que pueden inscribirse en cualquier momento electrÃ³nicamente o en persona, y pueden optar por ser voluntarios una vez o a largo plazo. (2) Tribunal: Voluntarios de servicio obligatorio, cuyos trÃ¡mites del tribunal se pueden verificar a travÃ©s de nuestro programa. (3) Grupos de trabajo (tambiÃ©n llamados grupos de misiÃ³n o de servicio), compuestos por 4 a 15 personas, provenientes de iglesias, grupos de jÃ³venes, escuelas o una reuniÃ³n de amigos. Los grupos de trabajo pueden permanecer desde un par de dÃ-as hasta una semana entera. Se anima a todos los voluntarios a aprender mÃ¡s sobre La Puente para comprender quÃ© programa se adapta mejor a sus habilidades.

https://lapuentehome.org/volunteer-coordination/
Referral Required: No
Physical Address: 909 State Ave. , Alamosa
Contact: Amber
(719) 587-3499
Email: volunteers@lapuente.net

Walgreens Pharmacy in Alamosa
The Pharmacy Department of Walgreens provides prescription medications and other health-related items. We're here to help you stay up to date on recommended vaccines. Our dedicated pharmacists will let you know which vaccines are right for you and your family. Prescription flavoring is available for children. Drive-thru service available. Pharmacy is closed 1:30 - 2pm for lunch.---------- El departamento farmacia de la cadena Walgreens que proporciona medicamentos recetados y otros artÃ-culos relacionados con la salud. Estamos aquÃ- para ayudarle a mantenerse actualizado sobre las vacunas recomendadas. Nuestros farmacÃ©uticos dedicados le informarÃ¡n quÃ© vacunas son adecuadas para usted y su familia. Hay saborizantes recetados disponibles para ninos. Servicio de autoservicio disponible. La farmacia cierra de 1:30 a 2:00pm para el almuerzo.

https://www.walgreens.com/locator/walgreens-1203+MAIN+ST-Alamosa-CO-81101/id=9912
Referral Required: No
Service Limits: Pharmacy hours: Mon - Fri 9am â€“ 8pm; Sat 9am â€“ 6pm; Sun 10am â€“ 6pm. Pharmacy closes 1:30 - 2 pm for lunch. Store hours: 7am - 10 pm every day.
Physical Address: 1203 Main St., Alamosa
Contact: Receptionist
(719) 589-3165
Email: noemail@nothing.com

Walmart Pharmacy at Alamosa Supercenter
Alamosa Walmart Supercenter's pharmacy offers simple and affordable options for managing your medications over the phone, online, and in person at 3333 Clark St, Alamosa. Open from 9am to 7pm on weekdays, open Saturday from 9am to 6pm. Closed Sundays. Closed for lunch every day from 1:30 - 2pm. Vaccinations, flu shots, pet medications.---------- Es por eso que la farmacia de Walmart Alamosa Supercenters ofrece opciones simples y

asequibles para administrar sus medicamentos por telÃ©fono, en lÃ-nea y en persona en 3333 Clark St, Alamosa, Co 81101. Con un cÃ³modo horario de atenciÃ³n desde las 9am. Para obtener mÃ¡s informaciÃ³n sobre la atenciÃ³n y los servicios de alta calidad que ofrece nuestra farmacia. Desde resurtir una receta para usted o una mascota hasta vacunarse contra la gripe, llÃ¡menos al (719) 589-9071. Estamos aquÃ- para simplificar el proceso de obtenciÃ³n de sus medicamentos esenciales y aprovechar una amplia gama de otros servicios de salud Ãºtiles, y estaremos encantados de ayudarle.

http://walmart.com/store/869-alamosa-co/pharmacy
Referral Required: No
Service Limits: NO
Physical Address: 3333 Clark St. , Alamosa
Contact: Receptionist
(719) 589-9021

WIC: Women's Infants and Children Program

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition and food assistance program that provides nutritious groceries, nutrition education, breastfeeding support, and other services free of charge. To qualify for WIC in Colorado, you must live in Colorado and be pregnant, a mother of a breastfeeding baby under 1 year of age, a new mother who had a baby or was pregnant in the past 6 months, or you have a baby or child younger than 5 years. Fathers, grandparents, or any caregiver of a child under 5 years of age may apply for WIC for their child. You may apply for WIC if you are working or unemployed. Check the income eligibility guidelines: https://www.coloradowic.gov/2023-2024-income-eligibility-guidelines. U.S. Citizenship is not required. For families in the San Luis Valley, call 719-589-5860 to schedule an appointment or for more information. Staff check messages throughout the day. Apply or refer someone to WIC at this website and a WIC staff member will contact you within 4-6 business days: www.ColoradoWICSignup.com. The Alamosa WIC Clinic is at 204 Carson Avenue. We are open Monday - Friday 8:00 - 5:00. Closed for lunch 12:30 p.m. - 1:30 p.m. and closed every other Friday. The Monte Vista WIC Clinic is located in the Edward M. Kennedy Health Clinic at 925 2nd Avenue in Monte Vista. The Center WIC Clinic is located in the Cesar E. Chavez Family Medical Center at 186 Hurt Street in Center. The Antonito WIC Clinic is located in the Guadalupe Health Center at 10th Street and Dahlia in Antonito. The San Luis WIC Clinic is located in the San Luis Health Center at 233 Main Street, Suite B in San Luis. Please call 719-589-5860 to schedule an appointment or for more information. Staff check messages throughout the day. ----------El Programa Especial de NutriciÃ³n Suplementaria para Mujeres, BebÃ©s y NiÃ±os (WIC) es un programa de asistencia nutricional y alimentaria que proporciona alimentos nutritivos, educaciÃ³n nutricional, apoyo a la lactancia materna y otros servicios de forma gratuita. Para calificar para WIC en Colorado, debe vivir en Colorado y estar embarazada, ser madre de un bebÃ© lactante menor de 1 aÃ±o de edad, nueva madre que tuvo un bebÃ© o estuvo embarazada en los Ãºltimos 6 meses, o tiene un bebÃ© o un niÃ±o menor. de 5 aÃ±os. Los padres, abuelos o cualquier cuidador de un niÃ±o menor de 5 aÃ±os pueden solicitar WIC para su hijo. Puede solicitar WIC si estÃ¡ trabajando o desempleado. Consulte las pautas de elegibilidad de ingresos: https://www.coloradowic.gov/2023-2024-income-eligibility-guidelines. No se requiere ciudadanÃ-a estadounidense. Para familias en el Valle de San Luis, llame al 719-589-5860 para programar una cita o para obtener mÃ¡s informaciÃ³n. El personal revisa los mensajes durante todo el dÃ-a. Solicite o refiera a alguien a WIC en este sitio web y un miembro del personal de WIC se comunicarÃ¡ con usted dentro de 4 a 6 dÃ-as hÃ¡biles: www.ColoradoWICSignup.com. La ClÃ-nica WIC de Alamosa estÃ¡ en 204 Carson Avenue. Estamos abiertos de lunes a viernes de 8:00 a 5:00. Cerrado para el almuerzo 12:30 p.m. - 1:30 de la tarde. y estamos cerrados cada dos viernes. La ClÃ-nica WIC de Monte Vista estÃ¡ ubicada en la ClÃ-nica de Salud Edward M. Kennedy en 925 2nd Avenue en Monte Vista. La clÃ-nica WIC del centro estÃ¡ ubicado en el Centro MÃ©dico Familiar Cesar E. ChÃ¡vez en 186 Hurt Street en Center. La ClÃ-nica Antonito WIC estÃ¡ ubicada en el Centro

de Salud Guadalupe en 10th Street y Dahlia en Antonito. La ClÃ-nica WIC de San Luis estÃ¡ ubicada en el Centro de Salud de San Luis en 233 Main Street, Suite B en San Luis. Llame al 719-589-5860 para programar una cita o para obtener mÃ¡s informaciÃ³n. El personal revisa los mensajes durante todo el dÃ-a.

https://valley-widehealth.org/special-programs/women-infants-and-children-wic-2/
Referral Required: No
Service Limits: Clinic hours vary. Alamosa clinic is open Monday - Friday 8:00am - 5:00pm. Closed for lunch 12:30pm - 1:30pm. Closed every other Friday.---------- Los horarios de la clÃ-nica varÃ-an. La clÃ-nica Alamosa estÃ¡ abierta de lunes a viernes de 8:00 a. m. a 5:00
Physical Address: 204 Carson Ave, Alamosa
Contact: Receptionist/Recepcionista
(719) 589-5860
Email: WIC@valley-widehealth.org

Youth Prevention Services
We provide prevention of youth substance use and behavioral health activities including youth engagement in community events, functions and internships that promote positive opportunities through collaboration with community partners.---------- Brindamos prevencion del uso de sustancias por parte de los jovenes y actividades de salud conductal, incluida la paticipacion de los jovenes en eventos comunitarios, funcciones o internships que promueven oportuindades positivas a traves de la colaboracion con socios de la comunidad.

https://rgpp.org/
Referral Required: No
Physical Address: 925 6th St #101, Del Norte
Contact: Chelsea
(719) 657-3352
Email: chelseamm@riograndecounty.org